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Our real bride-to-be, Clemmie, reveals 10 things you absolutely NEED on your hen do



“A flashing tiara
As soon as I arrived at my hen do, a flashing ‘bride-to-be’ tiara was placed on my head – and there it remained for the entirety of the weekend. I loved it so much that I’m tempted to rethink my wedding accessories.

Your best girls
It goes without saying that seeing all your friends together is, hands down, the best part of your hen do. I found it a little bit overwhelming that all these lovely women had come together to celebrate me and make sure I had an amazing time.

Your mum
This is a little bit controversial – she wasn’t there for the whole time (see Tequila) – but I loved having my mum along to meet all my friends.



A killer costume
Cliché? Yes. But I would’ve felt a little bit cheated if I hadn’t had the chance to put on some fancy dress and hit the town looking (I’m sure) all kinds of awesome.

Tequila
I’m not usually a tequila fan, but somehow my hen do just wasn’t complete without it! ‘Giggly’ would be the kindest way to describe us...

A responsible hen
Massive props to the two ladies who weren’t drinking at my hen do and managed to keep everything running along smoothly. Legends.

A willing young man
To my horror my ‘lovely’ hens organised a Butler in the Buff for me. However, after my blushes had subsided I realised I quite liked having someone serving me drinks. Hell, he even helped us with the washing up!

Paracetamol
If you’re anything like me, you won’t be able to spend an evening drinking champagne cocktails and tequila without paying the price the next day...

Eye balm
When I peeked in the mirror the morning after my hen do, I was amazed I could see anything through my tiny eye slits. Only after applying many, many layers of Elizabeth Arden Eight Hour Cream did I feel ready to step out into the world.

A day to recover
Don’t go straight back to work with the post-hen blues. Take a day at home to refuel with carbs and cups of tea, and upload the (highly censored) photos to Facebook.

