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9 things every woman should do before she gets married

The key things you need to do before you become a Mrs

18 December 2017 - 9:00am

Submitted by: Clemmie Millbank



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9 things every woman should do before she gets married: iStock

What are the things every woman needs to do before she gets married? This helpful checklist will make sure you're happy and content before you walk down the aisle!

1. Learn to enjoy 'me' time

Whether it's spending a cosy night in catching up on a fab new box set, or going for a lovely long walk in the countryside, learn to enjoy spending time by yourself. Cherish those moments where you get to do exactly what you want and take time to plan and relax.

2. Get comfortable in your own skin

Walk around naked (ideally in private!), try out different clothing styles and decide on your favourite shape of jeans! Above all find out what makes you feel happy and beautiful and don't rely on validation from anyone else.

7 THINGS THAT WILL HAPPEN IN THE FIRST YEAR OF MARRIAGE

3. Go on some dates

This is ideally something you've already done (your husband-to-be might not be too happy

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if you start flicking through Tinder now), but it's important to have enjoyed that buzz of possibility before stepping out on a first date!

4. Decide what a good relationship means to you

Make a list of the five things that you think make a good relationship and the qualities that are key to you in a partner.

5. Focus on your career

Now we're not saying you need to be Richard Branson before you tie the knot, but spend some time working on your career aspirations. Set yourself some goals and celebrate each time you achieve one.

6. Learn how to settle an argument

What's your fighting style? Do you bicker, sulk or go full-on screaming? Find out how you fight, what your triggers are and how your partner reacts too. Experiment with finding the best ways to resolve your arguments and calm the situation.

13 SIGNS HE'S THE MAN YOU SHOULD MARRY

7. Buy some tools

Learn how to do tiling, change a tyre and calmly remove a spider from your home. Don't expect your other half to solve your problems for you just because that's the way it's usually done.

8. Put in some quality time with your friends

Build up your core network of friends by spending quality time listening to their troubles and generally being an awesome friend. Share your troubles with them too – it's important to have people outside of your marriage you can rely on.

9. Spend some time with his friends and family

If you really want to know your other half get to know the people they hang out with! It's great if you can spend some time with your partner's friends and family, ideally without your partner there. You'll get to see a whole other side of them and build a whole new friendship group too - bonus.

Want more? Here are the first nine things to do after you get engaged and seven signs you're already an old married couple.

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