

A woman with long blonde hair is playing an acoustic guitar. She is wearing a dark long-sleeved shirt. The background shows a brick fireplace and a small Christmas decoration on the left. The text "Warming Up your Passion" is overlaid on the image in a white serif font, with "Passion" in a larger, cursive script.

Warming Up your Passion

*When it's cold outside, I'm
like a bear hibernating
under heavy blankets with
a hot drink by my side. I
have no desire to be overly
active, start a new project,
or reinvent the wheel.
I just want to be warm.*

As the calendar turns to March, hope rises in my chest. I look for buds on the trees and dream of lazy spring picnics. Maybe it's too early, but the excitement creates a renewed passion and energy to get things done! I'm ready to dust off my hobbies and dive back into the things I love to do when my fingers and toes aren't too numb to do them. I'm even ready to try something new!

My husband bought me an acoustic guitar for Christmas. I've been wanting to learn for years. Itching to get started, the first thing I had to do was create space. A wall hanger also came with my gift, and I insisted it find a home immediately so my children wouldn't be tempted to use the guitar as a weapon or pretend horse...but also because I wanted the hobby to be official.

What about you? As you look around your house right now, what do you see? Are there piles of bakeware with no home, or folds of fabric lying in stacks on the floor? Is your own guitar lying on the dining room table with no home? Is your sacred space tucked into a corner you never visit or lost under the detritus of a busy life?

Whether you're starting a business or a hobby, your passion deserves a particular and prominent place in your home. You don't have to turn a whole room into a shrine—unless you have the space and desire to do so, of course!

A passion doesn't have to become a career. Enjoy baking without planning your own catering business; learn an instrument because you love music. Pursue your dreams and passions because they make you feel good.

Reading is one of my passions, and I have a special spot in my home where I read every day—nothing fancy, just a corner of the couch with a lamp nearby and a throw blanket for my cold toes at the ready. Even just dedicating one shelf, corner, or piece of furniture to your passion shows the world your values.

Just as we hang pictures of those we cherish up on the walls, we can give recognition to our passions. In its purposeful location, that guitar stares me in the face and reminds me to pursue what I love. Hanging there, it physically represents my heart...who I am. That's more than enough reason to put holes in the wall.



Sarah Sandidge can often be found reading a book. When she's not reading for fun, she's reading for work as a freelance editor, which is also fun. Her love for language, cultures and sociology makes people fascinating to her even though she's a bit of an introvert, albeit a chatty one. When she isn't glued to a written sentence, she is spending time with her family—mostly taking care of her two beautiful children—somewhere in the heart of Missouri. See how cute they are on Instagram [@LulainLondon](#).



dwell on this

Make Space for Your Passion

1

Organize.

Less time finding supplies means more time creating. Buy fancy organizers for your cookware. Splurge on scrapbook organization containers. Use a precut pegboard system to store your art supplies on the wall.

2

Display.

If you've got it, flaunt it. Use a beautiful armoire or hutch to show off your colorful fabric collection. Group your books by color to make them stand out. Section off a part of the walk-in closet as a display for the party dresses you can't let go.

3

Create.

Some passions require further assistance. Place a flat surface on top of perfectly sized shelves for a handy cutting table with plenty of storage for sewing paraphernalia. Love movies? Install surround sound speakers and cozy theater seating in your living room.

4

Rearrange.

Your passions deserve prominence. Move that never-used breakfront to the garage and reclaim that sunny spot for your writing desk or reading chair. Add a music corner to your dining room where you can practice. Dedicate special shelves in your pantry for all that baking paraphernalia.

5

Clean.

Once everything has a special spot, keep it there (and keep it clean!). Creativity often breeds messiness, which is fine while you're in the space. Making it a habit to clean up after yourself will make you want to spend more time there.

