FOOD & WINE { WORDS BY GILLIAN SAXON }



MEMBER DETAILS

Karen Lavecky, 36 **POSITION** Director and Founder COMPANY Lotus & Ming Dim Sum & Co. NSW **WEBSITE** lotusandming.com

My most memorable dining experience: Travelling to Paris for our honeymoon, my husband and I headed out on foot. We made

My go-to, fail safe: Without a doubt, Matzo Ball Soup -

as a very young girl. Red or white. I actually can't My foodie inspiration: Tokyo The fresh fish that filled the sushi hand crafted to works of art ... It was all so inspiring.

Dream dinner guests: Anthony Bourdain and Ferran Adria.



[must read] MOVEABLE FEASTS

British food writer **Tori Finch** captures the delight of sharing an outdoor feast with family and friends as warmer weather beckons. Featuring 10 themed picnic menus and over 80 recipes of sweet and savoury treats with portable

drinks, decorating ideas also accompany each picnic. Imagine yourself in the south of France for the Provencal picnic featuring strawberry tart and rotisserie chicken, a vintage garden party sipping cucumber and mint cocktails or evoking a sense of the Middle East with spice citrus cous cous. Your spring picnic starts here. \$34.95 Hardie Grant Books.

PINEAPPLE, SAGE AND PRAWN SALAD WITH CRISPY **PROSCIUTTO** Serves 4

INGREDIENTS

1 small whole pineapple 4 tsp fresh sage chopped 8 slices of prosciutto 8 tiger prawns 1 clove of garlic Olive oil

METHOD ≫ Spray small fry pan with olive oil and pan fry prosciutto for five minutes until crispy. Set aside. >> Slice pineapple into eight thin discs, toss with sage and panfry for five to seven minutes until soft and slightly caramelized. >> Panfry prawns in garlic and olive oil for 10 minutes until cooked. >> Assemble pineapple first, top with prosciutto then arrange prawns on top and serve.

SPRING FLI

RETURN TO OUTDOOR ENTERTAINING

FLOWER POWER

BRING A BURST OF SPRING COLOUR AND FRAGRANCE TO YOUR TABLE OR PICNIC WITH EDIBLE FLOWERS. HERE ARE FOUR OF THE MOST COMMON VARIETIES AND WHAT YOU CAN DO WITH THEM.

PANSY AND VIOLET: USE THE FRESH PETALS ONLY FOR BRIGHT GARNISHES IN SALADS OR FREEZE IN ICE CUBES

ROSE: DRY PETALS TO USE AS CAKE DECORATIONS AND AS A FLAVOUR IN BAKING OR MAKING JAM ZUCCHINI FLOWER: STUFF WITH MARINATED GOATS' FETA AND HERBS AND SHALLOW FRY IN A LIGHT BATTER.

CHECK BLOOMS ARE OF EDIBLE VARIETY AND FREE OF PESTICIDES BEFORE CONSUMING





SPRING SIPPING

Australia's love affair with premium cider continues with the help of awardwinning Hills Cider Company from Adelaide. It's made entirely of fresh local fruit with absolutely no sugar, water or preservatives added. Hills recently released their refreshingly dry and well balanced apple and ginger hybrid, which has a subtle kick of spice. From independent bottle shops and boutique bars. the hillscider company.com



