



I created the project for the Office of Child Development and The P.R.I.D.E. program at the University of Pittsburgh as part of class collaboration with Carnegie Mellon University's Advanced Document and Information Design Course. We were instructed to take the provided content and create a booklet that would be used to teach racial identity at a collegiate level, primarily for students in fields that worked with children of multiple ethnicities.

As part of the collaboration, the Office of Child Development would pick the booklet that suited their needs in both design and information architecture. The Office of Child Development selected my project as the final contender for the program. For this reason, I wanted to incorporate it as a separate file due to its size. I created the images in Photoshop. I drew inspiration from a variety of content and concepts on the web to best illustrate the multipurpose of this booklet and the necessity of clear, yet creative design.



# All About Me: My Racial Story

This project is made possible by the following members:

Shannon B. Wanless, PhD  
Director, Office of Child Development

Aisha White, PhD  
Director, The P.R.I.D.E. Program

Medina Jackson, MSW  
Director of Engagement, The P.R.I.D.E. Program

Adam Flango,  
Communications Manager, Office of Child Development

Booklet design and sketches by Ana Karina van Nortwick  
Material from the Office of Child Development



# Contents

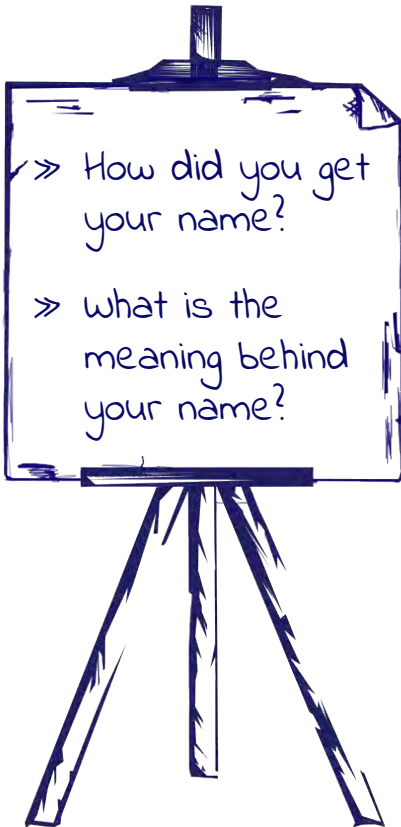
1: Your Name and Its Meaning	pg. 4
2: Your Skin Color	pg. 8
3: Your Earliest Memory of Race	pg. 12
4: The origins of Race	pg. 16
5: Race in the News	pg. 20
6: In My Neighborhood	pg. 24
7: In My School	pg. 28
8: Combating Colorblindness	pg. 32
9: Embracing Discomfort	pg. 36
10: The Importance of Hair	pg. 40
11: Race in the Media	pg. 44
12: Picture Books	pg. 48
13 Intersectionality	pg. 52
14: Race in Your Field	pg. 56

# Lesson 1:

## Your Name and Its Meaning

### Activity!

Turn to a partner, introduce yourself, and ask the following questions...



# My Name is...

use the space below and write what you  
discovered about one another...

## Introspection!

In what ways do you think race is connected to naming practices?

