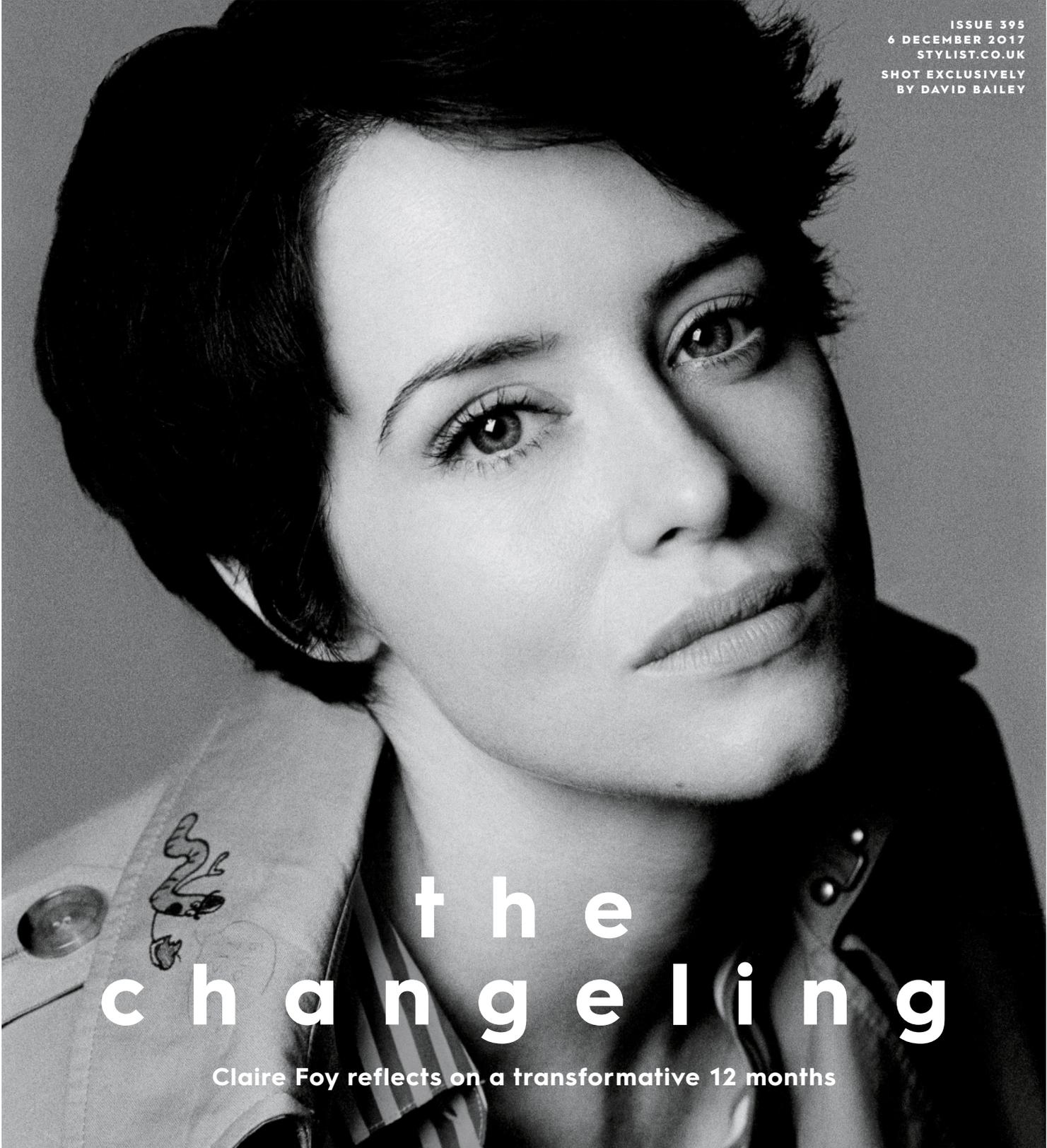


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# STYLIST

ISSUE 395  
6 DECEMBER 2017  
STYLIST.CO.UK  
SHOT EXCLUSIVELY  
BY DAVID BAILEY

A black and white close-up portrait of actress Claire Foy. She has short, dark, wavy hair and is looking slightly upwards and to the right with a thoughtful expression. She is wearing a light-colored jacket with a small, dark, abstract graphic on the left chest and a dark collared shirt underneath.

