

THE CHRONICLE



JACK HERER

STRAIN OF THE MONTH SERIES

SILAS INSKEEP

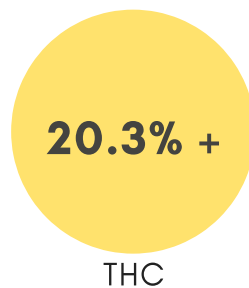


INTRODUCTION

You can't talk about the strain without looking at the man. Jack Herer is one of the most distinguished figures in contemporary cannabis history and helped shape the legalization movement we are progressing into now. He was an activist, notorious cannabis writer, and early headshop owner. He is well known as the author of *The Emperor Wears No Clothes*, a seminal work addressing the illegalization of cannabis and hemp. It is fitting that such a legendary strain carries the name of Jack Herer.

STATISTICS

(BASED ON SAMPLE)



Terpene	%	mg/g
Terpinolene	0.9%	8.9 mg/g
β-Pinene	0.3%	3.4 mg/g
Ocimene	0.3%	3.0 mg/g
β-Caryophyllene	0.2%	2.4 mg/g
α-Humulene	0.1%	1.2 mg/g
β-Myrcene	0.1%	0.8 mg/g
S (-) Limonene	0.1%	0.8 mg/g
α-Pinene	0.1%	0.7 mg/g
α-Phellandrene	0.1%	0.5 mg/g
cis-Nerolidol	0.1%	0.5 mg/g

Bred by Sensi Seeds in the 90s in honor of the man, this nine award-winning strain is known for its unique genetics. Jack Herer produces an uplifting, bright outlook, while sharing heavy resin-producing indica growth characteristics. Jack Herer is clear-headed, pleasant, and promotes imaginative thinking. Jack Herer is unique for being one of the few strains to have been classified as a pharmaceutical grade by Dutch Pharmacy.

MANY ARTISTS AND WRITERS HAVE USED
CANNABIS FOR CREATIVE STIMULATION - FROM
THE WRITERS OF THE WORLD'S RELIGIOUS
MASTERPIECES TO OUR MOST IRREVERENT
SATIRISTS.

JACK HERER



Every plant is unique, but Jack Herer is one of a kind. The smell is familiar, with notes of citrus and pine. The right bits of matter came together to create a symphony, every terpene, and cannabinoid communing with your body to create a relaxed, creative, clear-headed window into life.

Botanicals contain aromatic compounds in their oils. Terpenes are produced in the resin glands which develop late in maturation, commonly referred to as trichomes or crystals for their glass-like appearance. There are 120 terpenes unique to cannabis. These terpenes are why lemons smell like lemons, and why Super Lemon Haze does too - they both contain limonene.

In interacting with cannabis, we naturally allow the scent to guide us. There is a synergistic effect beyond the surface of a pleasant taste and smell. Cannabis resin glands produce terpenes alongside cannabinoids like CBD and THC and interact with the endocannabinoid system just as cannabinoids do.

The frequent cannabis aficionado knows that a bright citrusy smelling bud will probably lean toward characteristic sativa-effects, whereas a deep, earthy, spicy aroma would produce effects we associate with an indica-style variety. This ability to access a plant's effects isn't unlike our ability to sense the effects of other plants with our sense of smell. An example of this is lavender relaxing you by its scent, producing oxygenated monoterpenes which can influence your emotions.

Terpenoid production evolved for a multitude of reasons. Practically thought to attract pollinators and withstand environmental changes, terpenes also offer immense health benefits for the body and mind, and are very much a part of the medicine that is cannabis.

In a 2011 British Journal of Pharmacology article, Dr. Ethan Russo concluded that terpenes play an extensive therapeutic role, describing the naturally produced combination of terpenes and cannabinoids as "a synergy with respect to treatment of pain, inflammation, depression, anxiety, addiction, epilepsy, cancer, fungal and bacterial infections." Russo's work echos the value of reintroducing the complete spectrum of naturally produced cannabis terpenes back into isolated cannabis extracts.

Terpene production is dependent on growing conditions. Things like temperature, humidity, light cycles, feeding, and every aspect of growing and curing the flowers affect the quality and volume of terpenes produced. Knowing proper maturation is essential, and a skilled grower knows the exact time in the plant's life to harvest to preserve the valuable terpenes and cannabinoids at their peak. This skillful attention to detail produces the best full spectrum medicine possible.

High-quality plants produce high-quality terpenes, unlike many other plant-derived terpenes often added to extracts. Cannabis can produce hundreds of terpenes, all creating an entourage effect unique to a variety. THC, pinene, and limonene do not make Jack Herer, beyond highlighting taste.

Jack Herer was a great cannabis advocate, and honored by a strain which lives up to his name. This variety can be appreciated for its full spectrum of terpenes and the heritage of cannabis culture that its name represents.

GROW NOTES

WITH SETH BODDY

ABOUT JACK

“ Jack is a great strain to grow. She is a fast growing strain that yields well. She likes a good amount of light and nutrients being a sativa. Overall she has pretty typical Sativa terpenes, but one thing that makes her stand out over a lot of other sativa strains is her trichomes. For a sativa, she gets fatter trichomes than most do which adds to her bag appeal. ”

“JACK HAS BEEN A STAPLE IN MANY GARDENS FOR A LONG TIME WHEN YOU GROW OR SMOKE JACK IT IS EASY TO SEE WHY.”

Seth Boddy is the Head Grower at GTI Rock Island