---

---

---

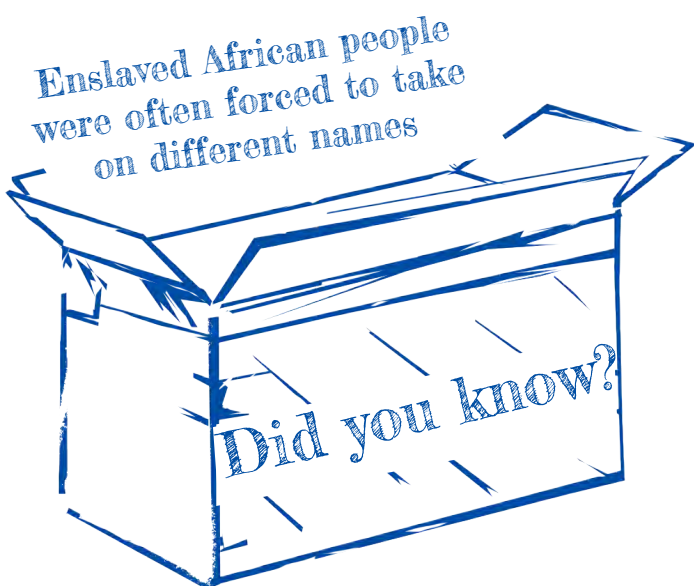
---

---

---

---

---



# Resources:

- » The Name Jar by Yangsook Choi
- » My Name is Yoon by Helen Recorvits, illustrated by Gabi Switakowska
- » Han, H. S., West-Olatunji, C., & Thomas, M. S. (2011). Use of Racial Identity Development Theory to Explore Cultural Competence among Early Childhood Educators. *SRATE Journal*, 20 (1), 1-11.
- » Hanley, M. S., & Noblit, G. W. (2009). Cultural responsiveness, racial identity and academic success: A review of literature.
- » Hirschfeld, L. A. (2012). Seven myths of race and the young child. *Du Bois Review: Social Science Research on Race*, 9(1), 17-39.
- » Minor, E. C. (2014). Racial differences in teacher perception of student ability. *Teachers College Record*, 116(10).
- » Pahlke, E., Bigler, R. S., & Suizzo, M. A. (2012). Relations between colorblind socialization and children's racial bias: Evidence from European American mothers and their preschool children. *Child development*, 83(4), 1164-1179.

For the next lesson...  
**Bring coloring materials!**



# Lesson 2:

## Your Skin Color

### Activity!

Color the hand on the next page to match your skin color...





Introspection!

TBD...

## Further Reading:

All the Colors We Are”  
for more about how we get  
our skin color



# Resources:

- » The Name Jar by Yangsook Choi
- » My Name is Yoon by Helen Recorvits, illustrated by Gabi Switakowska
- » Han, H. S., West-Olatunji, C., & Thomas, M. S. (2011). Use of Racial Identity Development Theory to Explore Cultural Competence among Early Childhood Educators. *SRATE Journal*, 20 (1), 1-11.
- » Hanley, M. S., & Noblit, G. W. (2009). Cultural responsiveness, racial identity and academic success: A review of literature.
- » Hirschfeld, L. A. (2012). Seven myths of race and the young child. *Du Bois Review: Social Science Research on Race*, 9(1), 17-39.
- » Minor, E. C. (2014). Racial differences in teacher perception of student ability. *Teachers College Record*, 116(10).
- » Pahlke, E., Bigler, R. S., & Suizzo, M. A. (2012). Relations between colorblind socialization and children's racial bias: Evidence from European American mothers and their preschool children. *Child development*, 83(4), 1164-1179.

For the next lesson...

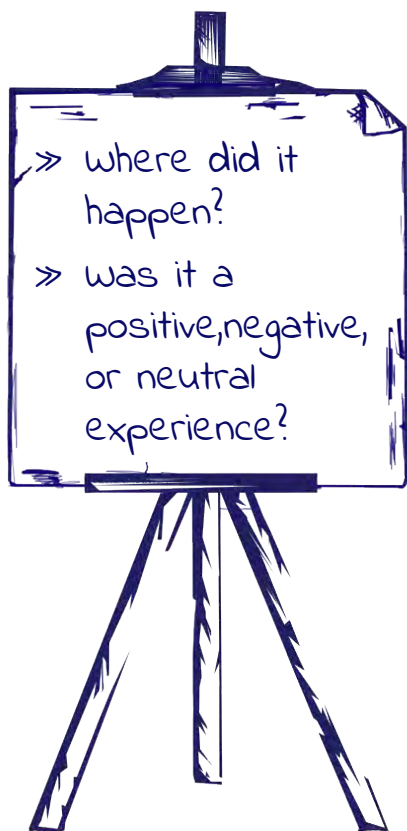
**Bring different color Post-Its!**

# Lesson 3:

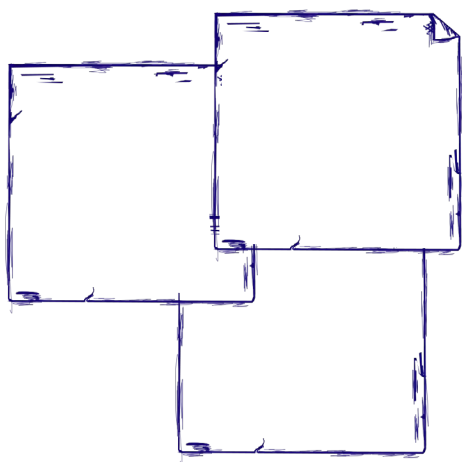
## Your Earliest Memory of Race

### Activity!

Create sections in the room that represent the following areas: home, school, media, elsewhere. Think of your earliest memory of race.



