

100 THINGS TO EAT, DRINK, SEE & DO THIS SUMMER

Make the most of sunny days, warm nights and all of that delicious free time

1
Perk Up with Cold-Brew
Steeped at room temperature for at least 12 hours, cold-brew is less bitter and acidic than drip coffee—and often packs more caffeine than hot java.



IAN BAGWELL

2-11 Take a Celeb-Inspired Food Road Trip

From sandwich joints to steak houses, these are spots where you can dine like a star

JUVIA, Miami

Ricky Martin celebrated his Las Vegas residency with fiancé Jwan Yosef and close friends at the rooftop restaurant. juviamiami.com

PRIMANTI BROS., Pittsburgh

Hometown boy **Joe Manganiello** loves the shop's signature French fries-stuffed sandwiches. primantibros.com

CAFE DU MONDE, New Orleans

The iconic spot for piping-hot, sugar-covered beignets has a fan in **Vanessa Hudgens**. cafedumonde.com

SPERO, Charleston

Busy Philipps raved about the restaurant's

bread and butter flight. sperocharleston.com

NOI THAI, Honolulu

During a surprise visit to Hawaii in March, **Barack Obama** dined at the upscale Thai restaurant. noithaicuisine.com

PASQUALE JONES, New York City

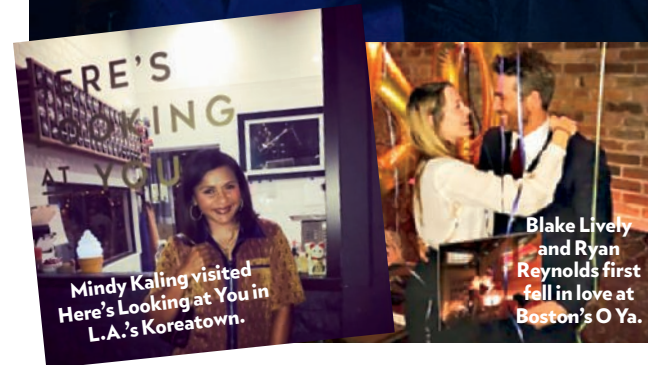
Beyoncé and **Jay Z**, **Kim Kardashian** and **Kanye West**, **Alicia Keys**, **Diddy** and more grabbed pizza together here post-VMAs. pasqualejones.com

GJELINA, Los Angeles

Cindy Crawford popped into this Mediterranean eatery for a summery meal of kale salad and rosé. gjelina.com



John Legend and Chrissy Teigen pose with chef Josh Capon's tomahawk chop at New York City's Bowery Meat Company.



Mindy Kaling visited Here's Looking at You in L.A.'s Koreatown.

Blake Lively and Ryan Reynolds first fell in love at Boston's O Ya.



12

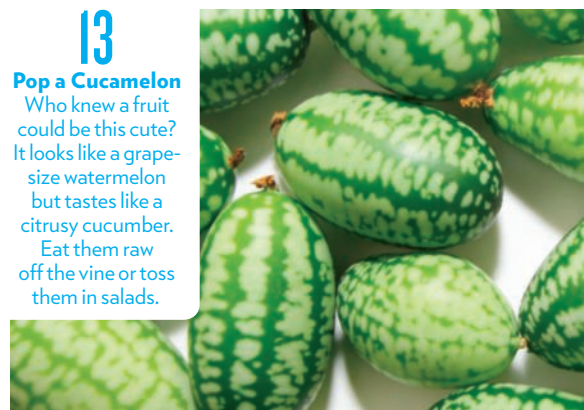
Behold the Butter Cow

Since 1911, the Iowa State Fair (Aug. 10-20) in Des Moines has featured a 600-lb. dairy-cow sculpture made entirely of butter—as a nod to the state's agricultural roots. iowastatefair.org

13

Pop a Cucamelon

Who knew a fruit could be this cute? It looks like a grape-size watermelon but tastes like a citrusy cucumber. Eat them raw off the vine or toss them in salads.



14. Sleep under the stars.

15. Catch fireflies with your kids.

Get away! We've teamed up with several travel retailers to bring you amazing discounts. Look for the PEOPLE Perks codes throughout this story. Happy travels!

