

6 THINGS I LEARNED FROM MY *wedding day*

PW's Clemmie shares her big day advice!



4. PEOPLE WILL TREAT YOU DIFFERENTLY

Everyone will tell you how beautiful you look (natch), some people will be worried about taking up too much of your time and others will want to spend the whole day trying to photobomb you. Whatever their reaction, it'll make you feel like a celeb for the day and that's pretty darn cool.

5. YOU'LL LOVE EVERY SINGLE SECOND

No matter how anxious you've been feeling in the run up to the big day, I guarantee you will love every second. I loved walking down the aisle and seeing all my friends and family smiling at me, I loved listening to Adam's beautiful vows and I loved spinning around the dance floor. It really doesn't get any better:

6. IT FLIES BY

I know literally EVERY bride says this, but it really does fly by. Make sure you don't put any pressure on yourself and enjoy every moment – if in doubt, just relax and take it all in. 💎

1. YOU HAVE TO LET SOME THINGS GO

My husband Adam spent weeks putting together a slideshow of images of us to project throughout the big day. However, during the madness of setting up, it got completely forgotten about and the projector remained locked away in his car – we only remembered it when we saw it sitting there the next day.

2. YOU PROBABLY WON'T BE ABLE TO SLEEP

I tried counting sheep, mindfulness techniques, deep breathing, aromatherapy and a hefty dose of whisky – none of them worked. My advice is to invest in some good eye balm (and check out some handy hints on p237 too!)

3. YOU PROBABLY WON'T EAT

We spent ages choosing our delicious slow-cooked pork and yummy salads for our wedding breakfast. Sadly, as soon as it was put down in front of me, my stomach turned and I couldn't even look at it. At least everyone else enjoyed it though!



IMAGES: ANNI KATHRIN KOCH