Using a **Green** Post-it for Positive, a **Red** for Negative, and a **Blue** for Neutral, place your Post-it in the section of the room where your earliest memory of race happened...



Discuss your experiences with those around you, use the space below for reflection.

---

---

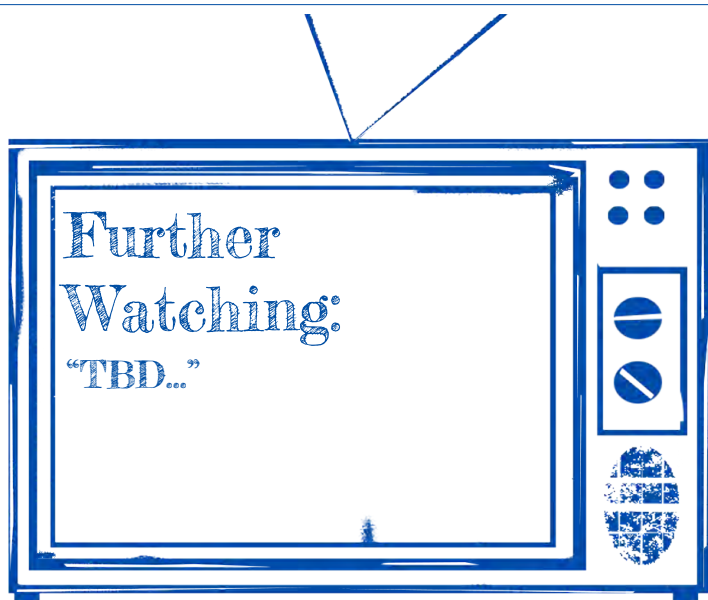
---

---

---

Introspection!

TBD...



# Resources:

- » The Name Jar by Yangsook Choi
- » My Name is Yoon by Helen Recorvits, illustrated by Gabi Switakowska
- » Han, H. S., West-Olatunji, C., & Thomas, M. S. (2011). Use of Racial Identity Development Theory to Explore Cultural Competence among Early Childhood Educators. *SRATE Journal*, 20 (1), 1-11.
- » Hanley, M. S., & Noblit, G. W. (2009). Cultural responsiveness, racial identity and academic success: A review of literature.
- » Hirschfeld, L. A. (2012). Seven myths of race and the young child. *Du Bois Review: Social Science Research on Race*, 9(1), 17-39.
- » Minor, E. C. (2014). Racial differences in teacher perception of student ability. *Teachers College Record*, 116(10).
- » Pahlke, E., Bigler, R. S., & Suizzo, M. A. (2012). Relations between colorblind socialization and children's racial bias: Evidence from European American mothers and their preschool children. *Child development*, 83(4), 1164-1179.

For the next lesson...

TBD...

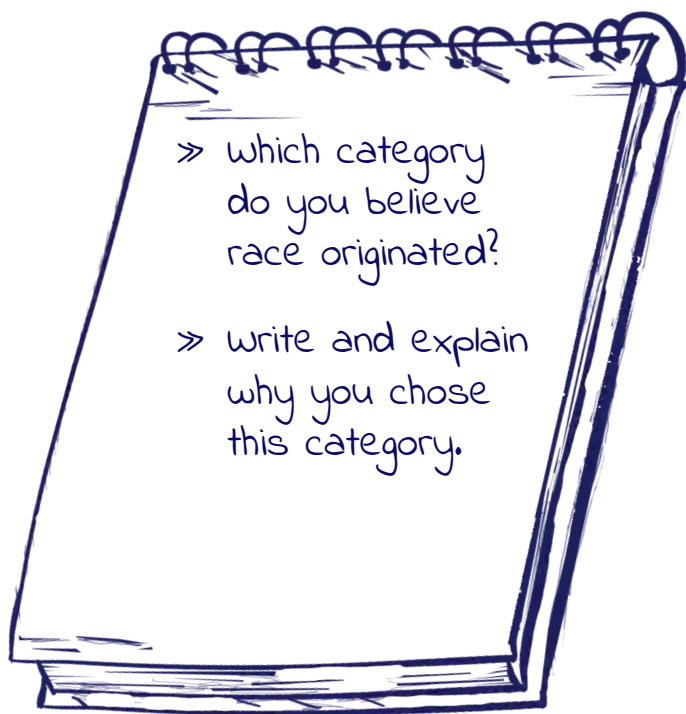


# Lesson 4:

## Your Skin Color

### Activity!

using a flip chart or white board, divide areas into three sections:...



