1. Felted Balls of Soap

There's a bar of veggie oilbased soap in each of these eye-catching wool covers. Just wet and rub on your skin to create an exfoliating lather. The balls shrink with every use, and they're biodegradable too. \$14 each; thegrommet.com

2. Charms for Charity

Jewelry brand Altruette carries about 40 charms, and every one supports a cause. We're totally smitten with the baby-buggy trinket that benefits Operation Shower, which throws gratis parties for expectant military spouses. \$125; altruette.com

3. Her-Story Books

Even babies can study up on trailblazers, with the Little Feminist Board Book Set. It celebrates inspiring female change makers, including Amelia Earhart, Rosa Parks, and Frida Kahlo. \$15 for four books: maisonette.com

4. Your Next **Podcast Binge**

Hosted by our former cover mom Hilaria Baldwin and her TV-host friend Daphne Oz, Mom Brain is a podcast in which no topic is off-limits. The duo gabs about everything from vagina therapy to raising kids in a tech-consumed world. Listening is a lot like hanging with your bestie.

5. A Talisman for **Momming**

If your energy's sapped from answering your little one's litany of "But why?" questions, channel inner peace by donning the gorgeous Parentite Fantasy Stone enamel pin. It's said to bestow patience and other magical virtues, like faith in your ability to raise rock-star humans. Perfect price for gifting your mom pals too! \$12; emilymcdowell.com

camera over the smart code to listen to an episode of the Mom Brain podcast!

A pin on a card is an all-in-one present! MANIFESTS patience and ability to rally to play a sixth game of Go Fish. Helps to reverse fatigue and release pervasive, underlying fear of doing it wrong. EQUALLY EFFECTIVE when carried in pocket, stored in car console, or lost in Lego bin.

, 2, 3, AND 5: PETER ARDITO.