People perks

16. Sail away to paradise with CruiseDirect

.com. The travel site is giving free prepaid gratuities (\$189 value) and unlimited open bar (\$780 value) on Norwegian Cruise Line cruises to Hawaii, the Bahamas, Europe, the Caribbean, Alaska, Cuba, Bermuda and the Mediterranean with the code PEOPLESUMMER at cruisedirect.com/people. Expires 6/12/17.

People perks

17. Go barefoot.

Also known as earthing or grounding, walking foot-to-earth is believed to improve posture, fight insomnia and diminish pain.

18. Unfry chicken.

Trisha Yearwood shares the secret to giving baked chicken a crunch with her Unfried Chicken Seasoning Kit in her new specialty food line at Williams Sonoma; \$10.

19. Shoot some hoops—then dream of playing pro ball as you watch the NBA Draft—on June 22.

20. Pack a bag in style with help from EBags.com. Need a new tote for your vacation? Save 25% off sitewide with code PEOPLESUMMER. Expires 6/12/17.

21-25 GET A SUGAR FIX AT DISNEY



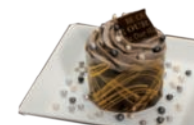
SUPERNOVA SHAKES

Over-the-top milkshakes are piled high with cotton candy, hunks of cake, lollipops and more. *Planet Hollywood at Disney Springs*



MICKEY BEIGNETS

Puffy, deep-fried dough is covered in powdered sugar and served piping hot. *Mint Julep Bar at Disneyland*



THE 'GREY STUFF'

At lunch, *Beauty and the Beast* fans can savor a cupcake with Lumiere's secret mixture. *Be Our Guest at Walt Disney World's Magic Kingdom*



ROSE CAKE POP

How sweet: This fudgy treat is a nod to the Beast's enchanted rose. *Goofy's Candy Company at Disney Springs*



MINNIE CARAMEL APPLE

Apples are dipped in caramel, milk chocolate and red sugar. *Goofy's Candy Company at Disney Springs*

26 Prep a Pitcher of Reese Witherspoon's Sweet Iced Tea

This tea is served at the star's Draper James shops in Nashville and Dallas. The secret to keeping it smooth? A hint of baking soda.

MAKE THE TEA: Bring 4 cups water to a boil in a saucepan. Add 8 tea bags and a pinch of baking soda. Remove from heat. Steep tea until desired strength, 10 to 15 minutes. Remove bags, and let cool, about 30 minutes. Pour tea into pitcher; stir in 2 cups water, and add simple syrup (see page 39) to taste. To serve, pour over ice; garnish with lemon wedges, orange wedges or fresh mint leaves.



Witherspoon with her sweet iced tea on the @draperjames Instagram

→
27
Open and serve! **Beefsteak by Tio Gazpacho**, chef José Andrés's new line of bottled cold soups, are made with ripe tomatoes, peppers and vegetables. \$4, tiogazpacho.com



←
28
Slather it on! With a mix of molasses, brown sugar and chipotle, **Stubb's Sweet Heat Bar-B-Q Sauce** will please every palate at the cookout. \$4, at grocery stores

29. Pack a picnic with nut butter "sandwiches" made out of apple slices—use cookie cutters to make interesting shapes.

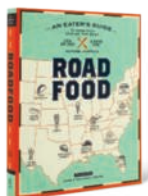
30. Celebrate **Summer Learning Day on July 13**. Beat the "summer slide" by having a contest to see who can read the most books that week.

31. Pick flowers for your kitchen table.

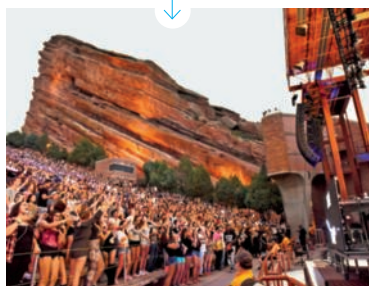
32. Construct a butterfly feeder. Use sugar water or overripe fruit, plus some kind of colorful beads or glass to attract the delicate beauties.

33. Hydrate with watermelon juice. Think of it as the new coconut water—but with anti-inflammatory properties and UV protection. (Of course you still need to wear sunscreen!)

