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FLYING THE FLAG

Yes, it's that time of year again! The UK's Eurovision entry Jade Ewen tells us why it won't be nul points for her...

HD LIVE EUROVISION SONG CONTEST FINAL 2009
Sat 16, 8pm / BBC ONE/BBC HD (101/143)

Are you excited about going to Moscow for the final? Very! But I'm also starting to get really nervous.
Do you like your song, My Time? Oh, yes. The more I sing it, the more I love it!
It was composed by Sir Andrew Lloyd Webber - what's he like to work with? It's been great. He's so supportive and wants to get the best out of me.
You've been touring Europe to promote the song. Any funny stories? In Malta, a guy in the audience - who looked about 50 - started crying his eyes out!

What will you be wearing on the night? We've had offers from designers such as Jean Paul Gaultier, but it'd be nice to wear an outfit by a British designer.
What are you most nervous about? Being in heels. I don't want to trip over!
What's your favourite Eurovision song? Céline Dion's *Ne Partez Pas Sans Moi* from Eurovision 1988. She's amazing. Her whole journey is really inspiring. I'd love to have a career like hers.
Have you heard any of your competitors' songs? Quite a few, actually. My main



competition could be the Ukraine.
The contest has a worldwide audience of about 600million - does that scare you? It gets to a point where you can't imagine the number of viewers. I think I'll probably go into a state of shock! I'm hoping I can just relax and concentrate on singing the song.
The show will be broadcast in HD, how do you feel about that? When you're trying to get those notes out, you pull some really weird faces. I'll have to ask them to slap on loads of make-up!

■ **START YOUR EUROVISION PARTY EARLY WITH A WEEK OF THE BEST EVER ENTRIES ON EUROVISION WEEK, STARTS SUN 10, DAILY FROM 9AM, MUSIC CHOICE'S FREEDOM CHANNEL (395)**

	SKY+HD
SAT 16	HD LIVE LIVE FORD FOOTBALL SPECIAL: MANCHESTER UNITED v ARSENAL 12noon / SKY SPORTS HD1 (408) A titanic clash in this season's title race.
SUN 17	HD FINALE LOST 9pm / SKY1 HD (170) Don't miss the feature-length finish to a fast-paced series. Wish we could move through time like the Island so we could watch Season Six right now...
MON 18	HD FINALE PRISON BREAK 10pm / SKY1 HD (170)
TUE 19	HD ROAD WARS 10pm / SKY1 HD (170) Ah, so now we know who bumped our car in Tesco's car park and drove off... it was this useless lot. Fasten your seatbelt for more driving mayhem.
WED 20	HD DESPERATE HOUSEWIVES 10pm / CHANNEL 4 HD (140) We'll be mostly using the improved picture quality to ignore the plot and ogle the returning Jesse Metcalfe. Cor!
THU 21	HD WEIRD CREATURES WITH NICK BAKER 9pm / DISCOVERY HD (536) Nick heads to darkest Peru in search of a blood-guzzling vampire fish. Yuck - rather you than us, sucker!
FRI 22	HD NEW SERIES HAY-ON-SKY 7pm / SKY ARTS 1 HD (258) Brecon Beacons National Park is the setting for great things literary. In HD, you might be able to read the print over their shoulders!

HD Moment!

NEW SERIES DOLLHOUSE Tue 19, 9pm / SCI FI HD (214)
The sickeningly gorgeous Eliza Dushku bursts into action in a brilliant new sci-fi drama.

