



Freedom in Re-Wearing

Picture yourself in the midst of all the holiday goodness—beautiful decorations everywhere you turn, special finds for friends and family, an oven full of cookies, presents in pretty wrapping paper, sleigh bell-filled music, steaming cups of peppermint mocha, special family traditions, parties filled with your favorite people, outfits and outfits and more outfits....

Do you read that list and feel overwhelmed? We often take something wonderful and create a culture of chaos in our lives. We desire to do it all *and* to do it better than before.

Here's a simple trick to bring some much deserved joy in your life: **wear one dress, styled in different ways, to all the holiday parties you attend.** No more living in anguish over what you're going to wear; no more spending hours trying on everything in your closet; no more 4-hour shopping trips to find “the perfect thing” to wear, and then wearing it only once.

Whether you have a favorite dress in your closet, or buy a new one each year, you can style this same dress in different ways to meet your needs. Best of all, the accessories you need are likely already waiting in your closet, begging to be chosen for the next special event!

By choosing one dress and styling it different ways, you'll save more than just money and time. Your mental and emotional energy can be redirected toward what is most important to you during the holidays—the family and friends that fill your life with love and joy.

*“Like a frame to a painting,
black ensures that the person
is the first thing you see.”*

– Donna Karan

freedom to Wear It Again

Here are a few ways to restyle that favorite holiday dress:

1 Keep it Classic

There's nothing wrong with choosing classy: a beautiful statement necklace; an elegant clutch; and some holiday-colored flats are your go-to ensemble for any occasion.

2 Try on Trendy

Take a risk and rock a trend. Faux fur and fringe are both trendy and widely available. Accessorize with these for your dressiest of occasions.

3 Dress it Different

My go-to “layer” is a button-up shirt underneath my dress. White is a timeless look, while a festive print adds something unexpected. Add in sparkle and metallic accessories to stay party-friendly.

4 Go for More

Layer something over your dress. A cardigan...a scarf...or both! A blanket scarf, cape, or shawl are all winter-worthy accessories. Adding warmth means you can take your dress to the streets. Caroling anyone?

Alice Tegtmeier is a Personal Stylist and mother of three who uses personal style as one way of helping women live authentically. You can see more of her passion for personal style, coffee, and encouragement on [Instagram](#) and Periscope: @aliteg.