34. Read **Roadfood: An Eater's Guide to More Than 1,000 of the Best Local Hot Spots and Hidden Gems Across America**



35
Jam out in the open air at **Red Rocks Amphitheatre near Denver**, where artists like **Miranda Lambert, Paul Simon and a Tribe Called Quest** will perform against stunning, naturally formed structures



People perks
36. Dip your toes in the water on a vacation at **Sandals and Beaches Resorts**. When you book a trip, receive a free catamaran cruise using the code PEOPLE. Expires 6/12/17.



37-44
SNACK ON SOMETHING OUTRAGEOUS—AT THE BALLPARK



CHURRO DOG

Chase Field, Phoenix

A chocolate-glazed donut is the bun for a cinnamon churro, topped with frozen yogurt and caramel and chocolate sauces.

CONEY PIZZA

Comerica Park, Detroit

Two famous Detroit foods—Little Caesars pizza and Coney Dogs—mesh in a pizza pie covered in chili, cheese, mustard, onions and sliced hot dogs.

CHICKEN & DONUT SKEWER

Globe Life Park, Arlington, Texas

Donut holes and fried chicken are drizzled with a sweet-and-spicy buffalo honey sauce.

DOUBLE THREAT BLOODY MARY

Target Field, Minneapolis

The cocktail is garnished with a skewer laced with a bacon burger slider, cheese, olives and chunks of bratwurst, Polish sausage and andouille sausages.

TOMAHAWK PORK CHOP

SunTrust Park, Atlanta

A 16-oz. breaded bone-in chop is smothered in collard-green slaw and white barbecue sauce on a toasted sourdough bun.

APPLE PIE NACHOS

Coors Field, Denver

Cinnamon-sugar chips provide a base for apple-pie filling, shredded cheddar, whipped cream and caramel.

SUNRISE DOG

Kauffman Stadium, Kansas City, Mo.

Topped with a fried egg, bacon and cheddar cheese, this jumbo dog wouldn't be complete without a ladle of white sausage gravy.

MEATBALL CONE

Fenway Park, Boston

A crispy pizza dough "cone" is stuffed with a giant meatball, fresh ricotta, pomodoro and, yes, more cheese.

The Classic Tuna Bowl at Sweetfin Poké



45 Try a Poke Bowl

These fresh, vibrant meals are the latest food trend taking over social media feeds and restaurant menus. Poke ("POH-keh"), which means "to slice or cut" in Hawaiian, refers to chunks of marinated fish often tossed over rice and topped with vegetables and umami-packed sauces. "It's the next generation of sushi," says chef Dakota Weiss of Sweetfin Poké in L.A. "But easier to eat." Here she breaks down a classic tuna bowl.

JASMINE RICE

Most bowls start with a base layer of white rice. Sweetfin uses bamboo rice, which has a green tint. "The warm rice is a nice juxtaposition against the super cold tuna," says Weiss. Zucchini noodles and kelp salad are popular low-carb options.

SUSHI-GRADE FISH

The star ingredient is most commonly raw yellowfin (ahi) tuna, but you can choose anything from salmon to snapper—or, for those squeamish about eating raw fish, even tofu and cooked crab.

SEASONINGS

To flavor the fish, the cubes of tuna are mixed with scallions, sesame seeds and flakes of pink sea salt.

DRESSING

Salty sauces often made with soy sauce, shoyu, ponzu or spicy black-bean paste highlight the fatty fish. "We use soy sauce, sesame oil, rice vinegar, mirin and a little fresh lemon juice to make it pop," says Weiss of her classic shoyu sauce.

VEGETABLES

Toppings like avocado, shaved onion, seaweed and crispy garlic add flavor and crunch.

HOT SAUCE

A dash of togarashi (a Japanese red chili mixture) or wasabi adds a touch of heat.

CLOCKWISE FROM TOP: JENNIFER STEWART/ARIZONA DIAMONDBACKS; COURTESY FENWAY; PETER ZAMBORUOS; COURTESY STUBB'S; COURTESY REVIEWS/BEERSTAK; BY TIO GAZPACHO; COURTESY DRAPER JAMES; TIM MOSENFELDER/GETTY IMAGES

MIKE IRVING/FOOD STEEZ



46

Look Up: On Aug. 21 watch the moon block the sun in the country's first total solar eclipse in 38 years—and the first once since 1776 with a path of totality that crosses only the United States.



