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Well & good

Little things that make life more liveable.



JUST LIKE THAT Seven to 10 days is all it takes

Seven to 10 days is all it takes to raise a crop of nutrient-dense microgreens using Auckland start-up Micropod's nifty kit. The planter's bamboo-fibre tray and compostable seed mats let you grow mini versions of veges such as rocket and kale year-round in a foolproof system — literally just add water. micropod.nz

francosnatio



ABSOLUTE GODDESS

Sometimes a trend comes seemingly out of nowhere to reawaken a collective appreciation for a look that had fallen off the mainstream radar. The re-emergence of ancient Greek mythology and art into vogue has led Sydney's Figure Féminine to craft a line of lady-like sculptures and candles. They're inspired by the Venus de Milo's depiction of the goddess of love Aphrodite, and divine through and through.

figurefeminine.com



ACE OF SPADES

Call this spade a spade if you like; however, if you look a little closer, you'll see it deserves a much loftier title. By Levin maker Roo Fenn, it's produced using hightensile Swedish steel, and has a nylon and rubber grip that's kind to your hands, wrists and elbows. Perhaps most importantly, though, it looks completely adorable.

francesnation.co.nz





FIELD TESTED

As cute as a button, this wee illustrated guide by happy campers Sara Mutande and Andrea Lo Vetere shows outdoor eating needn't be such a sausage fest or mean freeze-dried food. Instead, gather round the fire for quinoa balls, paella and French toast; there are menus for all kinds of getaways here, none requiring more than the usual utensils.

beatnikpublishing.com



BIG FANS

Speaking of timeless trends, we're into this one in a major way. Historically an exotic symbol of wealth and style, handheld fans have become both an interior and a fashion obsession that's simultaneously retro and right now. This linen and timber version by NSW-based sisters Emma Henderson and Victoria Beattie of The Beach People is the ideal accessory to chill you out when the heat is on, and has a dangly tassel for hanging it up at home to double as décor when you're not using it.

paperplanestore.com



Work it in the Yard Boot 365 by London-dwelling Australian designer Marc Newson for RM Williams' Undeniable Character platform, which sees the company join with global talents who share their commitment to world-class craftsmanship. In six colours for ladies and gents, it's a modern, all-conditions incarnation of the iconic '50s Gardener Boot and would make a pretty sweet pairing with your new spade.

rmwilliams.com.au



FOR YOU, & YOU

It's all Greek to Aesop at the moment, too. They've just released these Of Muse & Myth gift kits that celebrate goddesses of the arts and are so appealing you'll be compelled to snaffle one for yourself while you're at it. Embellished with illustrations by New York artist Giovanni Garcia-Fenech, the five packs are a mix of skincare, body and home products in zip-top cardboard cases that can be repurposed as a stand-in for your toiletry bag.

aesop.com



FUTURE'S SO BRIGHT

With business in the front, party in the back and a pair of Cherry sunglasses on top, your summer will surely be a good one. From a Mt Maunganui brand named after the 1976 hit *Cherry Bomb* by all-female rock rebels The Runaways, these straight-up cool unisex shades offer top-notch sun protection. Pictured is Khalo in Chilli.

cherryeyewear.com

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