

DIAL "S" FOR SEX





# CALL ME UP!

*Instinct's* Guide to Great Phone Sex by VADIM LIBERMAN photos by DAVE BAILEY

**W**hen you connect with another guy on a deep level and have stirring conversation; when you truly feel what he's saying; when he firmly grasps what you're talking about—well, that's when you know this isn't some ordinary chat. When you release everything you've been keeping inside, that's when you know you're having phone sex. Talking dirty remains one of the safest, no-obligation, quickest ways to please yourself. If you can't find your favorite porn video, if the pages of *Instinct* are sticking together, if Jeff Stryker's unavailable, or if your boyfriend's out of town, then let the phone be your evening's sex toy. To share a touching moment with a loved one or a professional well-versed in the art of sexual chitchat, simply start dialing. But before you begin describing what's lurking in your 2(x)ist briefs, here's the 411 on hooking up over the phone:

## "I LOVE THE WAY YOUR FEELS AGAINST MY \_\_\_\_!"

"A lot of times, guys call up telling me how stupid they feel," says Adam, 28, a New York-based phone-sex operator of three years. "My first thought is, *Do they realize what I do for a living?* If they really felt dumb, they wouldn't be calling."

First, realize that many things might make you a loser, but eagerness to combine two hobbies—gabbing on the phone and getting off—isn't one of them. That just makes you efficient. Aural sex places you in control: You control the scene, the speed, and the stroke. Plus, if your boyfriend can't be with you physically, you can still engage him in a threesome courtesy of AT&T. And if you don't have a boyfriend, at least picking up a phone is easier than picking up a man. And remember: no one's going to judge you (unless you have some kinky fantasy involving Judge Judy).

## "I WANT YOU TO PLAY WITH MY \_\_\_\_!"

Surprise! Jeff Stryker is available. Phone sex revolves around fantasy, be it nasty, romantic, or plain vanilla. Often, a phone-sex specialist will start by asking, "What do you want?" Says Adam, "I can't tell you how many times a guy will answer: 'To get off.' I just sit there and roll my eyes when I hear that."

Before getting down and dirty, have a specific fantasy in mind. Imagine that the 300-pound, bald, toothless (although there are benefits to no teeth) operator on the other end is your favorite porn star, and Madonna is watching him blow you as you make out with Brad Pitt. all while Judge Judy encourages you to play with her gavel. If you're gonna be talking to your boyfriend, discuss beforehand what scenarios you'd like to act out, or play out a past passionate encounter between the two of you. (Just make sure it actually involves your boyfriend and not some trick.)

While basic simulated sex acts comprise most of Adam's calls, "Don't be afraid to explore new scenes," he suggests, "especially if they're not feasible in reality." (Or did you think that Maddy was really interested in watching you do the nasty?) Like live sex, phone action is as hot as you make it. Unlike real sex, it provides an escape from any self-perceived physical limitations. "I lie about my own measurements," reveals Adam. "I'm not sure if men really think I have a 10-inch dick, but I know they like to think I do." So go ahead and lie about your cock size, bulging muscles, and being a top. After all, you're holding a receiver, so you're the one in charge of this hook-up. Of course, realize that lying about your stats to your boyfriend probably won't work.

## "YOUR \_\_\_\_ MAKES ME SO \_\_\_\_!"

Setting the right mood is essential, so make sure you have (in advance) everything you need to get off. Whip out your paddle and

rope if you're into S&M. If you dream of some stud savagely ripping off your Gucci shirt, slip into it (unless tearing Gucci seems like more of a nightmare). And head to where your scene will take place: your bedroom, bathroom, or kitchen, in which case you should have some cooking utensils handy—you know, just in case. If your fantasy occurs in a Barney's dressing room, just whisper into your cell phone and tear that Gucci shirt lightly.

"When I can't get to a desired location," says Thomas, 25, who often tele-screws his boyfriend, "I like to recreate it at home with relevant props and photos to make it seem as real as possible." Similarly, if you plan on having phone-y anal sex with your boyfriend, have a nearby picture of him and a dildo (unless you're still fantasizing about being a top). But between gripping a dildo and squeezing it's real counterpart, holding the phone can prove cumbersome, which is why Adam recommends using a speakerphone or a headset.

