

Treatments for Pain

CHPG Dimensions Pain Management offers many safe, proven, and effective treatments that are designed to eliminate or reduce chronic pain. We also provide many treatments that address the physical, mental, and behavioral issues that can result due to ongoing pain.

Here is a list of our most frequently used treatments:

- Botox
- Electromyography/ nerve conduction studies
- Epidural steroid injections
- Fluoroscopy guided injections
- Joint injections
- Medication management
- Nerve blocks
- Neurolytic blocks
- Osteopathic manipulation
- Pain psychology
- Radiofrequency ablation
- Spinal cord stimulation
- Sympathetic blocks
- Trigger point injections
- Ultrasound guided blocks

CHPG Dimensions Pain Management typically requires a referral from a primary care physician or specialist for new patients. If you feel you would benefit from our services, ask your physician for a referral or contact our offices at 303-661-4100 and we may be able to assist you in obtaining a referral from your provider.

Meet Our Expert Team



Marchyarn Mahathanaruk, DO (Dr. March)

Board-Certified in Anesthesiology and Interventional Pain Management



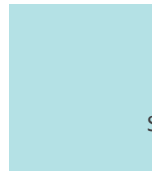
Brian McIntyre, DO

Board-Certified in Physical Medicine and Rehabilitation and Integrative Holistic Medicine



Bryan Wernick, MD

Board-Certified in Anesthesiology and Interventional Pain Management



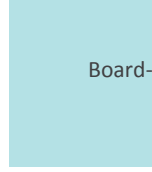
E. Whitley Lassen, PsyD

Clinical Psychologist
Doctorate (PsyD) and Master of Science Degree, Clinical Psychology



Dawn Eldridge, DNP, ANP

Board-Certified Adult Nurse Practitioner
Doctor of Nursing Practice



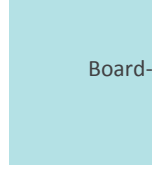
Susan Miget, FNP

Board-Certified Family Nurse Practitioner
Master of Science in Nursing



Melissa Smith, FNP

Board-Certified Family Nurse Practitioner
Master of Science in Nursing



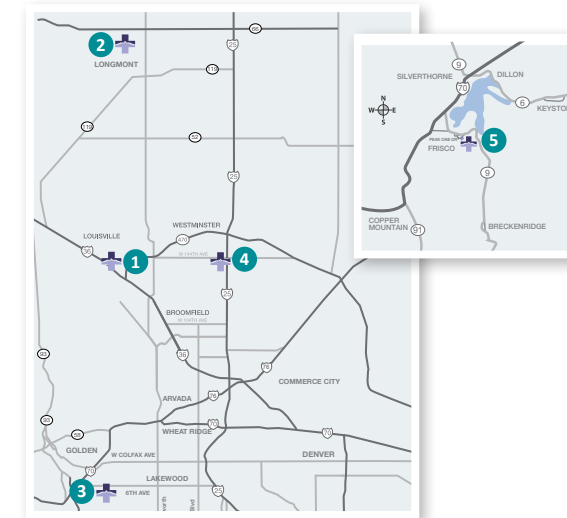
Tina Snyder, FNP

Board-Certified Family Nurse Practitioner
Master of Science in Nursing



Our locations

- 1 Avista Adventist Hospital**
80 Health Park Drive, Suite 270
Louisville, CO 80027
- 2 Longmont United Hospital (Coming Summer 2018)**
2030 Mountain View Avenue, Suite 310
Longmont, CO 80501
- 3 St. Anthony Hospital**
11700 West 2nd Place, Suite 225
Lakewood, CO 80028
- 4 St. Anthony North Health Campus**
14300 Orchard Parkway, Floor 2
Westminster, CO 80023
- 5 St. Anthony Summit Medical Center (Coming Summer 2018)**
360 Peak One Drive, Suite 300
Frisco, CO 80443