the  
changeling

Claire Foy reflects on a transformative 12 months



# ARE YOU SITTING COMFORTABLY?

Icelanders mark Christmas Eve by gifting books to each other. In honour of this tradition, we asked our Stylist Live speakers to pick the book they'd love and the chocolate they'd eat with it

PHOTOGRAPHY: CHRIS FLOYD

**NIGELLA LAWSON,  
FOOD WRITER AND  
BROADCASTER**

"I would love to read *Love & Fame* by Susie Boyt. She's a wonderful writer and I've been looking forward to this. I wouldn't eat it any other time of year, but peppermint bark from Williams Sonoma is my Christmas tradition. Then, since more is more, I'd have a chaser of salted dark chocolate."

**RUSSELL BRAND,  
COMEDIAN  
AND WRITER**

"On Christmas Eve, the book I would spend all night reading would be *Moby Dick* by Herman Melville and I would be eating novelty whale-shaped chocolate. And while I was eating it, I would realise, in fact, the chocolate is a metaphor for the unknowable and unattainable, which is the sort of thing you want to be thinking on Christmas Eve."



**RENI EDDO-  
LODGE,  
JOURNALIST**

"I love absorbing, brilliantly written fiction and I'd love to re-read *Augustown* by a writer and poet called Kei Miller. It made me smile, it made me sad and I would strongly recommend someone spend a Christmas Eve absorbing that while eating some high-quality milk chocolate."



**CHERRY HEALEY,  
TV PRESENTER**

"I'd read Jacky Fleming's *The Trouble With Women* – not very seasonal, but it is hysterical and I could have a proper giggle. I'd be eating giant chocolate buttons from the fridge and dipping them into my mulled wine. I know it sounds awful but it's Christmas magic." →





**SOFIE HAGEN,  
COMEDIAN**

"I would be reading Sarai Walker's *Dietland* in a bed by the fireplace in a cabin in the woods in Denmark. It's the most empowering, incredible fiction book. I'd be eating thick, milky Maribou chocolate which I've only ever seen in Denmark."



**LILAH  
PARSONS,  
DJ AND TV  
PRESENTER**

"I would like to read *Paddington Bear* to my three-year-old nephew Reggie. It just makes you feel good. Plus, I dressed up as him for fancy dress the other day and I think I nailed it. We'd be eating a giant bag of chocolate buttons."



**MELISSA  
HEMSLEY,  
COOK AND  
FOOD WRITER**

"The *Harry Potter* books make me feel good. I would get engrossed in them while in a lovely hot bath with some lavender oil in it. I'd have salty chocolate and then cheese and then a bit more chocolate."



**JOJO MOYES,  
AUTHOR**

"I'd spend Christmas with *Standard Deviation* by Katherine Heiny. I read it a few weeks ago and it made me laugh so much and so often. I'd have Green & Black's 70% – the 85% makes me go a bit peculiar, it's too strong."

**FREDDIE HARREL,  
STYLIST AND BLOGGER**

"I like Lindt bars. I started being intolerant to hazelnuts and then almonds, and I recently found peanuts are a bit funny so I can only have plain chocolate. My book would be *The Arabian Nights: Tales Of 1001 Nights*. All the stories about Ali Baba and so on. They're perfect for Christmas – they take you to a completely different place. I love the idea of checking out and travelling."

