



# Make time for a **loving squeeze**

**February is all about love**, so do something important for those you love by doing something for your health. Schedule a mammogram or as we like to call it a *“loving squeeze”* today.

A mammogram can save your life by detecting cancer in its earliest and most treatable stage.

We offer the most advanced technology – 3D mammography and Automated Breast Ultrasound (ABUS) – to provide you with the most accurate results and peace of mind.

**Schedule your mammogram today by calling 844-642-CARE (2273) or visit [centura.org/mybreasthealth](http://centura.org/mybreasthealth)**

**Centura Health Breast Care – Complete Care for All Your Needs**



**1 in 8  
women**

will be diagnosed  
with breast cancer  
during their lives  
and the risk  
increases with age.

**Centura Health Breast Care**



**INSPIRE HEALTH**

*We are part of Centura Health, the region's leading health care network.*  
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**CENTURA HEALTH BREAST CENTER  
MAMMOGRAPHY LOCATIONS:**

Arvada Neighborhood Health Center  
Avista Adventist Hospital  
84th Avenue Neighborhood Health Center  
Longmont United Hospital  
St. Anthony Hospital  
St. Anthony North Health Campus  
St. Anthony Summit Medical Center