# Move to the Rhythm with the iLs Focus System

The iLs Focus System is an in-home therapy-based intervention program designed to build strength and endurance in your child's brain.

The Focus System program combines the positive influences of musical sounds and physical movement.

How can you provide therapy for your child while having fun at home?

### The iLs Focus System Series

The iLs Focus System offers exciting audio sensory therapy programs created to help your child's brain activate constructive cognitive thinking.

The program focuses on <u>in-home therapy solutions</u> designed for parents and professionals. It has helped children with autism, developmental difficulties, learning and attention challenges, anxiety, sensory sensitivities and hyperactivity disorders.

The iLs program offers an in-home option as well as training for professionals. Focus Programs are typically 30-60 minutes in length, 2-5 times per week over a 2-6 month period.

#### Therapy At Home

The in-home program provides you, as a parent, with the resources needed to work directly with your child.

The in-home program includes:

- <u>iLs Equipment with a rental plan</u>
- Focus Activities Playbook
- Coaching Supervision through the Home Coaching Option

The program can be custom designed by you to meet the unique needs of your child's therapy goals.

#### **Training for Professionals**

The Focus System provides <u>therapy training to professionals</u> specializing in occupational therapy, speech and physiotherapy, autism specialties, psychology and counselling.

The training includes:

- On-demand courses including lectures and advice from Dr Porge and Dr Heilman
- A one day workshop in association with the Australian Childhood Foundation
- Hands-on training in iLs methodology and equipment
- A 90-min online iLs interactive Language Program (ILP)

Advanced Certification Training includes iLs VoicePro™ applications and Pro Music Programming.

## The Science behind the Intervention System

"Neuroplasticity" is the brain's ability to change in response to stimulation.

When children experience their own frustrating behaviours, neural pathways are disrupted. The neural connections need an additional sensory boost to help direct those neurons properly throughout the brain.

Repeated multi-sensory sessions with the iLs Focus System help to discipline those neurons down the right pathways in the brain.

#### iLs Provides Safe and Fun Therapy Options for Your Child

What could be better for your child than dancing to music or singing along to a fun song? iLs is committed to providing a fun and safe therapeutic experience for both you and your child.

The iLs approach to "rewiring the brain" is a fun way to integrate cognitive therapy into your child's life.

We are dedicated to helping children with behaviour and social difficulties through in-home music and movement therapy solutions.

Visit <u>www.integratedlistening.au</u> for more exciting music and movement therapy ideas. Let's get moving and help our children refocus and rewire their brain for a safe and fun life!

#### **Meta Information**

Focus Keyword(s): iLs Focus System, series, stimulate brain activity, neuroplasticity

Secondary Keywords (WordPress Tags): child, intervention therapy, in-home, safe, fun

Meta Title: Move to the Rhythm with the iLs Focus System

**Meta Description:** Stimulate your child's brain activity through music and movement therapy with the in-home iLs Focus System Series.