Report your findings from each category and discuss them with others...

Social

Biological

Cultural

Introspection!

TBD....

---

---

---

---

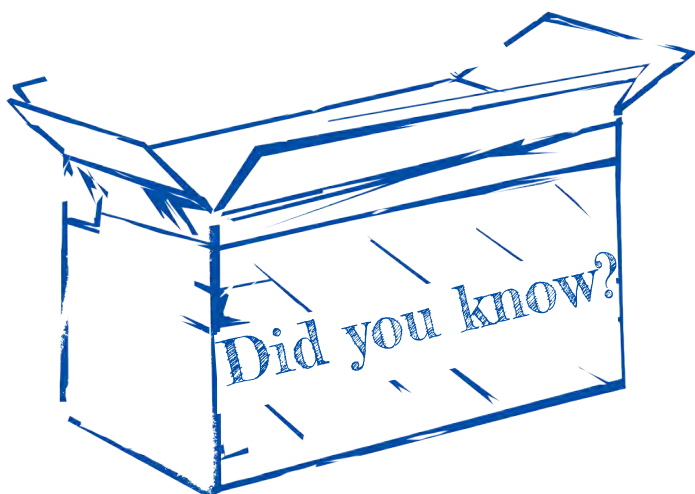
---

---

---

---

TBD....



# Resources:

- » The Name Jar by Yangsook Choi
- » My Name is Yoon by Helen Recorvits, illustrated by Gabi Switakowska
- » Han, H. S., West-Olatunji, C., & Thomas, M. S. (2011). Use of Racial Identity Development Theory to Explore Cultural Competence among Early Childhood Educators. *SRATE Journal*, 20 (1), 1-11.
- » Pahlke, E., Bigler, R. S., & Suizzo, M. A. (2012). Relations between colorblind socialization and children's racial bias: Evidence from European American mothers and their preschool children. *Child Development*, 83(4), 1164-1179.
- » Spencer, M. B. (1983). Children's cultural values and parental child rearing strategies. *Developmental Review*, 3(4), 351-370.
- » Tatum, B. D. (1997). "Why are all the Black kids sitting together in the cafeteria?" And other conversations about race. New York, NY: Basic Books.
- » Wang, M. T., & Huguley, J. P. (2012). Parental racial socialization as a moderator of the effects of racial discrimination on educational success among African American adolescents. *Child Development*, 83(5), 1716-1731.

For the next lesson...

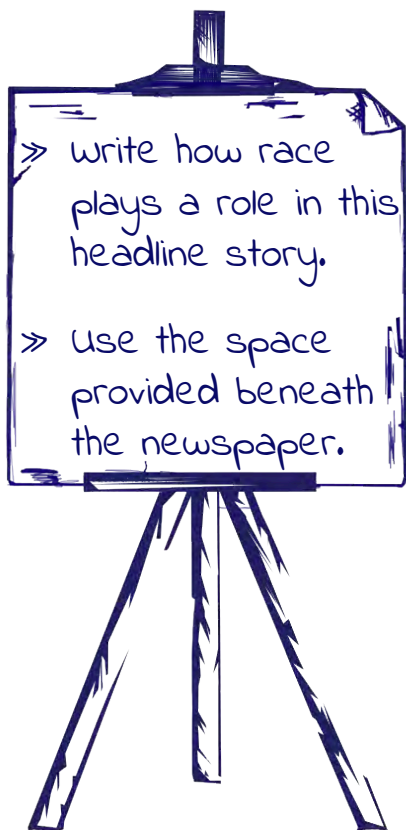
Stay up to date on current events!

