

Food for Thought

This Foodie and Fitness Feen Has All the Newport Know-How

Newport Beach



FAVORITE FOODIE FEEDS:

@dinenewportbeach
@foodieoc
@occomestibles

CULINARY HEAVEN

There are **400+** restaurants in the Newport Beach Restaurant Association (NBRA), so there is never a reason to not dine in Newport Beach! Our incredible city satisfies every palate.

"I love that no matter where you dine in Newport Beach, you are bound to see a familiar face!"

VISIT NEWPORT BEACH

www.visitnewportbeach.com
@visitnewportbeach

Photoshoot Location:

OLEA
2001 Westcliff Dr
Newport Beach, CA 92660
949.287.6807
www.oleanewportbeach.com

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RESIDENT OF:
Costa Mesa



LOCAL LIVING: I've lived in Costa Mesa for 6 years, but I grew up in Huntington Beach (Go Chargers!).



HEART AND CRAFT

→ You're in for an aromatic treat at Olea, as their open kitchen gives you all the sensations. I prefer to sit at their stunning bar and order a Rich Girl cocktail and the crispy Meyer lemon & honey duck wings (fun fact - it takes three days to prepare the duck wings).
www.oleanewportbeach.com



EASY LIKE A SUNDAY MORNING

→ My ideal way to spend a Sunday morning is to go to church with my husband and then cruise over to Haute Cakes Caffe for brunch. The line is usually lengthy, but so worth the wait! My preferred dish is Pierre's Scramble with two eggs, asparagus, caramelized onions, tomatoes, goat cheese, toast and potatoes. We order two lattes on the side with a large orange juice.
www.hautecakes.cafe



ROLL THIS WAY

→ Buddha's Favorite is undoubtedly a hidden gem and one of my favorite spots for a date night. The atmosphere is casual, but romantic, and offers waterfront dining with an outside patio facing the gorgeous bay. Sit at the sushi bar and ask for Chef Hiroshi. He makes exceptional sushi rolls (Beagle Roll—yum!) and will also keep you entertained.
www.buddhasfavorite.com/sushibar



MADE IN MOULIN

→ Skip the 11-hour flight and experience France in Newport Beach! Laurent, Moulin's owner, is one-of-a-kind and so enthusiastic. You certainly feel like you're in Europe when soaking up the Moulin ambiance. You won't be dissatisfied, and you must try their delectable desserts. Bon appétit!
www.moulin.com



TAKE A TRIP TO MEXICO

→ The last meal I've eaten was at Javier's for my husband's birthday! Javier's is packed on the weekends, and unfortunately, they don't take reservations for two. My tip for you is head to the back outside patio and sit at one of the high-top tables alongside the glass window. The high tops are first come, first served, so you might get lucky on a lively night. ■
www.javiers-cantina.com/newport-beach