Besides physical preparation, ready yourself mentally. "Don't pick up the phone if you're tired, high or drunk," instructs Adam. You should be able to concentrate on the experience, so unless you envision Tom Brokaw reporting on your blow job, turn off the TV, and have music playing only if it pertains to your fantasy. Distractions out of the way, you'll be able to answer the classic question...

## "WHAT ARE YOU WEARING?"

Sure, it's a cliché, but this oft-used opening line works great to get the necessary juices pumping, especially in phone-sex virgins. If you're hung-up about sounding silly, consider that popular suggestion about overcoming anxiety when giving a speech by imagining your audience naked. It works particularly well here.

"To get started," says our sexpert, Adam, "try undressing each other and asking what >>



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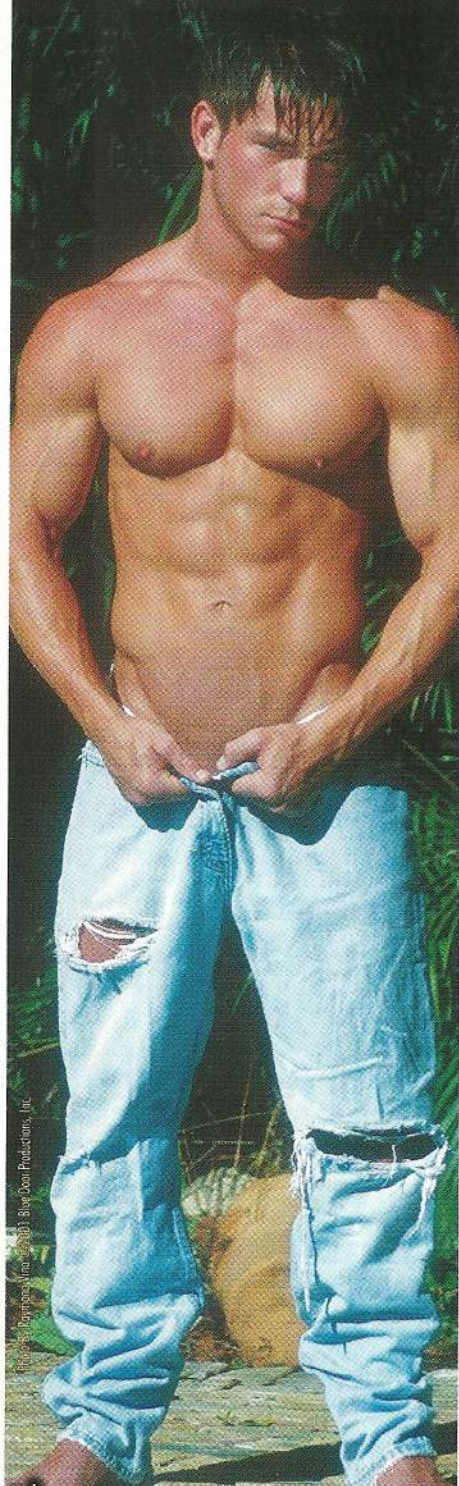


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he'd be doing to you, or vice versa, if you were presently with each other." Adam also suggests acting out the student-teacher fantasy, where the operator or your boyfriend instructs you on how to solve your massive problem.

Still need some inspiration? Then go fuck yourself... by lying down, closing your eyes, and masturbating as you talk to yourself the entire time. Then use those same phrases on the phone (just try to refrain from repeatedly yelling your own name). Also, ask yourself: *What would Jeff Stryker say?* To get an idea of nuances in tone and words, study some porn tapes then either act them out on the phone or repeat your favorite lines. Before you know it, you'll moan, "Oh, man, it feels so good," more convincingly than the porn star.

## "I NEED TO FEEL YOUR \_\_ INSIDE MY \_\_!"

"In the end, there's no right or wrong way to talk dirty, as long as you're both having fun," remarks Adam. Oh yes, even the professionals grope themselves. "I usually enjoy at least one orgasm during each of my shifts," he reveals. "But I try to postpone it until the end."

However, don't rely on the other party to do *all* of the talking. The more vividly you describe your tongue licking his whatever, the more your whatever will appreciate it. "Visualize your partner either caressing you or you feeling him," says Adam.

Dirty talk can also be clean. "It doesn't necessarily always have to be like, 'Suck my fucking cock, man!'" suggests Adam. "Sometimes people are more comfortable with PG-rated words, and that's cool. It's much more important to describe actions that really set the scene and make it all come alive in your head."