**HARNAAM KAUR,  
BODY ACTIVIST**

"I would read *Light Is The New Black* by Rebecca Campbell. It's all about your purpose in life and spirituality. And I would eat Lindt bunnies – I'm vegetarian and I can't eat actual bunnies, so they're the only bunny I can still enjoy." →

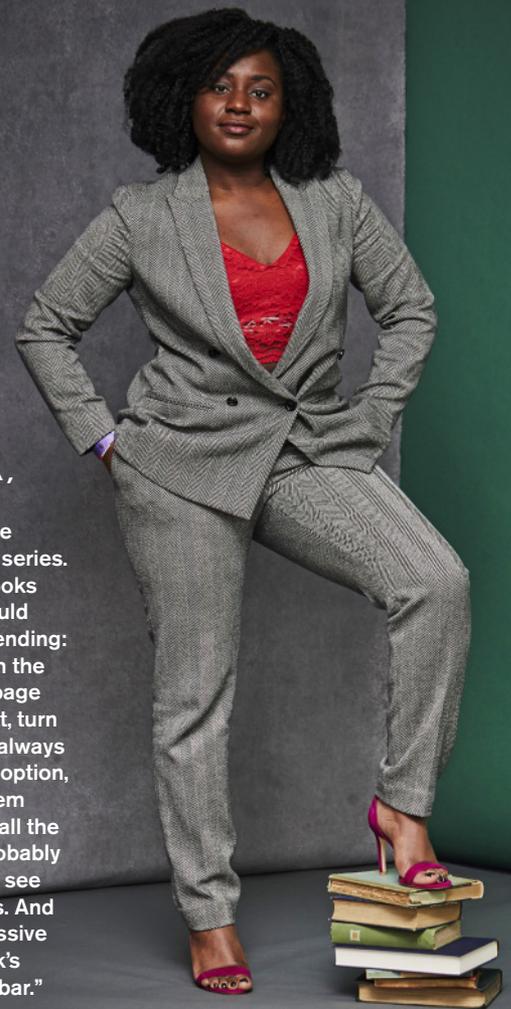


**ROBERT WEBB, ACTOR AND WRITER**

"Lindt chocolate is underrated, the red one. As many of those as possible. And my book would be *Waterland* by Graham Swift, which is in my top 10 favourite novels. It is endlessly beautiful and fascinating about childhood, madness and history."

**SUSAN WOKOMA, ACTRESS**

"I'd re-read the *Goosebumps* series. They were books where you could choose your ending: 'To go through the door, turn to page 52. To stay put, turn to page 12.' I always took the safe option, so I'd read them again and do all the things you probably shouldn't and see what happens. And I'd have a massive Green & Black's Butterscotch bar."

**MUNROE BERGDORF, MODEL AND ACTIVIST**

"I want to read Janet Mock's new book, *Surpassing Certainty*. Her first one, *Redefining Realness*, was a turning point for my transition and allowed me to be a lot less hard on myself. Now that I'm eight or nine years down my transition, I really want to tap into her spirit; she inspires me to be my best self. I'm a Terry's Chocolate Orange kind of girl. And Hotel Chocolat's salted-caramel hot chocolate is the bomb. I am a big chocolate connoisseur." →





**JASMINE  
HEMSLEY,  
COOK AND  
WELLNESS  
WRITER**

"I'd like to finish *Real Love* by Sharon Salzberg. It's about what real, mindful love is and she writes in a really funny, friendly way. Tesco does a good 72% chocolate. It's not too thick, it's not too thin. It's not so dark that it gives me that kind of caffeine rush."



**JESS PHILLIPS, MP**

"*The Secret Diary Of Adrian Mole, Aged 13¾* by Sue Townsend. It's a brilliantly funny but political book that everyone can understand. I read it every year. Because I'm from Birmingham, I would eat Cadbury's Dairy Milk."



**ROGER  
FRAMPTON,  
FITNESS GURU**

"I'd choose *The Law Of Attraction* by Esther Hicks. It's phenomenal; it's about how to attract good things to your life. And I'd like a Double Decker with it. They remind me of London." →



**NIMCO ALI,  
SOCIAL  
ACTIVIST**

"I'd read *1984* by George Orwell, because the world is a bit screwed up and it lets you know that there have always been people fighting injustice and that things will get better. Because the book is so random, I would eat some Revels. You get a bit of everything."

**CLARA AMFO,  
RADIO DJ**

"Lindt chocolate is my one true love. My favourites are the little Lindt balls that melt in the middle. And the book I would like is the one that made me fall in love with reading again: *White Teeth* by Zadie Smith. I savoured that book so much when I first read it and loved her use of words. From then on I've read everything she's put out."

