



Avista Adventist Hospital's
New Life Education
invites you to a

New Moms' Luncheon

Avista Adventist Hospital



*Bring your baby, meet new
moms and share ideas*

You're invited to a New Moms' Luncheon

Please join Avista's team and other new moms for lunch. Carla Downing, Manager of New Life Education, the Lactation Consultant team and our relationship-based care specialist will be there to answer questions and lead in discussions to help you adjust to life with your little ones.

Wednesday, _____

11 a.m. – 12:45 p.m.

In the Spicer Room at Avista Adventist Hospital

Registration

To register for the luncheon, please e-mail: AAHBirthED@centura.org with the following information:

- your name
- baby's name/birth date
- phone number
- meal preference of meat or vegetarian
- e-mail address

Please RSVP by: _____

Space is limited. Register early.

Questions

For any questions, please call Carla at 303-673-1029.
avistahospital.org/birth-classes

We look forward to seeing you and your baby again!

We are part of Centura Health, the region's leading health care network.

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**Avista
Adventist Hospital**



New Life Education
100 Health Park Drive
Louisville, CO 80027