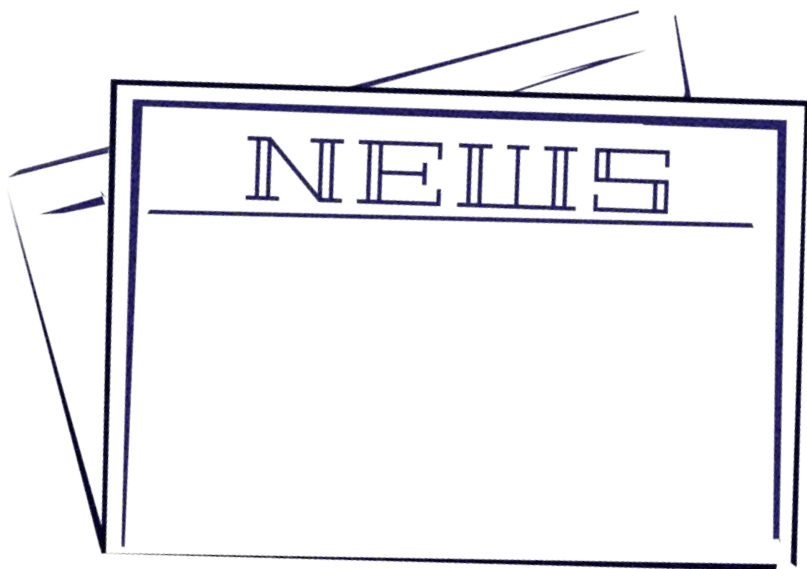
# Lesson 5:

## Race in the News

### Activity!

Fill a newspaper page with news headlines...





---

---

---

---

---

---

---

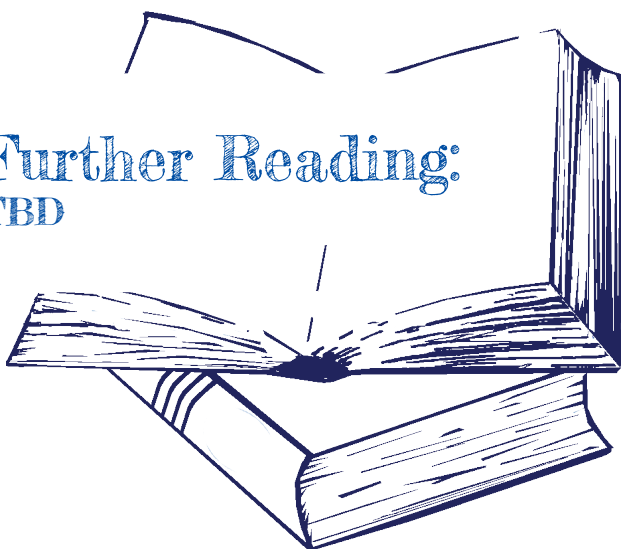
---

---

Introspection!

TBD...

Further Reading:  
TBD



# Resources:

- » The Name Jar by Yangsook Choi
- » My Name is Yoon by Helen Recorvits, illustrated by Gabi Switakowska
- » Han, H. S., West-Olatunji, C., & Thomas, M. S. (2011). Use of Racial Identity Development Theory to Explore Cultural Competence among Early Childhood Educators. *SRATE Journal*, 20 (1), 1-11.
- » Hanley, M. S., & Noblit, G. W. (2009). Cultural responsiveness, racial identity and academic success: A review of literature.
- » Hirschfeld, L. A. (2012). Seven myths of race and the young child. *Du Bois Review: Social Science Research on Race*, 9(1), 17-39.
- » Minor, E. C. (2014). Racial differences in teacher perception of student ability. *Teachers College Record*, 116(10).
- » Pahlke, E., Bigler, R. S., & Suizzo, M. A. (2012). Relations between colorblind socialization and children's racial bias: Evidence from European American mothers and their preschool children. *Child development*, 83(4), 1164-1179.

For the next lesson...

