

# Mammograms Save Moms



Moms are the glue that hold us together, our cheerleaders and confidants. And because we love our moms, we also want to protect them.



Meet Lila, mother of two. Lila says her boys are the best things that have ever happened to her and she's not about to let cancer come between them. Cancer is an all too familiar diagnosis in Lila's family. Her mother, grandmother and aunt have all faced breast cancer. With such a strong family history, Lila wasn't going to take any chances so she started annual mammograms at the age of 37.

Read Lila's full story at [centura.org/mybreasthealth](http://centura.org/mybreasthealth)

Centura Health Breast Care offers the most advanced technology, 3D mammography and Automated Breast Ultrasound, to help detect cancer in its earliest and most treatable stage.

**Schedule your mammogram today by calling  
1-844-642-CARE (2273).**

Centura Health Breast Care



INSPIRE HEALTH

*We are part of Centura Health, the region's leading health care network.*

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**CENTURA HEALTH BREAST  
CARE CENTERS:**

- \* 84th Avenue Neighborhood Health Center
- \* Avista Adventist Hospital
- \* Longmont United Hospital
- \* St. Anthony Hospital
- \* St. Anthony North Health Campus
- \* St. Anthony Summit Medical Center