Phone: 303-661-4100 | Fax: 720-321-8969
dimensionspainmanagement.org

Centura Health Physician Group Dimensions Pain Management

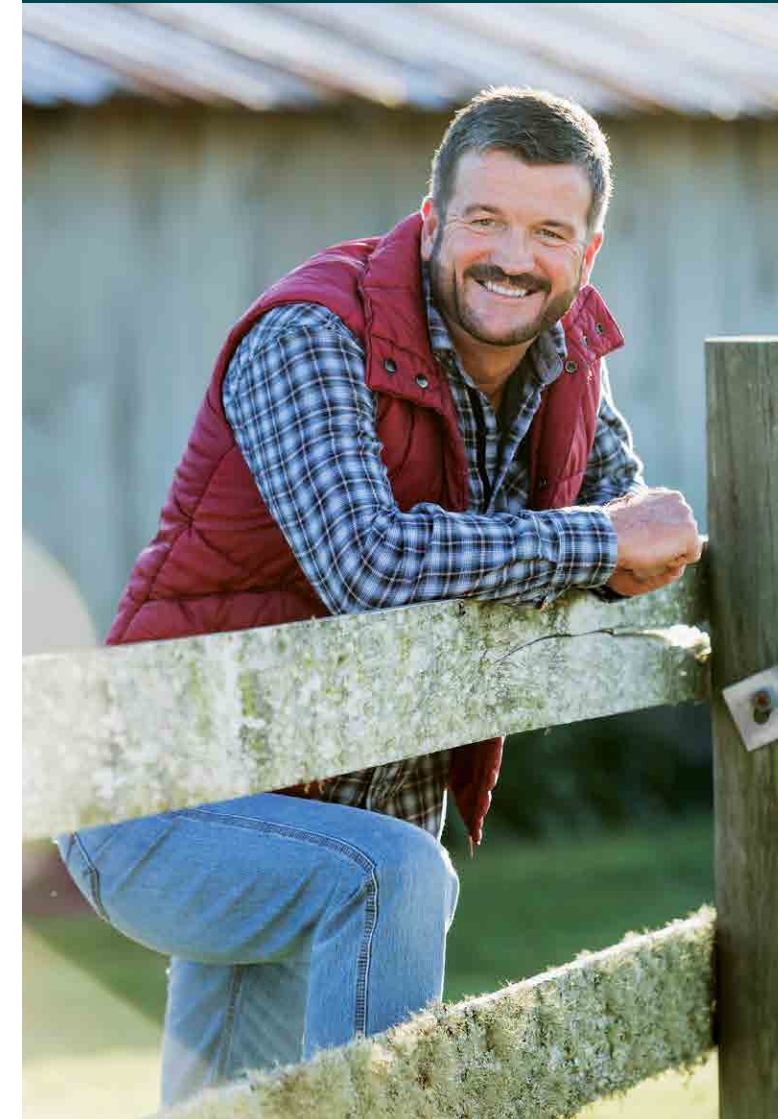


We are operated by Centura Health Physician Group and are part of Centura Health, the region's leading health care leader.

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04/2018

Addressing your pain from every angle



Centura Health Physician Group Dimensions Pain Management



Feel Whole Again

Whether your symptoms are new, longstanding, moderate or making day-to-day life a misery — we can help. CHPG Dimensions Pain Management offers a multitude of treatments, ranging from minimally invasive to the most advanced techniques, to manage your pain at the source.

Our comprehensive approach to pain can help you find the relief you need to get back to living your life. Our specialists use the least invasive and most effective techniques to treat painful conditions — often with fewer side effects, less risk of complications, and less reliance on medications.



What is Pain Management?

Pain management providers are specialists with extensive training and experience in diagnosing and treating different types of acute and chronic pain. Our board-certified physicians completed residency training in anesthesiology or physical medicine and rehabilitation, and then pursued additional fellowship training to specialize in pain management. Pain management specialists offer advanced treatments for managing pain that other providers without this specialized training typically do not. Our specialists will work with you to create a custom pain treatment plan for your unique condition.



Conditions We Treat

We treat all types of chronic and acute pain. At CHPG Dimensions Pain Management, we focus on finding the underlying cause of your pain rather than just treating the symptoms of your pain. Our pain specialists are trained to diagnose and manage pain resulting from hundreds of conditions that affect the bones, muscles, joints, and the neurologic system, as well as pain resulting from trauma or surgeries. We have been successful in caring for thousands of patients with challenging conditions, including:

- Back, spine, and neck pain
- Foot and ankle pain
- Headaches and migraines
- Joint pain – hip, knee, and shoulder
- Muscle pain
- Nerve pain
- Painful conditions such as cancer, diabetes, fibromyalgia

Note: For a detailed list of conditions we treat, visit [dimensionspainmanagement.org](https://www.dimensionspainmanagement.org)

A Comprehensive and Integrated Approach to Pain Management

CHPG Dimensions Pain Management takes a comprehensive approach to pain management. This means you will have a team of physicians, advance practice practitioners, and psychologists working in collaboration with physical therapists and integrative medicine providers to diagnose and determine the best course of treatment. Our pain management providers know that pain impacts each person in a unique way and that it affects all aspects of your life. Our goal is to work with you as an individual, to manage your pain and minimize its effect on your life, so you can do more of the things that make life meaningful and enjoyable.

Coordinated Care for Whole Health

As part of the largest health care system in the state, CHPG Dimensions Pain Management is able to refer patients to Centura Health's specialized therapy centers and integrative medicine practices in order to provide you with convenient access to physical and occupational therapy, massage, acupuncture, and other treatments to relieve pain. Because Centura Health is connected by one medical record, we are able to coordinate treatments and oversee your progress.

Medication Management

We advocate for comprehensive treatment plans that combine lifestyle coaching, alternative therapies, pain psychology, interventional options, physical therapy, medication management, and more. During the initial visit, we will evaluate your current list of medications and provide recommendations. At CHPG Dimensions Pain Management our chief goal is to partner with you to find a plan that allows your function to be maximized and medication minimized. We do manage medications long term if this is deemed appropriate after evaluation of history, appropriate screening, and in-person consultation.

Please note, we do not write prescriptions for opioids during the first appointment.