**Think of your childhood neighborhood!**

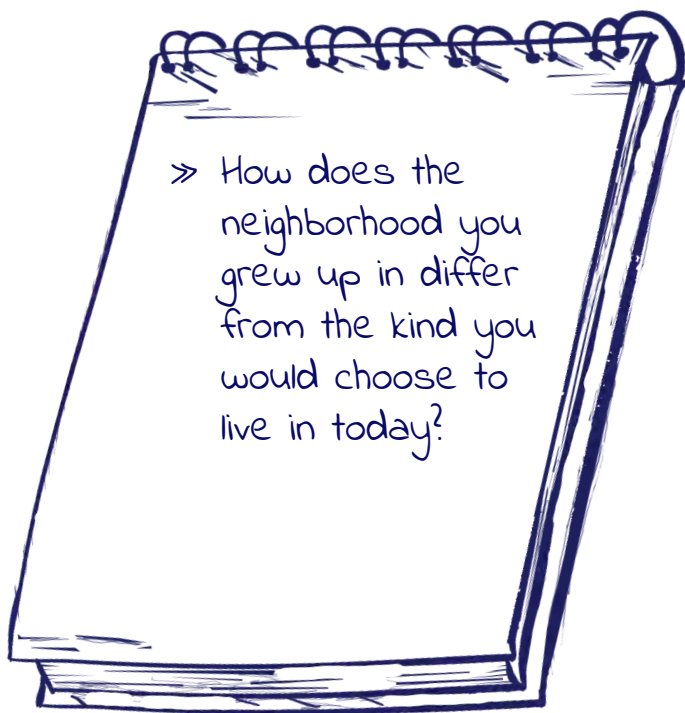


# Lesson 6:

## In My Neighborhood

### Activity!

on the right, draw the neighborhood where you grew up, then where you would choose to live...





# Introspection!

what does an integrated neighborhood look like  
versus a segregated neighborhood?

---

---

---

---

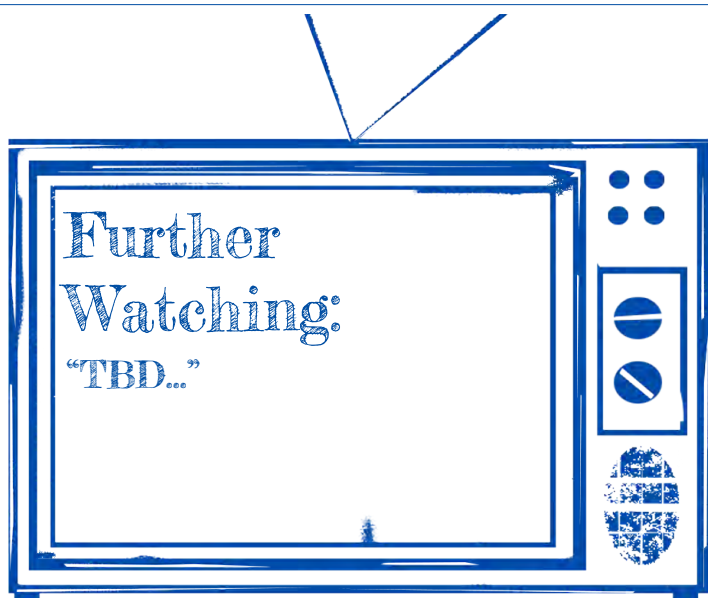
---

---

---

---

---



# Resources:

- » The Name Jar by Yangsook Choi
- » My Name is Yoon by Helen Recorvits, illustrated by Gabi Switakowska
- » Han, H. S., west-olatunji, C., & Thomas, M. S. (2011). Use of Racial Identity Development Theory to Explore Cultural Competence among Early Childhood Educators. SRATE Journal, 20 (1), 1-11.
- » Hirschfeld, L. A. (2012). Seven myths of race and the young child. Du Bois Review: Social Science Research on Race, 9(1), 17-39.
- » Minor, E. C. (2014). Racial differences in teacher perception of student ability. Teachers College Record, 116(10).
- » winkler, E. N. (2009). Children are not colorblind: How young children learn race. PACE: Practical Approaches for Continuing Education, 3(3), 1-8.
- » York, S. (2016). Roots and wings: Affirming culture and preventing bias in early childhood. Redleaf Press.

For the next lesson...

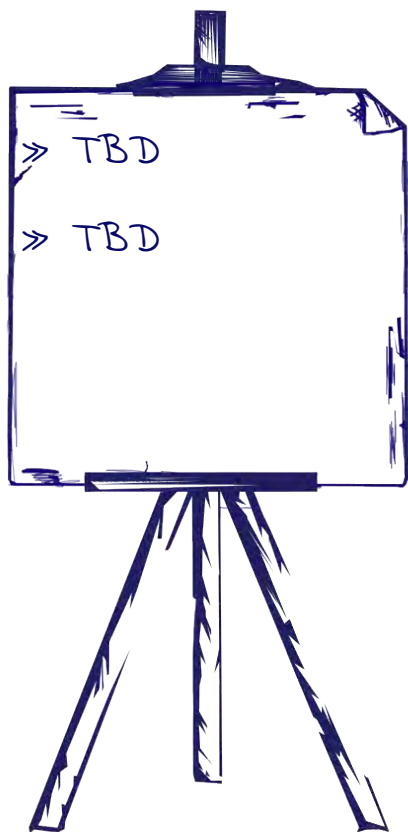
TBD...

# Lesson 7:

## In My School

Activity!

