

HOW TO DO

Natural lips



CHRISTOPHER KANE
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There are days when your lips don't need any colour – just a slick of something moisturising that will protect them from the winter chill. Choose your balm carefully and it can improve your lip contour, plump the skin and make your lips look so healthy and vibrant that you might not even want to use lipstick come the evening. The texture is key, so look for thick balms such as Clinique's Superbalm Lip Treatment (£13, clinique.co.uk), which is excellent to use overnight. The balm deeply conditions, leaving you with smooth, un-chapped lips. Keep at it and you'll notice the difference in a few weeks. Ren's Vita Mineral Lip Balm (£9, johnlewis.com) is good for repairing dry, cracked lips and, as it doesn't leave a shiny finish, it's ideal to apply on the go. Finally, for those days when you want a touch of colour from your balm, try Laura Mercier's wonderful Lip Balm (£17, selfridges.com). Enriched with vitamins and antioxidants, it deeply moisturises your lips while imparting a pinky flush.



I-SPIED

SONIA JUTTILA | Beauty editor

'When I want ridiculously full, thick lashes, I reach for **Volume Million Lashes** in Noir Excess by L'Oréal Paris. I brush on three coats (no clumping or flaking) with a slick of black liquid eyeliner.' £10.99, from superdrug.com

For more I-Spied products visit telegraph.co.uk/ispied



Top Notes

This beautiful fragrance, **Kukui**, is an extension of Connock London's line of body products, all of which contain the delicious kukui oil from Hawaii. Floral and oriental, the perfume blends gardenia and jasmine with sandalwood and vanilla – a truly exotic concoction. £75 for 100ml; connocklondon.co.uk

BEAUTY WISE

• Ideal Rebalancing Level Serum by Twelve

£45, from beingcontent.com

The claim A light, oil-free serum to rebalance and hydrate oily and combination skin, using extracts of white genepi, butterfly-bush leaf, imperatoria leaf and mallow flower.

The verdict We applied two drops of this serum twice daily after cleansing and loved the gentle fragrance and easy absorption. Where some serums can leave oily

complexions greasy in the T-zone area, this oil-free version left a matte finish and soothed dry patches too. We found the plant-based formula excellent for sensitive skin, and after a few weeks our skin felt smoother, brighter and free from redness and inflamed pores. Make-up went on easily and our complexions looked more even. This is a luxurious addition to a skincare regime.

