# Talking to Your Kids About Cannabis

AND THE PLIGHT OF A PLANT

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## TALKING TO YOUR KIDS ABOUT CANNABIS

There is an incredible level of responsibility that comes with entering into the role of a parent. You are wholly responsible for the care of another sentient being. Talking to your kids about cannabis can be a daunting thing to think about. The role of parenthood is one of the most challenging you will play, one in which patience is fundamental. Cannabis opens the mind and transforms perception, providing the opportunity to become more empathetic, allowing us to look into ourselves and explore our consciousness. As we become more in tune with the rhythm of the world, we grow to be at peace with life's trivial daily goings-on and become more able to engage our children with an open heart.

The sense of social ignominy around cannabis has been around for so long one can become tolerant of the prejudice. There are those who stand out as defiant in the history of this botanical, though. Forerunners who saw the vast medical benefits. Advocates, scientists, intellectuals, and the millions of people who understood this plant when their ideas were almost wholly scoffed at. Cannabis has a rich history, and in passing that on, we must go beyond the veil of misinformation to impart the knowledge of what this plant medicine really is.





# THE ASSASSIN OF YOUTH



#### Physiological Reaction

STAMP IT OUT

IT IS A CRIME for any person to plant, cultivate possess, sell or give away Marihuana.

It is frequently used by criminals to bolster up their courage. Most danger of all is the person under the influence of marihuana at the wheel of an automob Their illusions as to time and space destroy their judgment as to speed and distance. When eighty miles an hour seem only twenty, they often leave a trail of fatal accidents in their wake. A user of marihuana is a degenerate.

THE ANTI-NARCOTIC LEAGUE OF AMERICA



Cannabis gives back what you put into it, whether in the growing stage or while consuming it. If treated as a medicine, it is an effective medicine. Treated as a stimulant for creativity, to relax, sleep, relieve pain, energize you, center you, or any of the innumerable reasons humans have communed with this plant for thousands of years, cannabis proves indispensable. A medicine of many varieties, each producing a unique combination of cannabinoids, in turn, creating a vast range of effects. It begins to make sense why so many people say weed just knocks them out, or just made them anxious. Less favorable seminal experiences will become scarce as consumers are able to choose an appropriate strain, become educated, and not have to cope with the paranoia of being sucked into the correctional system.

Cannabis has shaped many lives, including mine. My father first went away for this flower when I was a newborn. In classic 90's war on drugs policing-fashion, a group of heavily armed officers kicked in our door, arrested my father, and proceeded upstairs. My mother recollects this early morning by the trauma of waking up to assault rifles pressed to her head by the fully SWAT attired enforcers of the law as she held me. While you're picturing this, it is helpful to understand my mother attended art school and my father majored in theology while in graduate school... very much the passivist bohemian type.

Being ahead of the time, my father was again arrested for his horticultural practices when I was in high school. I recall waking up to the distinct pounding on the door that only narcs employ. My father was sentenced to 9 years in federal prison. At the time of this publication, he is finishing his time and excited to meet his granddaughter this year. I hope for my daughter to be proud of this civil disobedience in the soon antecedent world of illegalization.

### " I THINK POT SHOULD BE LEGAL, I DON'T SMOKE IT, BUT I LIKE THE SMELL OF IT"

#### **ANDY WARHOL**

This is the story of millions that have, and are suffering at the merciless hand of oppression. Every day people are deprived of medicine, live in fear of imprisonment, and all over a flower. My daughters generation will be the first in recent history to see this plant in the light, so I will impart the history of this botanical to her with the wisdom of one who has seen the outcome of oppression.

While it is becoming the social consensus that cannabis brings good into the world whether personally consumed or not, this does not change that most people's view is still molded of the remnants of a century-long campaign of disinformation. We should be compassionate if someone hasn't quite grasped the scope of what cannabis genuinely is.

The oppression of cannabis has gone beyond shaping perceptions, having actually shaped the plant itself. Breeding practices over the past 50 or so years are now emerging from having been forced underground. Most often this created a high yield mentality that focuses efforts within the constraints of the limited, and government-endorsed idea that weed just gets you high.

When a plant is grown it can take in a static amount of energy. If all that energy is focused on a couple aspects of the plant, it lessens the amount of energy going into the other areas like cannabinoids other than THC. An example of this; illegalization almost, and paradoxically, bred CBD out of existence.

The system of oppression feeds into itself, constantly going after cannabis as this dangerous plant while forcing into a market that necessitates inflated profits. Grossly over imposed prison sentences for cannabis production ensure recompense must in some way balance the enormous risk. This system then attracts unsavory individuals who only care about monetary gain. Mix that in with war on drugs era policing practices and pretty much the only people who dare defy the state are probably pretty scary. These individuals are then used as a tool to then again demonize cannabis culture even though the state is the cause of the whole thing. This leaves all the kind, compassionate, amazing cannabis-people I know, and the true cannabis culture, under this umbrella of stigma and draconian law.

Now all this did produce some legendary strains we know and love, so it's not all bad. As we become permitted to learn and develop, we will discover new uses, learn of yet to be understood cannabinoids, and keep smoking weed as we have for thousands of years. Every one of us plays a role in shaping this social movement. We must, therefore, be responsible and courteous in how we cannabis-people carry ourselves. Let us be emissaries of truth and proclaim cannabis as a bringer of compassion, love, understanding, and a means of inner-growth. While the laws are still far from ideal, we are inching closer to freeing weed. Decades of activism against the guise of prohibition have gotten us this far. My daughter will know the truth about cannabis and the road to legalization.

#### Note for Parents

This botanical should be consumed with a certain reverence, something that comes with age. Without wisdom and the experience of life, use could be quite disorienting, even distressing. Cannabis is incredibly useful for children who are fighting cancer, autism, seizure disorders, and many things yet understood. The experience of an altered state of consciousness should not be taken as frivolous, though. In children, cannabis is medicine when the necessity arises. While I may phrase it differently, I think children can appreciate this concept.

There is no need to demonize cannabis, just explain what this plant is, and always pass the history. Please remember to keep your plant-goods beyond the reach of any children, and clearly labeled. Being responsible progresses our future.

Beyond legal concerns, there is no reason to hide cannabis appreciation from children when you understand the true nature of cannabis.

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**CARL SAGAN** 