**RAYE, SINGER**

"Enid Blyton's *The Magic Faraway Tree* was a really special book that my Nanna gave to me when I was young, and I absolutely adored it. It brings back fond childhood memories. I would be eating Galaxy cookie crumble chocolate – the cookies give it a bit of texture – and because it's Christmas Eve I'd have the family-size bar." →



**BRIDGET  
CHRISTIE,  
COMEDIAN**

"I would read *The Bible*. I don't like chocolate, so I'd have an apple."



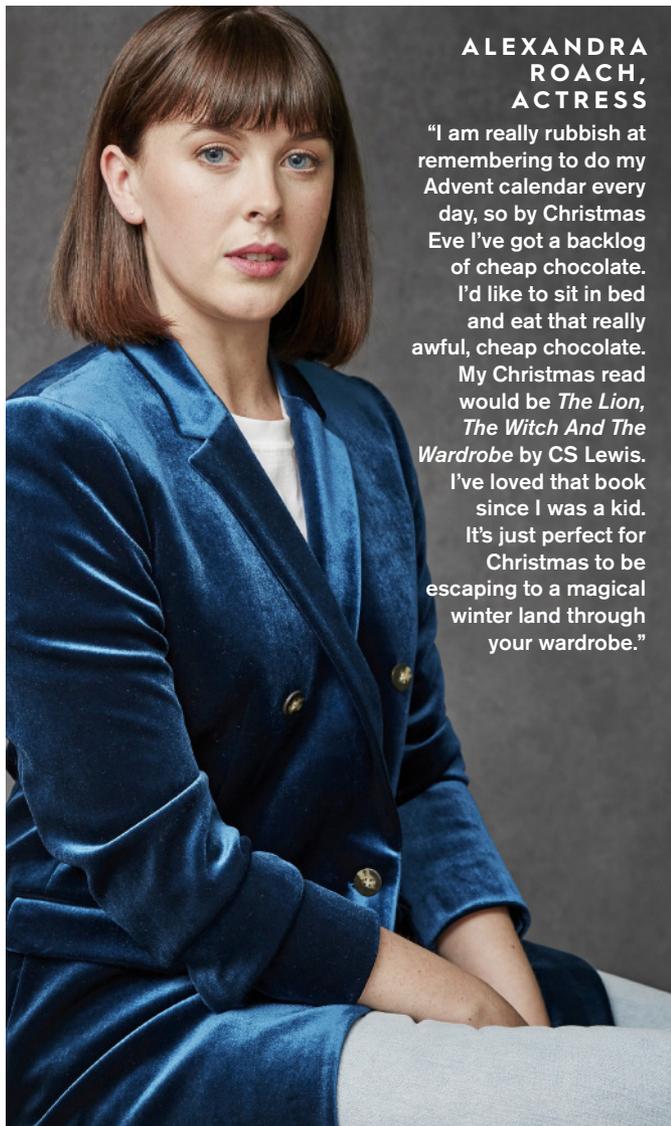
**NADYA TOLOKONNIKOVA,  
PUSSY RIOT FOUNDER AND ARTIST**

"I would read *Nausea* by Jean-Paul Sartre; Christmas is a time to think about the next year. And I would eat a Ritter white chocolate bar. When I was in the penal colony, a man would send me boxes of it including the peppermint one, which I don't like."



**ALEXANDRA  
ROACH,  
ACTRESS**

"I am really rubbish at remembering to do my Advent calendar every day, so by Christmas Eve I've got a backlog of cheap chocolate. I'd like to sit in bed and eat that really awful, cheap chocolate. My Christmas read would be *The Lion, The Witch And The Wardrobe* by CS Lewis. I've loved that book since I was a kid. It's just perfect for Christmas to be escaping to a magical winter land through your wardrobe."



**JUNE SARPONG,  
PRESENTER  
AND WRITER**

"I'd be reading *The Man Who Tapped The Secrets Of The Universe* by Glenn Clark, which was written in 1946. I'd be totally Islington and have something by Deliciously Ella with cacao in it to go with it."

