

Avista Pelvic Health Center

Physician Information

Our Approach

The Avista Pelvic Health Center is committed to providing patients relief from pelvic floor disorders that affect their quality of life. Our specialists take a collaborative approach with care. This means your patient will have a team of physicians and doctors of physical therapy working together to diagnose and determine the best course of treatment. Whether your patient requires surgery, a minimally invasive procedure or physical therapy — we offer the best practices based on proven medicine.

What Your Patient Can Expect

A patient can expect an appointment at the Avista Pelvic Health Center within one week of your referral. If your patient needs to receive care sooner, accommodations can be made. During the initial consult, we will carefully review your patient's medical history and perform a physical examination. Additional tests may be necessary. We will then build a personalized treatment plan that we will share with both you and the patient. We also have a concierge to guide your patient through their pelvic health care. As specialists, we understand pelvic floor disorders may be difficult to talk about; however, your patients will be treated with compassion and dignity as we work to obtain the best medical outcome.

Conditions We Treat

- Coccydynia
- Constipation
- Diastasis recti
- Dyspareunia
- Fecal incontinence
- Genitourinary fistula
- Interstitial cystitis
- Overactive bladder
- Pelvic organ prolapse
- Pelvic pain
- Pregnancy and post-partum pain
- Pudendal neuralgia
- Recurrent urinary tract infections
- Stress and urgency urinary incontinence
- Urethral diverticulum
- Urgency urinary incontinence
- Urinary retention
- Vaginal tears - childbirth
- Vaginismus
- Vulvodynia

Tests and Treatments

- Botox bladder injections
 - Colpocleisis
 - Cystoscopy (in office)
 - Periurethral bulking
 - Pessary
 - Pubovaginal, urethral and mid urethral slings
 - Sacral neuromodulation (Interstim)
 - Sacrocolpopexy
 - Surgery to remove vaginal mesh
 - Urethral diverticulectomy
 - Urethropexy
 - Urodynamics testing
 - Vaginal native tissue repair
- #### Therapy Techniques
- Biofeedback
 - Pilates
 - Manual physical therapy
 - Neuromuscular reeducation
 - Trigger point dry needling
 - Therapeutic exercise
 - Therapeutic neuroscience education

Avista Pelvic
Health Center



INSPIRE HEALTH

www.avistahospital.org/pelvichealth

We are part of Centura Health, the region's leading health care network.

Centura Health does not discriminate against any person on the basis of race, color, national origin, disability, age, sex, religion, creed, ancestry, sexual orientation, and marital status in admission, treatment, or participation in its programs, services and activities, or in employment. For further information about this policy contact Centura Health's Office of the General Counsel at 303-804-8166. Copyright©Centura Health 2017

Avista Pelvic Health Center

Physician Information

How to Refer a Patient

Please complete the Avista Pelvic Health Center Referral Form and fax a copy of it to **303-925-4021**. Give the patient the original form along with an Avista Pelvic Health Center patient brochure. Please call our office directly to make a physician-to-physician referral at **303-925-4038** or **1-855-236-8872** or send us your orders in your usual method.

Our Promise to You

We believe the referring physician is an important part of the care team. Whether you refer a patient for a test, consultation, therapy or procedure - we will provide you with prompt results and welcome your participation in the proposed treatment plan. We will also send you a summary of the diagnoses, evaluations and treatments your patient received.

Our Team of Providers



- **Urogynecologist**

John S. Joyce, MD, MS, FACOG

Dr. John Joyce is a fellowship trained urogynecologist. He completed his Female Pelvic Medicine and Reconstructive Surgery fellowship at the Texas A&M Health Science Center College of Medicine in Temple, Texas. Dr. Joyce earned his medical degree from the University of North Dakota School of Medicine and Health Sciences. After graduation he completed his obstetrics and gynecology residency at the St. Louis University School of Medicine.



- **Physical Therapy**

Kim Belz, PT, DPT, CLT

Kim Belz is a women's health and lymphedema physical therapist. Belz earned her Doctor of Physical Therapy at Duke University School of Medicine in Durham, NC and her Bachelor of Science in Exercise Physiology at Ohio University, in Athens, OH.

- **Our Team also includes:**

urologists, gastroenterologists, nutritional counselors, surgeons specializing in colorectal procedures and a concierge.

Phone: 303-925-4038 or 1-855-236-8872

Fax: 303-925-4021

Avista Pelvic
Health Center



INSPIRE HEALTH

100 Health Park Drive
Louisville, CO 80027

7233 Church Ranch Blvd
Westminster, CO 80021

303-925-4038 or 1-855-236-8872
www.avistahospital.org/pelvichealth

