

I lost 3st and was mistaken for husband's new woman!



Before...Andrea weighed 14 stone

A WIFE lost so much weight that her husband's workmates thought he had brought a lover to their Christmas party.

Andrea Lindsay, 43, shed three stone and dropped four dress sizes in six months.

She then dyed her blonde locks dark brown to complete a transformation that fooled her husband's colleagues into thinking he had left his wife.

Bank worker Andrea went from a size 18 to a svelte 10-12 by hypnotising herself every day with a £4.99 mobile phone app.

The mother-of-one received the ultimate compliment when her 45-year-old husband Rob's workmates sent her to Coventry.

Ignored

Andrea, of Prescot, Merseyside, said yesterday: "After losing the weight and dying my hair, they just didn't recognise me and thought that Rob had brought another woman.

"A couple we knew walked in so I waved and said hello to them but they seemed really off with me.

"I thought they must have had an argument or something but we found out later that they didn't recognise me - they thought Rob had traded me in for a newer model. They had no idea who I was and had asked

By **Laura Holland**

their friends where Andrea from last year was and why I wasn't with Rob.

"People I have known for years have walked past me in the street and ignored me. I didn't think I looked that different."

Andrea hit her target weight in December - around 10-and-a-half stone down from 14 stone.

She said she tried every diet since her early teens when she reached size 16-18.

Then last year she started using Easyloss Virtual Gastric Band app, which is designed to teach people common sense and eat only when they are hungry.

Andrea said: "As far back as I can remember, I have been overweight. Diets never worked. I would stick at it for a few weeks then just lose interest. There were too many rules.

"I always said I never wanted to be fat and 40 but I got to 43 and was still fat.

"It wasn't until I started hot yoga that I realised I was dissatisfied with myself, so I looked for something to help me relax."

Andrea is now getting ready for a holiday in Mexico and can't wait to show off her new bikini body on the beach.

She said "I've spent £700 on a new wardrobe. I can't believe now that I was ever that big."



After... Andrea transformed by weight loss and hair dye

CCTV traps hair in food scam diner

A DINER has been convicted of fraud after plucking a child's hair, putting it in her food and complaining - just to get a free meal.

Louise Smith, 38, was with the girl and a man in the Crown and Thistle pub near Carlisle last May when she angrily complained to staff.

Carlisle magistrates heard this week that in reality Smith did not have the money to pay.

And when staff examined their CCTV, they saw her standing over the child and pulling out hairs.

Smith, of Eastriggs, near Annan, denied fraud in February but failed to attend court this week and was convicted in her absence. An arrest warrant has been issued and Cumbria Police have appealed to her to hand herself in.

A statement from the pub said: "This was not a straight forward matter and that as well as being a fraudulent act, the welfare of a child was a concern, something our own CCTV coverage corroborated. For this reason the incident was referred to the police."

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None of us likes to think about a time in life when we're no longer able to make our own decisions. But should that moment come, it'll affect every part of your life - from your home to your finances to your medical care. And if you haven't made the right preparations, it's your family and friends who'll be left to sort everything out, as they try to take best care of you.

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Seven straightforward steps

According to Which? Legal setting up a Power of Attorney whilst you're still capable can be straightforward and cheap. To guide you through the process, they've identified seven steps you'll need to take. From completing the paperwork to registering the Power of Attorney and informing your bank, the seven steps are outlined in this FREE 20 page guide. Setting one up is a small investment in time and money that could save your family months of heartache.

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