# Well & good

Little things that make life more liveable.



# IN DEEP

When was the last time you woke up feeling refreshed? Same here, so we're all over Nod's 100% natural, proven-to-work Deep Sleep Support drops, which contain concentrated doses of plant sedatives and soothing herbs. Just drip a few under your tongue, then say goodnight like you mean it.

#### nodsleep.com





# THE REAL DEAL

With a background in illustration and floristry, a Bachelor of Fine Arts majoring in sculpture and natural talent as a potter, Kirsten Dryburgh is not short on skills. But she doesn't let that go to her head – her Brueghel range of hand-thrown domesticware (in a special blend of clays including raku high-fired for a lovely toast-like texture) is produced in a rustic shed in her Auckland backyard.

precinct35.co.nz

# **BURNING LOVE**

Promise you won't let these beeswax candles (handcrafted by Hawke's Bay's Hohepa community and new at Blackbird Goods) sit in a candleholder gathering dust? Instead, strike a match and let their amber light shine while filling the air with the scent of honey.

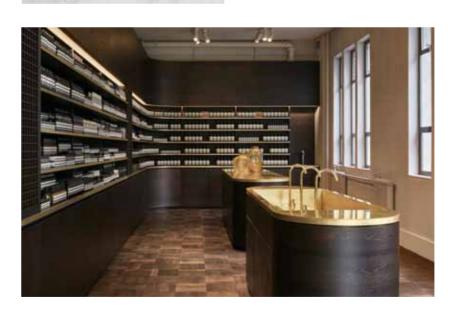
blackbirdgoods.co.nz



# **INVITING IDEA**

Husband-and-wife team Alex and Corban Walls have expanded their A&C Frenchlinen bedding range to include a couple of items for your dining room: raw-edge napkins and tablecloths. Made from super-soft flax linen fabric in terracotta, olive, dove grey and charcoal, they might be just the motivation you need to dust off your dinnerware and style your table for a mid-winter meal with your mates.

alexandcorban.co.nz



# OTHERWORLDLY

Aesop's got it going on with its latest store, recently opened in Wellington. As we've come to expect from the Melbourne-based skincare brand, the space in heritage-listed Change House is beautifully designed, this time in collaboration with Rufus Knight of Knight Associates. With oiled timber, aged brass and parquet flooring, it's a divine boutique that feels like another realm.

aesop.com





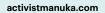
# **COLLAGE KID**

Created using found objects, Toronto-based Kiwi sculptor/photographer Anna Church's compositions blend photography with collage. Each leaf in her Photo.Synthesis series – an exclusive release for Limited by Saatchi Art that explores our connection with nature – has been photographed, cut out, layered and re-shot with lighting that manipulates shadow and scale. Let's take a moment to appreciate *Photo.Synthesis II*.

#### annachurchart.com

## **HEALTH BUZZ**

When former US Vogue designer Gabrielle Mirkin was struck down with Lyme disease, natural remedies (and a year out in partner Luke Harwood's Coromandel hometown) became her medicine. Her journey back to health was the catalyst for their company Activist, which produces raw manuka honey with high levels of the good stuff.







## **SMOKE SIGNALS**

The mountainous, subtropical Japanese island of Yakushima is blanketed in an ancient cedar forest that contains some of the country's oldest living trees. French brand Astier de Villatte's Yakushima incense distills the mossy, earthy aromas of this magical place into a chic set of 125 handmade sticks, all ready to communicate your impeccable taste in home fragrance.

#### tessuti.co.nz



## PEACHY KEEN

You probably didn't realise you needed an American peach basket until you saw this here image, but now you know, you can get excited about procuring one from vintage treasure trove Flotsam & Jetsam. They come in all shapes and sizes at bargain prices, and can be used for all sorts. What can we say? You're welcome.

#### flotsamandjetsam.co.nz