

Centura Health Physician Group Dimensions Pain Management



Physician Referral Information

OUR APPROACH

CHPG Dimensions Pain Management is committed to providing patients relief from debilitating pain that affects their quality of life. Our specialists take a comprehensive and integrated approach to pain management. This means your patient will have a team of physicians, advance practice practitioners, and psychologists working in collaboration with physical therapists and integrative medicine providers to diagnose and determine the best course of treatment. Our emphasis is on treatment of the whole patient. Whether your patient requires an injection, medication management, or therapeutic support — we offer the least invasive and most effective techniques to diagnose and treat painful conditions.

WHAT YOUR PATIENT CAN EXPECT

Our specialists will provide a thorough evaluation and develop an individualized treatment plan for patients suffering with new injuries or chronic conditions. During the initial evaluation, our team will review the patient's medical history and perform a physical exam to help identify the specific cause of their pain. Our specialists will then discuss treatment options and describe the frequency and duration of the proposed care plan. We believe it is important to understand and establish expectations. We will talk with your patient about what they hope to achieve and explain what we expect from them in order to achieve that goal.

OUR MEDICATION PHILOSOPHY

We advocate for comprehensive treatment plans that combine lifestyle coaching, alternative therapies, pain psychology, interventional options, physical therapy, medication management, and more. During the initial visit, we will evaluate the patient's list of medications and provide recommendations. At CHPG Dimensions Pain Management our chief goal is to partner with your patient to find a plan that allows their function to be maximized and medication minimized. We do manage medications long term if this is deemed appropriate after evaluation of history, appropriate screening, and in-person consultation with your patient. Please note, we do not write prescriptions for opioids during the first appointment.

CONDITIONS WE TREAT

CHPG Dimensions Pain Management is willing to evaluate almost any painful condition. Our team is trained to diagnose and manage pain resulting from hundreds of conditions that affect the bones, muscles, joints, and the neurologic system, as well as pain resulting from trauma or surgeries.

TESTS AND TREATMENTS

- | | | |
|---------------------------------------------|------------------------------|----------------------------|
| • Botox | • Kyphoplasty/vertebroplasty | • Radiofrequency ablation |
| • Electromyography/nerve conduction studies | • Medication management | • Spinal cord stimulation |
| • Epidural steroid injections | • Nerve blocks | • Sympathetic blocks |
| • Fluoroscopy guided injections | • Neurolytic blocks | • Trigger point injections |
| • Joint injections | • Osteopathic manipulation | • Ultrasound guided blocks |
| | • Pain psychology | |

As part of the largest health system in the state, CHPG Dimensions Pain Management is able to refer patients to Centura Health's specialized therapy centers and integrative medicine practices in order to provide patients with convenient access to physical and occupational therapy, massage, acupuncture, and other treatments to relieve pain. Because Centura Health is connected by one medical record, we coordinate treatments and oversee a patient's progress.

HOW TO REFER A PATIENT

CHPG Dimensions Pain Management welcomes new patient referrals. We offer consultation services for patients with simple or challenging pain conditions, whether the pain is acute or chronic. We do not accept self-referrals from patients. Please call one of our offices listed below to make a physician-to-physician referral or send your referral through the Epic electronic health record system or by fax. We require medical records, and ask for any previous work-up and physician notes detailing why they are being referred to the pain clinic.

OUR PROMISE TO YOU

We believe the referring physician is an important part of the care team. Whether you refer a patient for a consultation, procedure, or medication management — we will provide you with our notes and details of the proposed treatment plan. If special circumstances arise, we will call the referring physician directly to consult. Our goal is to partner with the referring physicians to provide comprehensive treatment for patients with complex pain and improve their overall health and wellbeing.

OUR TEAM OF PAIN MANAGEMENT SPECIALISTS



**Marchyarn Mahathanaruk, DO
(Dr. March)**

Board-Certified in Anesthesiology and
Interventional Pain Management



Brian McIntyre, DO

Board-Certified in Physical Medicine and
Rehabilitation and Integrative Holistic Medicine



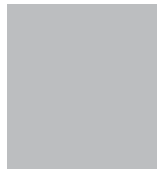
Bryan Wernick, MD

Board-Certified in Anesthesiology and
Interventional Pain Management



E. Whitley Lassen, PsyD

Clinical Psychologist



Dawn Eldridge, ANP

Board-Certified Adult Nurse Practitioner



Susan Miget, FNP

Board-Certified Family Nurse Practitioner



Melissa Smith, FNP

Board-Certified Family Nurse Practitioner



Tina Snyder, FNP

Board-Certified Family Nurse Practitioner

OUR LOCATIONS

Avista Adventist Hospital

80 Health Park Dr., # 270
Louisville, CO 80027

Phone: 303-661-4100

Fax: 303-269-2094

Longmont United Hospital*

2030 Mountain View Ave., # 310
Longmont, CO 80501

Phone: 303-661-4100

Fax: 720-652-8487

**Coming Summer 2018*

St. Anthony Hospital

11700 W. 2nd Pl., # 225
Lakewood, CO 80028

Phone: 303-661-4100

Fax: 720-321-8951

St. Anthony North Health Campus

14300 Orchard Pkwy., Floor 2
Westminster, CO 80023

Phone: 303-661-4100

Fax: 720-627-4232

Centura Health Physician Group
Dimensions Pain Management



dimensionspainmanagement.org

We are operated by Centura Health Physician Group and are part of Centura Health, the region's leading health care leader.

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