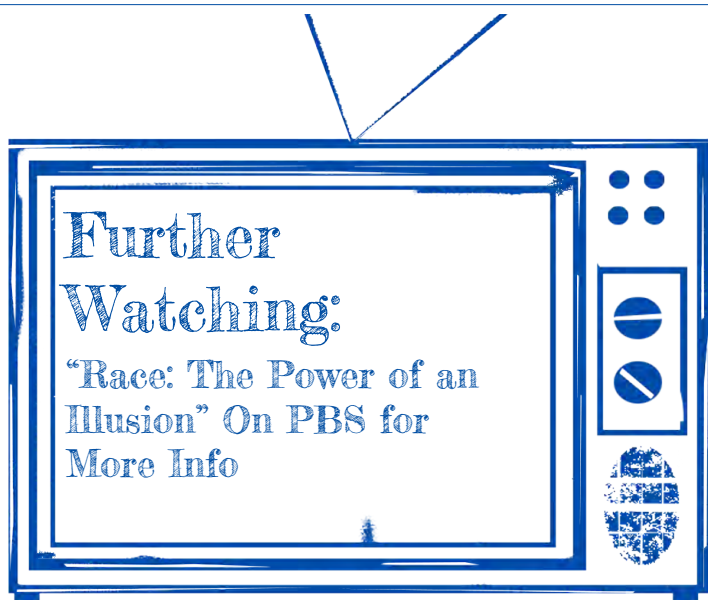
TBD



Fun activity here...

Introspection!

TBD



## Resources:

- » The Name Jar by Yangsook Choi
- » My Name is Yoon by Helen Recorvits, illustrated by Gabi Switakowska
- » Caughy, M. O. B., O'Campo, P. J., Randolph, S. M., & Nickerson, K. (2002). The influence of racial socialization practices on the cognitive and behavioral competence of African American preschoolers. *Child development*, 73(5), 1611-1625.
- » Clark, K.B. & Clark, M. P. (1947). Racial identification and racial preference in Negro children. In T. M. Newcomb and E. L. Hartley (Eds.), *Readings in social psychology*. New York: Holt, 169-178.
- » Edwards, A.L. (2017) Teaching African American Children about Race: Fostering Intergroup Relationships through Parental Racial Socialization. *Journal of Child and Adolescent Behavior*, 5(329), 2-3.
- » Hanley, M. S., & Noblit, G. W. (2009). Cultural responsiveness, racial identity and academic success: A review of literature.
- » Hirschfeld, L. A. (2012). Seven myths of race and the young child. *Du Bois Review: Social Science Research on Race*, 9(1), 17-39.

For the next lesson...

Stay up to date on current events!



# Lesson 8:

## Combating Colorblindness

Activity!

Avoid colorblind language...



Avoid these words in your conversation...

---

---

---

---

---

---

---

---

---

---

---

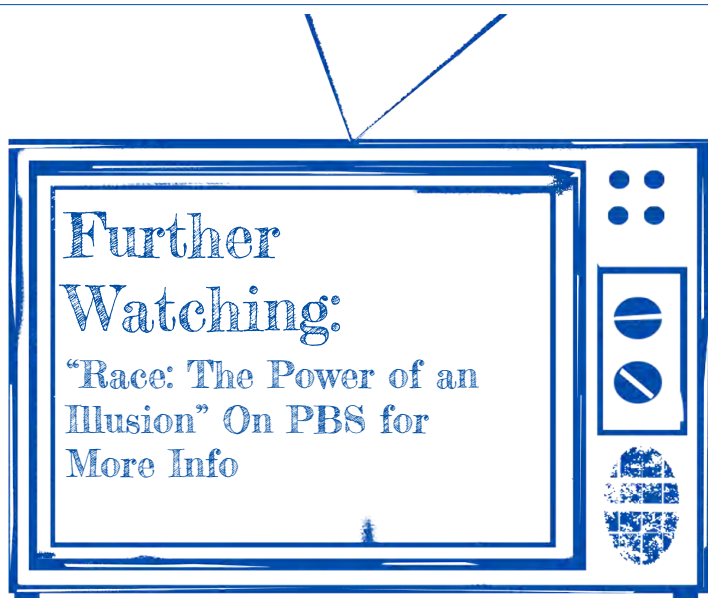
---

---

---

Introspection!

