

Conquer Chiari

- non-profit organization dedicated to improving the experiences and outcomes of Chiari and syringomyelia patients through education, awareness, and research

Our Mission

- We want to educate students at ESU and people in the Stroudsburg Area about Chiari Malformation

For More Information

- www.conquerchiari.org
- www.esu.edu
- www.chiari-research.org/



Walkathon for Chiari Awareness





Dr. Wisoff in the Keystone Room

Dr. Jeffrey Wisoff is the Director of the Division of Pediatric neurosurgery, and Professor of Neurosurgery and Pediatrics at the New York University Medical Center. He will be coming to ESU to speak about Chiari and neurosurgery and pediatric neurosurgery.

Invitations will be sent to the Nursing program and the Pocono Medical Center Staff. However, his lecture is open to anyone.

The lecture will be held in Keystone Room at East Stroudsburg University and it will start at 12pm.

After the lecture, Dr. Wisoff will hold a question and answer session.



Awareness Walk

After the lecture, the Nursing students will host a Chiari Awareness Walk. The walk will begin around 2pm. The walk is open to everyone and we encourage people to donate to Conquer Chiari.

There will be light refreshments. Before and after the walk there will be representatives from Conquer Chiari selling merchandise. A percentage will go toward Chiari Awareness.

Chiari Malformation

- First described by a physician in 1883
- Described as cerebellar tonsils descending more than three to five millimeters out of the skull
- About 1 in 1,000 Americans are afflicted with Chiari
- Often times misdiagnosed as Multiple Sclerosis
- Chiari is subdivided into five types based on symptoms and severity
- Some symptoms are neck pain, unsteady gait (problems with balance), poor hand coordination (fine motor skills), numbness and tingling of the hands and feet, dizziness, difficulty swallowing, sometimes accompanied by gagging, choking and vomiting, vision problems (blurred or double vision), speech problems, such as hoarseness