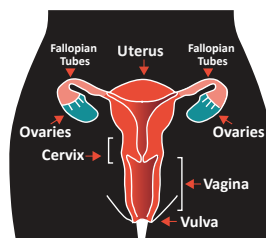


The Reproductive Cancers that “Whisper” Are You Listening?



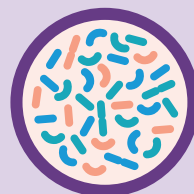
More than 91,000 women are diagnosed with a gynecologic cancer every year in the United States.

If you are a woman, you are at risk for gynecologic cancers, and your risk will increase as you age. Your best defense against these types of cancers is regular screenings. Screenings can help detect certain gynecological cancers in their earlier stages and increase the likelihood of successful treatment.

What Are Gynecologic Cancers?

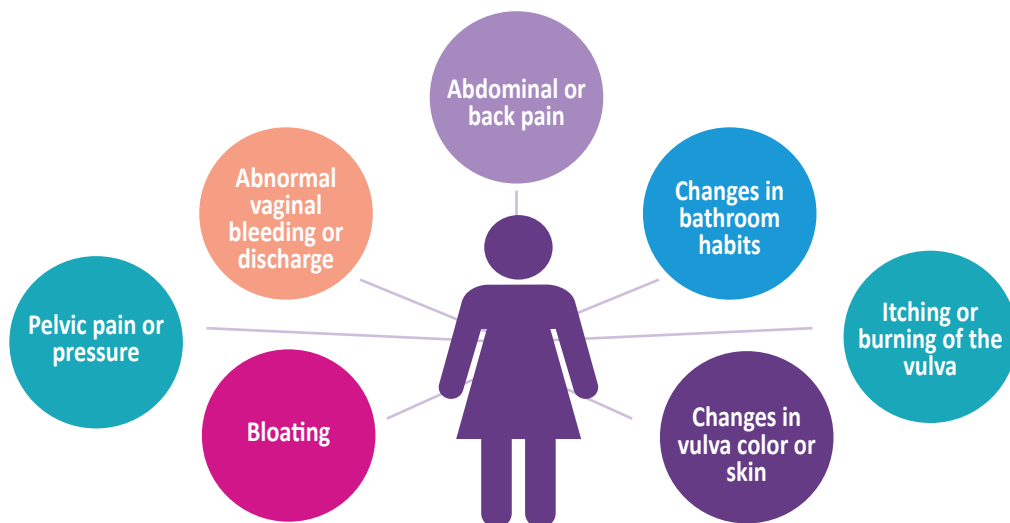
Gynecologic cancers are the uncontrolled growth and spread of abnormal cells that occur in a woman's reproductive system.

The five main types of gynecologic cancer are ovarian, uterine, cervical, vaginal and vulvar.



7 Symptoms to Watch For

Not all women with gynecologic cancer have the same symptoms and sometimes symptoms can be hard to recognize. Schedule an appointment to see your doctor **if you experience any of the following symptoms for two weeks or longer.**



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Prevention and Detection

Know Your Body –

Symptoms of gynecologic cancer can be difficult to recognize. Talk to your doctor if you have symptoms that last for two weeks or longer.



Protect Yourself from HPV –

Ask your doctor about the human papillomavirus (HPV) test and vaccine. There are more than 100 types of HPV and at least 13 are known to cause cancer.



Get Regular Pap Tests –

All women aged 21 – 65 should get regular pap tests as directed by their doctor. This simple screening is one of the most reliable and effective tests to screen for cancer.



Make Healthy Lifestyle Choices – Eat a nutritious diet, maintain a healthy weight, get regular exercise and avoid smoking.

Gynecologic Cancers by the Numbers

Uterine	52,000
Ovarian	22,000
Cervical	12,000
Vulvar	5,000
Vaginal	3,000

Risk Factors

- A family history of breast, ovarian or colon cancer
- A diagnosis of other cancers
- Being a post-menopausal woman
- Being overweight
- Beginning menstruation at an early age
- Never having been pregnant
- Experiencing endometrial hyperplasia and cervical dysplasia

The Importance of a Gynecologic Oncologist

Gynecologic cancers are complex and often involve surgery, chemotherapy and radiation. Any woman with a known or suspected gynecologic cancer should see a gynecologic oncologist from the start. Multiple studies show there are **significant survival advantages for women who are managed, operated on and treated by a gynecologic oncologist.**



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