

Secret Scent Power: Odd Uses for Essential Oils

When people think about [aromatherapy](#) and essential oils, their mind probably focuses on two uses only – filling your space with a spectacular scent, and helping your body to heal from various ailments. You might be surprised to learn that there are an array of [benefits](#) to using these fragrant finds. Some, but certainly not all, of these inspired applications are outlined below.

Cleaning Capability

Create your own household cleaner by adding a few drops of tea tree oil to warm water, and spray on tables and countertops to disinfect them without the use of harsh chemicals.

Add some lavender or peppermint to baking soda and sprinkle it on stale-smelling carpets to freshen them. After letting it sit for a minimum of fifteen minutes you can vacuum it normally. This can also be done with car or home upholstery.

Neutralize odors in your fridge with lime, grapefruit or lemongrass.

Mix some eucalyptus oil in water and add it to your wash cycle to remove mites from sheets and blankets.

Beat the Bugs

Splash a few drops of peppermint, lavender or lemongrass around doors and windows to discourage insects.

Dilute a drop each of lemongrass and tea tree in a carrier oil, preferably coconut, and apply to your skin to repel mosquitoes.

Food Friendly

Preserve the freshness of fruit by washing them in water with a few drops of grapefruit oil added.

Help your morning routine give you extra invigoration by adding a drop of peppermint oil to your coffee or tea.

Add some lime to your favorite salsa to give it that extra burst of fragrant flavor.

Love that Lemon

Among the most versatile oils is lemon, so it surely justifies having its own section. Here are just a few of the many uses of lemon essential oil.

Put some lemon oil on your dish sponge to disinfect and deodorize it between uses.

Lemon also has the ability to dissolve sticky substance like wax or glue. It even works on chewing gum!

Citrus oils – such as orange, LEMON or grapefruit – will increase the power of any natural cleaners, enabling you to tackle even the toughest mess.

Add a few drops of lemon to unwanted magic marker stains. You may need to scrub a little, but it will do the trick.

Soak a cloth in lemon oil and use it to prevent your leathers from splitting.

Add a few drops to boiling water and soak your pans – nothing works better at loosening burnt-on food.

You can also add some to your dish soap to make sure your plates and glasses come out squeaky clean. Gotta love that lemon!

That's a Wrap

As you can see, the possibilities for using essential oils are marvelous and many. Hopefully this has broadened your views and inspired you to try oils in as ways other than you are used to, as there is a world of benefits to explore.