

WHET YOUR APPETITE

THESE INSTAGRAM FOODIES KNOW HOW TO MAKE YOU HUNGRY. By Gianna Barone

Maybe you know them and follow one or two of them already. Foodie bloggers are the new taste arbiters when it comes to where to eat and what to eat in our county. Their Instagram feeds are colorful mosaics of decadent dishes, monstrous milkshakes and every carb known to man, and we're full of anticipation to see where their food travels take them next. These five are among the coolest of Bergen County's illustrated food scene. Enjoy the "eats"!



{ HUNGRY EYES }



**If entrées are
your thing...
@myinnerfatkidisout
32,800 followers ***

Brian Juarbe's foodie feed embraces everything from broiled mac-and-cheese to succulent scallops garnished to perfection. The beverage industry professional-slash-influencer began his culinary blogging venture on Instagram four years ago, and has since become a local favorite for his style-driven professional food photography. His best advice for the perfect shot of your main? "Good lighting makes a big difference," says Juarbe.

Pan-seared scallops from Bici in Ramsey; brisket macaroni and cheese from Bite Food & Coffee Co. in Hackensack.

* Editor's note: number of followers as of press date



**If you're an
appetizer fanatic...
@foodmamaeats
10,200 followers ***

Chelsea Kavanagh began her foodie account three years ago for the sheer fun of posting photos of local eats. But the now-professional marketing coordinator from Midland Park has gained a following for her feed full of tiny tapas, sauce-slathered wings and drool-worthy appetizers. She's also a mom, which she cites as a deciding factor when it comes to choosing where she will stop for her next bite. "I do really look for places that are kid friendly," says Kavanagh. "I love to bring my daughter along on my foodie adventures!"

Thai-style calamari from Midland Brew House in Saddle Brook; Croquetas from Cravings Tapas Bistro in Ridgewood.



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**If you have an international palate...
@kissyskravings
1,253 followers ***

River Edge resident Ashley “Kissy” Kistner Greenan is a big booster of the local food scene. As a full-time catering director, Greenan says our area is one that even New York City food influencers should be flocking to. “The local food is comparable to Manhattan quality,” Greenan says. “Bergen County really captures a little bit of many different types of cuisine.” Her feed certainly illustrates that, as Greenan’s photos depict internationally inspired dishes that make the mouth water and the mind plot an imminent restaurant visit.

Seafood-topped squid ink risotto from Lefkes Estiatorio in Englewood Cliffs; crispy papitas rellenas from Casual Habana Café in New Milford.



**If you’re a burger aficionado...
@rad__eats
5,325 followers ***

Fiancés Ryan Konrad and Candice Barrett love to cook together in their Norwood home. However, it’s their foodie travels around the county that have amassed them thousands of fans. Food blogging has been a bonding activity for the couple for three years now, according to Konrad. “We truly love what food does,” he says. “We celebrate how it brings all different types of people to one place and unites them.”

SmokeShack burger from Shake Shack in Paramus.



* Editor’s note: number of followers as of press date

{ HUNGRY EYES }



**If you live for
Sunday brunch...
@justin.time.to.dine
8,442 followers ***

Prosciutto and poached egg-topped avocado toast is just one example of the delicious morning bites you'll find on high school senior Justin Oh's Bergen County-based feed. The teen launched his account two years ago after realizing most of the photos in his camera roll were of previous meals he had shared with friends around the area. "I didn't want to put those beautiful pictures to waste!" he says. Oh adds that while blogging is a nice break from his schoolwork right now, he'd like to continue posting local eats as a hobby or part-time job when he relocates for college next year.

Assorted avocado toasts from Toasty in Westwood.

* Editor's note: number of followers as of press date