

# Avista Adventist Hospital



*An International Leader in Gynecologic Care*

## Center of Excellence in Minimally Invasive Gynecology

Avista is one of only three hospitals in Colorado to earn the prestigious Center of Excellence in Minimally Invasive Gynecology (COEMIG) seal from the American Association of Gynecologic Laparoscopists (AAGL) and Surgical Review Corporation.

We are proud to have earned this designation. In addition to placing Avista Adventist Hospital at the forefront of minimally invasive gynecologic care, it signifies our commitment to provide the best and safest care to our patients, each and every day. When a woman sees the COEMIG seal, they will know they are receiving the highest quality gynecologic care from world-class experts.

### CONDITIONS WE TREAT:

Whether a woman has severe cramps, heavy menstrual bleeding, painful intercourse or they are afraid to exercise for fear of bladder leakage; gynecologic conditions afflict women of all ages and limit their quality of life. Avista offers minimally invasive procedures for the following:

- Abnormal uterine bleeding
- Endometriosis
- Hysterectomy
- Infertility – including uterine septum and non-patent fallopian tubes
- Uterine fibroids and polyps
- Uterine and ovarian cysts

### BENEFITS OF MINIMALLY INVASIVE GYNECOLOGIC SURGERY

Minimally invasive procedures routinely lead to better patient outcomes, reduced blood loss, fewer complications, shorter hospital stays and a faster recovery. The COEMIG program is proven to improve the outcomes and quality of gynecologic patient care.



### AVISTA WOMEN'S CARE

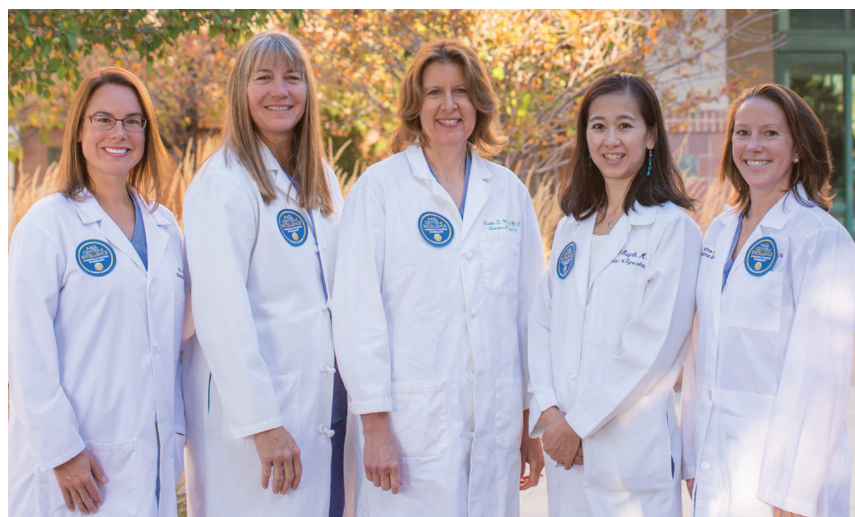
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Long Huynh, MD  
Loralie Moeller, MD  
Karin Spears, MD

### BOULDER MEDICAL CENTER

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Christine Abair, MD  
Alison Schultz, DO



## Meet our COEMIG surgeons



### Christine Abair, MD

- *Medical School:* University of Texas Health Science Center at San Antonio, San Antonio, TX
- *Obstetrics and Gynecology Residency:* University of Texas Medical Branch, Galveston, TX

Being at the cutting edge of medicine and minimally invasive surgery allows my patients to have the best surgical outcomes. Minimally invasive surgery allows patients to spend more time doing the things they love doing and less time in the hospital. As an accredited minimally invasive surgery hospital, this shows that the doctors here are up-to-date with the latest and greatest skill sets and techniques and have proven themselves capable of providing the best possible surgical care. Nothing makes me happier than to know I have positively improved the lives of my patients.



### Long Huynh, MD

- *Medical School:* Medical College of Virginia, Richmond, VA
- *Obstetrics and Gynecology Residency:* University of Arizona, Tucson, AZ

Avista Adventist Hospital's designation as a center of excellence for minimally invasive gynecological surgery (COEMIG) is a fantastic achievement. I am proud to be a part of an institution that is progressive in its care for women. It's an advantage for our patients to operate via hysteroscope and laparoscope — less pain, quicker recovery, and less time in the hospital.



### Loralie Moeller, MD

- *Medical School:* George Washington School of Medicine, Washington, DC
- *Obstetrics and Gynecology Residency:* University of Colorado Health Sciences Center, Denver, CO

The development of minimally-invasive gynecologic surgery has opened up more options for women and allowed for faster recovery with less pain. I have been amazed at how well my patients do the next day following surgery. The majority of my patients are on a low dose pain medication and some are just using Motrin or Tylenol. Some of these patients would have had abdominal surgery in the past but now only have three tiny incisions. It is so satisfying to see how great patients feel and how quickly they get back to their normal activities.



### Alison Schultz, DO

- *Medical School:* Kansas City University of Medicine & Biosciences – College of Osteopathic Medicine, Kansas City, MO
- *Obstetrics and Gynecology Residency:* Case Western Reserve and The Cleveland Clinic Foundation, Cleveland, OH

I take the time listen to my patients, ask and answer questions, and explain possible diagnoses and treatment options. I have a special interest in helping women with abnormal uterine bleeding, pelvic pain, endometriosis, uterine fibroids, and benign ovarian masses. I favor taking a minimally invasive approach with my patients because I believe it leads to a faster recovery, decreased hospital stay, less post-operative pain/pain medication requirements, preferable cosmetic outcomes, and greater patient satisfaction.



### Karin Spears, MD

- *Medical School:* University of Colorado Health Sciences Center, Denver, CO
- *Obstetrics and Gynecology Residency:* University of Colorado Health Sciences Center, Denver, CO

Getting women who need surgery back to work and play quicker gives me great satisfaction. By truly listening to my patients, I am better able to tailor the appropriate treatment or procedure to best meet their needs. Being a part of a Center of Excellence in Minimally Invasive Gynecology allows me the tools necessary to provide women with the least invasive treatment, hastening their recovery time with less pain. I know that my patients will be well cared for throughout their surgical experience at Avista in a safe and nurturing environment. I am proud to be part of the team.

## Avista Adventist Hospital



INSPIRE HEALTH

## [avistahospital.org/gyn-surgery](http://avistahospital.org/gyn-surgery)

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