



# Lovely shock...soldier returns to find wife's lost 3st in two months

By Jan Disley

A SOLDIER whose wife secretly lost nearly three stone, said yesterday: "I left behind Ugly Betty and came home to Cinderella."

Tracey Desmond, 35, was determined to beat the bulge while husband Jason was away on a tour of the Falklands.

She went on a diet using hypnosis and shed 38lb in two months, dropping from a dress size 22 to a svelte 12.

She kept her changing figure under wraps during video chats by making sure Jason, a corporal in the Royal Logistics Corps, could not see her properly.

Tracey, of Abingdon, Oxfordshire, said: "I decided after Christmas I needed to do something."

## Inspiration

"It was getting ridiculous. The weight just seemed to creep up on me and I couldn't believe I was a size 20 and more."

"I wanted to keep the surprise factor so I made sure Jay couldn't see me when we Skyped."

She had heard of people using hypnosis to stop smoking so used an equivalent dieting app she discovered online, called Easyloss.

Tracey said: "I started at the beginning of January and the weight just seemed to drop off."

"When Jay walked through the door and saw me there was this look of shock on his face."

Jason, 42, said: "I felt like I had



Tracey before her diet and, right, transformed with husband Jason

left behind Ugly Betty and came home to Cinderella.

"Nothing Tracey has tried before has ever really worked so I was shocked that this worked so well."

Sue Peckham, co-founder of Easyloss, said: "Tracey is an absolute inspiration."



# Claudia police 'closing in on killer'

By Paul Jeeves

POLICE believe new leads will close the net on the killer of missing chef Claudia Lawrence, who was last seen six years ago today.

The officer in charge of the case, Detective Superintendent Dai Malyn, said his team has made "significant progress" and further arrests are expected.

He warned a number of people who have not yet revealed information about a

relationship with Claudia or events leading up to her disappearance to come forward or risk arrest.

Detectives believe a secret sex life is at the heart of the mystery and that her killer was probably a married lover.

Dramatic new information is expected to be released by police tonight. Mr Malyn said: "In the light of information

that only recently came to the fore, we are actively pursuing new leads."

York University chef Claudia, 35, was last seen on Wednesday March 18, 2009. She was reported missing by her father on Friday March 20.

Several new searches have been carried out since North Yorkshire Police began reviewing the case in 2013.

They include a detailed re-examination of Claudia's

house in the Heworth area of York and a fingertip search of an alleyway leading from the back of the terraced cottage.

Mr Malyn believes the alleyway has "potential significance".

A 60-year-old man was arrested last year on suspicion of murder but was released without charge. A 47-year-old man remains on police bail on suspicion of perverting the course of justice.