

Joseph R. Purita, M.D.



Joseph Purita, M.D. is a pioneer in the use of laser and stem cell therapies in orthopedic medicine. As director of the Institute of Regenerative and Molecular Orthopedics in Boca Raton, Florida, Dr. Purita specializes in the use of stem cells and PRP injections to treat sports-related injuries and other musculoskeletal conditions that previously required surgery.

Licensed to practice medicine in multiple U.S. states and abroad, Dr. Purita has treated some of the most prominent professional athletes from all major sports worldwide. By combining traditional orthopedics with cutting-edge techniques in regenerative medicine, Dr. Purita has developed treatments and therapies that utilize platelet rich plasma (PRP), an assortment of stem cells (harvested from fat mesenchyme and bone marrow tissues), various supplements and growth factors. By integrating regenerative medicine techniques, many of them devised by the Institute of Regenerative and Molecular Orthopedics and registered as its intellectual property, Dr. Purita is able to provide effective, non-surgical solutions for common [orthopedic conditions](#).

Dr. Purita and his staff have been featured in numerous publications and profiled by media heavyweights including The New York Times, ESPN, ESPN Magazine, CNN, Wall Street Journal, Sports Illustrated and many others. In 2011, Dr. Purita earned heightened media attention for the breakthrough stem cell treatments he provided to New York Yankees pitcher Bartolo Colon, an event that brought [orthopedic stem cell therapy](#) into the spotlight on a national and global level.

He is an instructor and proctor of surgeons in the use of lasers in arthroscopic and orthopedic surgery at a variety of hospitals, and a member of the Global Stem Cells Group Advisory Board.

Dr. Purita has been instrumental in helping to establish guidelines for the use of stem cells in countries worldwide. He has been invited to lecture on orthopedic and regenerative medicine and PRP techniques as a visiting professor on a global stage. His lectures have been approved for CME credit both in the U.S. and abroad.

His publications in the U.S. and abroad include chapters in the American Academy of Anti-Aging Medicine Volumes XII, XIV, XV, and XVI, as well as the Korean Stem Cell Society Journal. He is currently writing a book on stem cells and regenerative medicine. Dr. Purita acts as a consultant to a number of companies in the stem cell industry, and his institute attracts physicians and academics from all over the world to learn about stem cell and platelet rich plasma technology and treatments.

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Dr. Purita earned a B.S. degree in biology from Georgetown University in 1972, and served as a clinical instructor for approximately one year. He earned his M.D. degree from the Georgetown University School of Medicine in 1976, performed his General Surgical Internship at the University of Florida Medical Center from 1976-1977, and his Residency at the University of Miami (Jacksonville Memorial Hospital) Department of Orthopedics and Rehabilitation from 1977-1981, where he served as chief administrative resident.

Dr. Purita joined the Boca Raton Orthopedic Group in 1981

Dr. Purita is board certified in Orthopedics by American Board *of* Orthopedic Surgery (APOS) and the American Board of Age Management Medicine, and a Fellow, American College of Surgeons, Fellow, American Academy Orthopedic Surgeons and a Fellow, American Academy of Pain Management.

Dr. Purita is consistently named to the prestigious Castle Connolly Top Doctor's list and the U.S. News and World Report's Best Doctors list. He has lectured on and taught the principles and techniques of stem cell and platelet rich plasma treatments for muskulotelal conditions medicine extensively throughout the world.

In addition to the American College of Surgeons, American Academy Orthopedic Surgeons and the American Academy of Pain Management, Dr. Purita is a member of the following professional organizations:

- American Medical Association
- Southern Medical Association
- Palm Beach Medical Society
- Broward County Medical Society
- Palm Beach Orthopedic Society
- Florida Medical Association

For a list of Dr. Purita's past, present and future lecture and speaking engagements, [click here](#).