ENTERTAINMENT	DRAMA	COMEDY	DOCUMENTARY	LIFESTYLE
SKY ARTS GETS THE BLUES From 8pm / SKY ARTS 1 (256) There's nothing downhearted about this celebration of blues music, featuring Clint Eastwood, Martin Scorsese and Bill Wyman.	PRIMEVAL See Sky guide / ITV1 (103) As the new third series continues apace, the hip young kids are chased around by a pair of angry dinosaurs. Sounds like an episode of <i>Trinny & Susannah!</i>	EDINBURGH & BEYOND 10pm / COMEDY CENTRAL (126)	NEW CROCODILE BLUES 9pm / ANIMAL PLANET (525) While we'd like to see reptiles playing depressing music on the harmonica, it's actually a look at two rare species of croc.	X-WEIGHTED 9pm / SKY REAL LIVES (243) A chance to see this season of compelling weight-loss stories from the very start. Fitness guru Paul helps a woman whose weight is threatening her marriage.
GUINNESS WORLD RECORDS SMASHED 7pm / SKY1/HD (106/170) More record attempts, including, it seems, the most girls ever to try and get close to host Steve Jones!	MOVIE ALONG CAME A SPIDER 9pm / WATCH (109) Don't let star Morgan Freeman's dulcet tones mislead you - this tense thriller sees a cop drawn into the case of a kidnapped girl.	LAST OF THE SUMMER WINE WEEKEND From 1pm / GOLD (110) You'll want to go down a hill in a bathtub after this! Laughs compared to inmates at London's Fleet Prison in the 18th Century.	NEW HISTORY'S TOUGHEST PRISON 9pm / NATIONAL GEOGRAPHIC CHANNEL (526) <i>Prison Break's</i> Michael had it easy compared to inmates at London's Fleet Prison in the 18th Century.	HD KIM WOODBURN'S RUDE AWAKENING 7.30pm / SKY REAL LIVES 2/HD (245/278) Kim's back for a second series and she's declared war on dirt and the stobish.
BRITAIN'S NEXT TOP MODEL 9pm / LIVING (112) Wow, they should rename this <i>Britain's Next Strap Model</i> - what divas! As ever, Lisa Snowdon provides the calming influence among the cat-fights.	DOCTORS 1.45pm / BBC ONE (101) For all you soap anoraks out there - see that new girl who's joining the cast of <i>Doctors</i> today? Well, in real life she's the little sister of Katherine Kelly - Becky in <i>Corrie!</i>	RULES OF ENGAGEMENT 10pm / COMEDY CENTRAL (126) See new episodes of the US sitcom every Monday. We reckon Goldie Hawn is dead proud of her son Oliver's work on this show.	WHY I RAN 9pm / CRIME & INVESTIGATION NETWORK (553) Cops catch the crims who tried to flee - and get the fugitives to tell the cameras why they did it. Now this we have to see...	NEW SERIES SOPHIE IN THE SOUK 9pm / TRAVEL CHANNEL (251) Sophie Grigson and her Moroccan pal Khalil Abdesslem head for his homeland to sample ingredients that inspire the country's cuisine.
THE REAL HOUSEWIVES OF ATLANTA 8pm / DVA TV (269) The second season of this fly-on-the-wall-of-the-filthy-rich series continues - what have the wealthy ladies found to whinge about now?	HOLBY CITY 8pm / BBC ONE (101) As if job interviews aren't nerve-wracking enough, Maddy has to deal with a knife-wielding maniac as she prepares for hers. Surely, that's worth a promotion?	MY FAMILY 7.40pm / GOLD (110) OK, so it doesn't challenge any comedy conventions, but it's still one durable laughter machine! Episodes from Season Eight (yes, eight!) continue every day.	MEDICAL EMERGENCY 7.30pm / SKY REAL LIVES (243) If you've been captivated by the new series of <i>The Real A&E</i> on Sky1 then catch this doc about life in an Australian emergency room.	WHEELER DEALERS 9pm / DISCOVERY REAL TIME (240)
THE ELLEN DEGENERES SHOW 3pm & 10pm / DVA TV (269) If you're out and about, set your Sky+ to record a whole host of celeb action fresh from the States. Today, Ellen interviews David Arquette.	GOSSIP GIRL 9pm / ITV2 (118) Chuck wakes up in a hotel room and has no recollection of the night before, so Nate and Vanessa try to help him remember. Maybe it'd be better if he didn't find out!	MALCOLM IN THE MIDDLE 4pm / SKY1 (106) You can't go wrong with back-to-back Malcolm - including the one with Lois' parents making a surprise visit. They don't make 'em like this any more!	HD A GLOBAL WARNING 9pm / HISTORY HD (545) Another chance to see the climate debate - would Earth warm up as a natural process, regardless of human activity?	WHAT NOT TO WEAR 7pm / REALLY (248) Feisty new channel aimed at you ladies serves up the fashion show every day. Mica Paris and Lisa Butcher come to the aid of those who got dressed in the dark.
STEPHEN FRY IN AMERICA 9pm / DAVE (111) Another chance to see Stephen's trip across the US of A in a London cab. We'd be surprised if his vehicle lets him go south of any river, though!	GREY'S ANATOMY 10pm / LIVING (112)	HORRIBLE HISTORIES See Sky guide / BBC ONE (101) Meera Syal stars in a fiendish TV version of the entertaining history books for kids. Sketches a court jester would've been chuffed with!	HOSPITAL: SYDNEY 9pm / DISCOVERY HOME & HEALTH (254) This fly-on-the-wall series focuses on tales of hope and humour from daily life at Royal Prince Alfred Hospital in Oz.	RACHEL ZOE 10pm / REALLY (248) The fashionista to the stars sneaks us into top fashion shows and parties, and gives top advice. Be prepared to exist on canapes and champagne, though...
FINALE DANCING WITH THE STARS 9pm / WATCH (109)	NUMB3RS 10pm / FIVE (105) Mathematical geniuses bust more crime in the new fifth series of the slick US crime drama. So, that's what our Carol Vorderman's been doing since she left <i>Countdown!</i>	SOUTH PARK 10pm / COMEDY CENTRAL (126) Swaaaaa! More morally dubious mirth from Seasons 12 and 13 of the animated comedy. Respect their 'authoritah' and tune in!	STEALTH: FLYING INVISIBLE 9pm / HISTORY (529) Any idea how those undetectable stealth planes work? Nope, us neither, but there's probably more to it than twigs and leaves over the bodywork!	STYLE HER FAMOUS 6.30pm / THE STYLE NETWORK (276) Another lady gets a new wardrobe. Tonight's look is inspired by Reese Witherspoon - not her look from <i>Legally Blonde</i> , we hasten to add!

DID YOU KNOW?

- An adult cheetah has a top speed of approx 70mph and can go from standstill to 50mph in 3 seconds.
- The cheetah is the only one of the big cats that can purr.
- They were trained by man to hunt as long ago as 3000 BC.

CHEETAHS - TOKI'S TALE Mon 18, 9pm / EDEN (532)

STOP PRESS!
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THIS WEEK ON SKY MOVIES

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- HD 27 DRESSES Sat 16, 9pm** / SKY MOVIES PREMIERE/HD (301/313)
- HD WANTED (left) Wed 20, 10pm** / SKY MOVIES PREMIERE/HD (301/313)
- HD FORGETTING SARAH MARSHALL Fri 22, 2.30pm & 9.30pm** / SKY MOVIES COMEDY/HD (303/334)