

Gouda cheese is one of the oldest recorded cheeses that is still enjoyed today. Dating back to 1184, it is named after the Dutch port city of Gouda, where it was often traded and highly-sought after. Cheesemakers age the Gouda in stages, and as it gets older, it develops a caramel sweetness and a light crunch from the cheese crystal. Many people enjoy a cube of Gouda dipped in sugar or apple syrup, and it also pairs nicely with Tripel, Dubbel, or Trappist beer, as well as port wine. Gouda is one of the healthiest cheeses you can purchase, making this an excellent addition to a family meal this holiday season.