47-51 Sip a Refreshing Rosé... That's Under \$20!

Barrymore by Carmel Road Rosé of Pinot Noir
Drew Barrymore's light, citrusy blush. \$18; carmelroad.com

Francis Ford Coppola Winery Sofia Rosé
A great choice for making sangria or frosé. \$19; francisfordcoppolawinery.com

Beringer Main & Vine Dry Rosé
Loaded with aromatic

fruit flavors. \$6; mainandvinevine.com

Finca Wölffer Rosé
Perfectly light and dry for summer. \$16; wolfffer.com

SAVED Magic Maker Rosé
Soft berry flavors combined with a hint of acidity. \$16; savedwines.com

52-71 TASTE AMERICA'S DIVERSE REGIONAL FOODS



GEORGIA PEACHES
Eat at: Dickey Farms; Musella, Ga.; gapeaches.com
Order from: The Peach Truck; thepeachtruck.com

72. Nibble on a Patriotic Cookie

Eat at: Shriver's; Ocean City, N.J.; shrivers.com
Order from: James Candy Company; jamescandy.com



72. Nibble on a Patriotic Cookie
Just in time for July 4th, the Firework Oreo's creme center is studded with red and blue popping candy (!) and sandwiched between familiar chocolate wafers.



73. Watch dogs dive through the air at the Canine Dock Diving and Weave Pole competitions at the Wisconsin State Fair (Aug. 3-13).

74. Hop a plane out of town with CheapOAir

Eat at: Hawk's Crawfish; Rayne, L.A.; hawkscrawfish.com
Order from: Louisiana Crawfish Company; lacrawfish.com



75. Make healthy "ice cream" by blending frozen bananas and top with berries.

76-79 DINE WITH A WATER VIEW

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People perks
.com Save \$25 on a flight ticket

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76-79 DINE WITH A WATER VIEW



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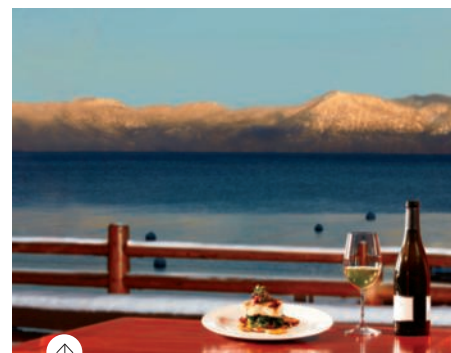


76-79 DINE WITH A WATER VIEW

73. Watch dogs dive through the air at the Canine Dock Diving and Weave Pole competitions at the Wisconsin State Fair (Aug. 3-13).

booked for two passengers or \$12.50 on a solo ticket using the code PEOPLESUMMER at cheapoair.com/people. Expires 6/12/17.

75. Make healthy "ice cream" by blending frozen bananas and top with berries.



76-79 DINE WITH A WATER VIEW

LAKE
Sunnyside Restaurant & Lodge
Lake Tahoe, Calif.

Located on the west shore of Lake Tahoe, the patio overlooks the snow-capped Sierra Nevada mountains (above). sunnysidetahoe.com

OCEAN
Latitudes
Key West, Fla.
Take a 7-minute afternoon boat ride to Sunset Key island and watch the sky change colors over the Gulf of Mexico. sunsetkeycottages.com

RIVER
The River Café
Brooklyn
See the twinkling lights of Manhattan as well as the Statue of Liberty from this spot on the East River under the Brooklyn Bridge. rivercafe.com

WATERFALL
The Keg Steakhouse + Bar
Niagara Falls, Ont.
Ask for a table by the window—it's well worth the wait for one of the most stunning views of the Falls. kegsteakhouse.com

(OREOS) COURTESY OREO; (LAKE TAHOE) SUNNYSIDE RESORT; (MISSOURI BBQ) COURTESY JACK STACK; (SUNBREAD) COURTESY BOUNDIN BAKERY; (CRAB CAKE) COURTESY THAMES STREET OYSTER HOUSE; (PEANUTS) MANKLEY; (HOTDOG) COURTESY WITH FOODS; (CRAWFISH) KEN WEINER/CRAWFISH; (HOTDOG) COURTESY PORTILLO'S; (TAFFY) COURTESY SHRIVER'S; (PEACHES) COURTESY THE PEACH TRUCK; (CLIPART) ROSEBUSH/ISTOCK/GETTY IMAGES; (BEER) GREGORY HEINE



80 Eat Foods on a Stick
Whether it's grilled vegetable kebabs, deep-fried corn dogs, frozen fudge bars or fluffy cotton candy, there's just something irresistibly fun about going fork-free.