Speaking of coming and your head, remember that sounds are just as important as words to get you off. Scream when he spansks your toosh. Groan when he spansks your frank. And let your cock speak as well—by putting the phone up to it as you stroke it. Says Adam, "I get tired of talking. Often I need to swallow water during a conversation. My worst nightmare is a sore throat." Yet another commonality caused by oral and aural sex.

## "\_\_ ME! \_\_ ME NOW!"

It takes time to find a hunk, get him drunk, take him home, shag him, and figure out how to get him to leave. The whole procedure can easily last longer than the average phone tryst of five to 14 minutes (but please let us know if you've accomplished otherwise). If, for a change, you prefer short over long, call for a quickie, especially if you're concerned that it will take you longer to come up with a fantasy than it will for you to actually come.

Feel free to get graphic immediately, but keep in mind that, "if an operator tries to slow it down, he may be trying to scam you >>



## No Pay, No Gain

# The Quick And Easy Way To Make That Connection



**1.** While meeting guys in bars requires effort in getting dressed, phone sex lets you sit at home in your underwear (well, some bars allow this too). And although you may discover countless offers for phone sex in a bar's bathroom—"For a good time, call..."—it's better to find ads in local gay magazines, or type "gay phone sex" into an Internet search engine. But just as you shouldn't go food shopping when you're hungry, never browse the phone-sex ads when you're starving for action. Conduct research in advance to choose the most affordable options.

**2.** Those 800-lines promising hot studs who can't wait to talk to you are merely come-ons for separate 900-lines, costing anywhere from \$1.99 to \$4.99 or more per minute, plus a sometimes unmentioned connection fee (usually \$4.99). Other times, you can simply punch in your credit card number to avoid being charged by your phone company. Either way, be sure that the phone greeting mentions a customer-service number in case you need to complain about getting overcharged or about the operator using too many teeth. Also, international numbers (those beginning with "011") often advertise cheaper rates. But beware: they often keep you hanging on indefinitely.

**3.** If, instead, you crave a fellow anonymous amateur, call a local pay number advertising equally horny men. They charge far less, as low as 15 cents a minute—but, since they don't feature live operators, they keep you on the phone longer by encouraging you to listen to local men's voicemail phone-sex ads. Whether you're calling a pro, an amateur or your boyfriend in Europe, it would suck if the sucking you received over the phone wound up costing more than a 10-year subscription to *Instinct*, so remember: keep one eye on your cock, and the other on the clock.

by keeping you on the phone longer," proclaims Adam. At which point you should either insist that he stroke faster or just hang up. Also save time and money by getting a head start. Adam recommends rubbing yourself until you're near orgasm before making the call. "Just don't expect to climax at the same time as the other guy," he adds.

## "\_\_ ME LIKE AN ANIMAL!"

"Please remember that you are speaking to another human being on the other end," reminds Adam. Stick with your fantasy, but treat the person on the other end just as you would any other random trick you'd sleep with: Pay him with compliments and lies.

Tell him how your money shot is flying over to him, how it was the best phone sex you've ever had (never mind that it was your first time), and how Jeff Stryker could never compare to him. But don't tell him that you'd love to meet up. You didn't dial 1-900-BOYFRIEND. Recognize the difference between fantasy and reality, and that you're buying an illusion.

However, there's nothing wrong with asking to hear him again. "If your session went really well, ask for his working schedule,"

says Adam. Although rare, repeat clients sometimes also get a private e-mail or P.O. Box. Furthermore, know that many operators will refuse to indulge fantasies centered on necrophilia, incest, pedophilia and bestiality. You may be a pig, but that doesn't mean someone will want to pork you.

## "THINKING ABOUT YOU MAKES ME \_\_!"

Phone sex ensures that you'll receive a blow job without the gagging, and anal sex without the pain. You should celebrate and commemorate these precious moments by tape-recording them. Not only will you be able to listen to yourself asking, "Who's your daddy?" for all eternity, you'll also have the chance to study what works and what doesn't. What's more, it's a terrific way to eternize a loving relationship with a boyfriend whom you dated for a full week.

In some states, recording without the other party's consent is illegal. "I'm willing to break the law if it means I get to hear my boyfriend come over and over," says Thomas. "Besides, isn't anal sex illegal in some states too?"

Not if it's done over the phone. ■

