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Greetings!

Repeat after me. I can achieve mindfulness. Mindfulness is not some unattainable goal. It is not a practice selected for the chosen few. You can do it, too. What it requires is patience, grace, and attention.

Attention is the holy grail for the modern day professional. As leaders we must pay close attention to the details of the business, as well as the ways in which our teams are functioning, but how often do we actually pay attention to ourselves?

A mindful leadership practice requires careful attention to getting in touch with our leader within. We all have the capabilities and potential to finding the leader within ourselves if we pay closer attention to the details of our lives. The leader within exists in a place that houses our inner wisdom and experience. When we become more aware of this place, where we are aligned with our highest and best good, we can call upon that leader to tap into this calm, gentle, and nurturing space making it possible to be present and aware of all things happening in the moment.

I often describe it as an old-fashioned synthesizer, for the best sound you have to readjust the dials from song to song. To get the ideal sound, your fingers must always be on the dials. That idea of fine-tuning is very similar to a leader's challenge to constantly make micro-adjustments from day to day, meeting to meeting, and moment to moment. The strongest leaders, those on the path to greatness, are able to adjust from a place of love —not fear.

Yours on the journey,

## ANNOUNCING...



We've received so much positive feedback about The Path to Greatness highlights that we've decided to expand our editorial to include more of our clients' stories of accomplishment.

If you have a Leadership Landing success story that you'd like to share, <u>email me</u> to be featured on The Path to Greatness highlights, as a Q&A interview subject, or in a blinded case study for our blog.

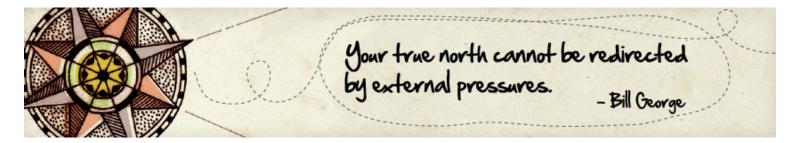
## **NEWS AND INSIGHTS FROM LEADERSHIP LANDING**

A mindful practice provides you with the ability and intention to set forth a path for yourself and others, we recommend the following companion article from the <u>Leadership Landing blog</u>:

• <u>Taking the Leadership Baton</u>: Hal shares his own path to greatness from orchestral conductor to leader and coach.



## THE PATH TO GREATNESS



When you initiate a commitment to self-growth, when you challenge yourself to define your purpose, the path to greatness becomes clearer:

- <u>Strategic Energy Innovations</u> (SEI) supports students through "green" college internship program.
  - SEI's innovative college internship program advances "energy and sustainability education and workforce development through experiential learning."
- <u>Great Place to Work</u> hosts the annual #GPTW4ALL Conference, May 23-25, 2017.
  - We will be attending and live-tweeting from #GPTW4ALL, one of the most important conferences for companies that want to build a winning workplace

culture.

- The Asian Art Museum reminds us "how big the world is, and how rich"
  - The San Francisco Chronicle give a rave review to the Asian's latest exhibit, "Tomb Treasures: New Discoveries from China's Han Dynasty," on view through May 28, 2017.

Do you have something to celebrate? <u>Email me</u> for an opportunity to be featured on The Path to Greatness, and make sure to like and follow us on <u>Facebook</u>, <u>Twitter</u>, and <u>LinkedIn</u> for daily updates from Leadership Landing.

*"It's the little details that are vital. Little things make big things happen."* —John Wooden



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