81-86 Grab a Cold Craft Beer

"They're light and easy drinking for summertime," says Matt Simpson, owner of the Beer Sommelier consultancy. Below, see his seasonal picks:

VICTORY PRIMA PILS
A clean German pilsner and great for picnics (left). \$10 for six-pack

DOGFISH HEAD FESTINA PECHE
Tart, fruity and refreshing. \$10 for four-pack

OSKAR BLUES PINNER THROWBACK IPA
Hoppy and dry but not too strong (only 4.9 percent alcohol). \$9 for six-pack

FOUNDERS RUBAEUS
Sweet raspberry flavor that goes well with desserts. \$18 for nine-pack

ALLAGASH WHITE
Light and citrusy, and pairs nicely with seafood. \$10 for four-pack

NORTH COAST OLD NO. 38 STOUT
A smooth brew with coffee notes. \$10 for six-pack

87 Embrace Your Inner Foodie
The Food & Wine Classic (June 16-18) offers three days of cooking demos, wine seminars, celebrity chefs and gourmet tastings against the beautiful mountain backdrop of Aspen.



88 Bite into a veggie burger that's actually juicy! The Impossible Burger is a plant-based patty that looks, cooks and tastes like a real beef burger.
impossiblefoods.com



People perks

91. Spend the night away with Hotels.com. Save \$20 on select bookings of \$150 or more using the code PEOPLESUMMER at hotels.com/people. Expires 6/12/17.

92. Order the "pink drink." Last summer's Instagram-famous libation from Starbucks' so-called "secret menu"—made with strawberry, acai,



89. Sink into the sand on a round beach towel like this Tie Dye Blast Round Beach Towel. \$49; pbteen.com

90. Indulge in summer-infused chocolate. Sunny seasonal flavors like Hibiscus Cinnamon and Strawberry Basil make Raaka's limited-edition bars even sweeter. \$9; raaka.com

passion fruit and coconut milk—is now an official offering.

93. Tee up for mini golf on a course with wacky holes designed by artists at the Walker Art Center's Minneapolis Sculpture Garden.

94. Bring beach ambiance to your backyard by filling a mason jar halfway with sand, seashells and a tea light to make a simple candle.



95-100 Stay Cool in a Tricked-Out Movie Theater

With full menus, booze and reclining seats, there's no better place to watch a summer blockbuster.

CONTRIBUTORS: Sheila Cosgrove Baylis, Ana Calderone, Sonal Dutt, Jessica Fecteau, Catherine Kast, Julie Mazziotta, Gabrielle Olya, Stephanie Emma Pfeffer, Megan Stein

SHOWCASE SUPERLUX

The Chestnut Hill, Mass., theater offers unlimited free popcorn and extra-wide, plush leather seats. showcasesuperlux.com

NITEHAWK CINEMA

The Brooklyn triplex takes credit for overturning the Prohibition-era state liquor law that made it illegal to serve alcohol at the movies. nitehawkcinema.com

CINEPOLIS LUXURY CINEMAS

California and Florida locations feature fully-reclining, oversize leather seats. cinepolisusa.com

IPIC THEATERS

Satisfy your sweet tooth with chef Duff Goldman's toffee cookie ice-cream sandwich at these theaters across the U.S. ipictheaters.com

AMC DINE-IN THEATERS

Sushi at the movies may be unconventional, but you can choose from two different rolls at the theater's multiple locations. amctheatres.com/dinein

ALAMO DRAFTHOUSE CINEMAS

This national chain boasts cold beer, fine wines and good food, plus a zero-tolerance policy for talking or cell phone use. drafthouse.com

Her science camp, his playdate, your family reunion. No sweat.

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When pasta is served everyone shows up. sauce ends up everywhere.

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