

Pregnancy Over 35: How Donor Egg IVF Helps

Many women have dreamt all their lives of having the perfect family. Becoming pregnant and joining others in motherhood, however, can prove challenging for those in their mid-thirties. For couples whose dreams are dashed by infertility, the prospect of not creating a family can be extremely upsetting - particularly for those who have unsuccessfully undergone traditional IVF with their own eggs.

Fortunately, there is still hope.

Egg related infertility can be combatted by in vitro fertilization with frozen donor eggs from [Donoreggbankusa.com](https://donoreggbankusa.com), a proven and highly successful infertility solution for many women.

Egg related infertility is not uncommon

You may ask yourself the question “why me?” but you are not alone.

Infertility is extremely common, especially over the age of 35. The average 25-year-old woman has a 25% chance of becoming pregnant each month, decreasing to only 5% by the age of 40. As you age, the quality and quantity of your viable eggs naturally decreases. It can provide some comfort to know the [complexity of reproduction](#). If you experience feelings of inadequacy upon discovering your eggs are not sufficient for conception, remember you are amongst many other women who are in the same position.

A whirlwind of emotions

Coming to terms with the idea of not being genetically connected to your child can cause some women immense grief. Not being able to create the family you’ve always wanted may make you feel like a failure, and can prove deeply traumatic for some couples. Donor egg IVF provides hope that the dream of carrying and giving birth to your own child is still within reach, and also provides consolation to couples that the father still makes a genetic contribution. It is not an easy process to go through; the prospect can be daunting, causing overwhelming feelings of anxiety and doubt. Fortunately, there is ongoing support from well trained counsellors to help guide you and soothe your worries.

Selecting your egg donor

Once you have made the brave decision to go ahead with donor egg IVF, the first stage of the process is to enroll in a program. Once registered, you may browse their database of egg donors. Choosing your perfect donor is a very significant part of the process, and may require some time and thought. All donors undergo a rigorous screening process and medical evaluation to ensure they are suitable candidates, to alleviate you of that worry.

Donor profiles contain all the important information you might want to know, including: education and employment history, family medical history, an overview of the donor’s achievements and personality, as well as photographs to allow you to assess physical characteristics. Every couple will have different criteria for their donor, with certain qualities being more important than others. It is entirely up to you, and you can take as little or as long as you need to decide.

Frozen or fresh?

The next decision you may face is whether to opt for the traditional method of donor egg IVF – fresh egg cycles - or frozen egg donation. When deliberating between the two, there are a number of important factors to consider: method, price, time, and success rates.

In a fresh donor egg cycle, the donor and recipient's menstrual cycles are required to synchronize, which increases the length of time necessary to complete the process. The donor's eggs are retrieved, immediately fertilized, and then implanted into the recipient. On the other hand, frozen donor egg IVF is generally a quicker process, as the eggs are immediately available and can be shipped to the recipient at any place, anytime, allowing more flexibility for families. Not having to rely on the donor can also prevent interruptions and cancellation due to poor ovarian response or unforeseen life events. At approximately half the cost - and with success rates similar to fresh egg donation cycles - frozen egg donation is usually the chosen option, especially when conceiving with your own eggs is unlikely.

A child to hold and call your own

Companies like Donor Egg Bank USA can help provide you with that child you have always wanted to hold and call your own. That monumental moment when your pregnancy test reads positive will make all the heartache worth it. Not being genetically related will no longer trouble you; you have grown that child inside you and will love it unconditionally.