Meet our providers.



Alison Mall. MD, FACOG

PHILOSOPHY

My top priority for my patients is their health and well-being.

Board Certified – Obstetrics and Gynecology **MEDICAL EDUCATION**

- Medical: University of California at Irvine College of Medicine, Irvine, CA
- Obstetrics and Gynecology Residency: University of Iowa Hospitals and Clinics, Iowa City, IA



MD. FACOG

PHILOSOPHY

I always strive to provide comprehensive and evidence based obstetrical and gynecologic care. My philosophy of care is to treat not only a symptom but also the whole woman.

Board Certified – Obstetrics and Gynecology

- **MEDICAL EDUCATION**
- Medical: Creighton University School of Medicine, Omaha, NE
- OB/GYN Residency: Naval Medical Center, San Diego, CA



F. "Elli" Sundahl, DO, FACOG

PHILOSOPHY

I strive to always provide excellent patientcentered care focused on wellness and evidence-based outcomes.

Board Certified - Obstetrics and Gynecology

MEDICAL EDUCATION

- Medical: Kansas City University of Medicine and Biosciences, Kansas City, MO
- OB-GYN Residency: Naval Medical Center, San Diego, CA



Stephanie Traver BSN. MSN. WHNP-BC

PHILOSOPHY

I respect my patients and believe that listening is an important part of the health care process. Our team works together to help each of our patients find their optimum health and wellness.

MEDICAL EDUCATION

- Medical: Master of Nursing, University of Colorado, Denver, CO
- Bachelors of Science in Nursing: Loma Linda University, Loma Linda, CA



Centura Health Physician Group Women's Health

- 1 CHPG Women's Health Arvada 16280 W. 64th Ave., Arvada, CO 80007
- 2 CHPG Women's Health Church Ranch 7233 Church Ranch Blvd., Westminster, CO 80021
- 3 CHPG Women's Health Erie 611 Mitchell Way, Suite, 103, Erie, CO 80516
- 4 CHPG Women's Health Louisville 80 Health Park Dr., Suite 250, Louisville, CO 80027

Phone: 303-649-3180 | Fax: 303-269-2790

Centura Health Physician Group Women's Health



INSPIRE HEALTH

We are operated by Centura Health Physician Group and are part of Centura Health, the region's leading health care network.

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Centura Health Physician Group Women's Health

Lentura Health.



A trusted partner

for all of your women's health needs

At **CHPG Women's Health**, women of all ages will find expert care for every stage of life. Whether you are planning for an addition to your family, struggling with gynecologic concerns or simply due for a routine health screening, you can rely on our team of board-certified gynecologists and obstetricians. Our team at CHPG Women's Health has more than 30 years of collective experience caring for women and has delivered more than 5,000 babies. Our specialists deliver exclusively at Avista Adventist Hospital's award-winning birth center. This provides our physicians with a close working relationship with the New Life Center team and offers moms-to-be extra comfort and confidence in preparing for childbirth.





We offer the following specialized

services for women:

Wellness

- Cancer screenings
- Health education
- Osteoporosis management
- Preventive care
- Screening and treatment of sexually-transmitted infections
- Well-woman exams

Obstetrics

- Prenatal care
- Infertility
- · High risk pregnancy
- Vaginal and cesarean deliveries
- Postpartum care

Gynecology

- Abnormal bleeding
- Abnormal pap smears
- Contraception
- Endometriosis
- Fibroids
- Hormone replacement therapy
- Menopause and perimenopause
- Ovarian conditions
- Painful periods
- Pelvic pain
- Premenstrual syndrome
- Sexuality concerns
- Urinary incontinence

Surgical care

Our specialists offer women multiple options for surgical treatments, both in the office and in the operating room. Most of these procedures utilize minimally invasive techniques, meaning they are performed using very small incisions, which allows patients to heal faster.