TBD



## Resources:

- » The Name Jar by Yangsook Choi
- » My Name is Yoon by Helen Recorvits, illustrated by Gabi Switakowska
- » Clark, K.B. & Clark, M. P. (1947). Racial identification and racial preference in Negro children. In T. M. Newcomb and E. L. Hartley (Eds.), Readings in social psychology. New York: Holt, 169-178.
- » Edwards, A.L. (2017) Teaching African American Children about Race: Fostering Intergroup Relationships through Parental Racial Socialization. Journal of Child and Adolescent Behavior. 5(329), 2-3.
- » Hanley, M. S., & Noblit, G. W. (2009). Cultural responsiveness, racial identity and academic success: A review of literature.
- » Hirschfeld, L. A. (2012). Seven myths of race and the young child. Du Bois Review: Social Science Research on Race, 9(1), 17-39.

For the next lesson...

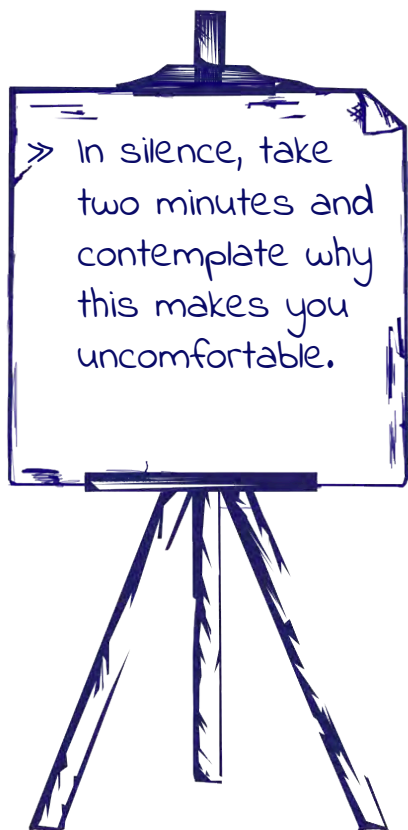
Stay up to date on current events!

# Lesson 9:

## Embracing Discomfort

### Activity!

what makes you uncomfortable when you talk about race?



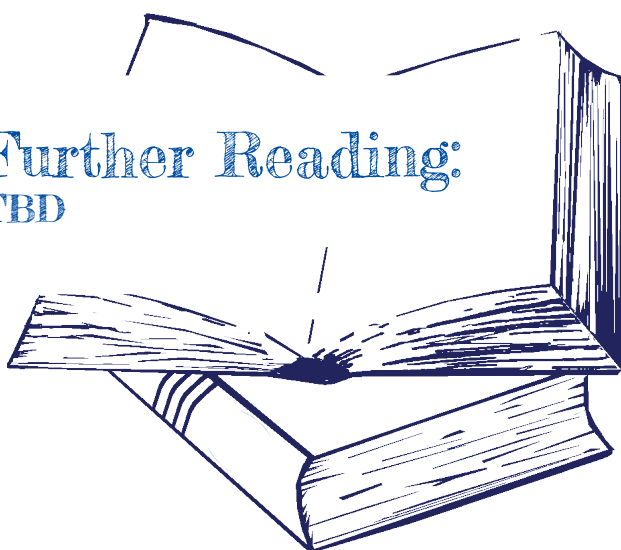
use these breathing techniques to help ease  
your discomfort during this exercise



Introspection!

TBD...

Further Reading:  
TBD



# Resources:

- » The Name Jar by Yangsook Choi
- » My Name is Yoon by Helen Recorvits, illustrated by Gabi Switakowska
- » Han, H. S., West-Olatunji, C., & Thomas, M. S. (2011). Use of Racial Identity Development Theory to Explore Cultural Competence among Early Childhood Educators. *SRATE Journal*, 20 (1), 1-11.
- » Hanley, M. S., & Noblit, G. W. (2009). Cultural responsiveness, racial identity and academic success: A review of literature.
- » Hirschfeld, L. A. (2012). Seven myths of race and the young child. *Du Bois Review: Social Science Research on Race*, 9(1), 17-39.
- » Minor, E. C. (2014). Racial differences in teacher perception of student ability. *Teachers College Record*, 116(10).
- » Pahlke, E., Bigler, R. S., & Suizzo, M. A. (2012). Relations between colorblind socialization and children's racial bias: Evidence from European American mothers and their preschool children. *Child development*, 83(4), 1164-1179.

For the next lesson...

TBD...

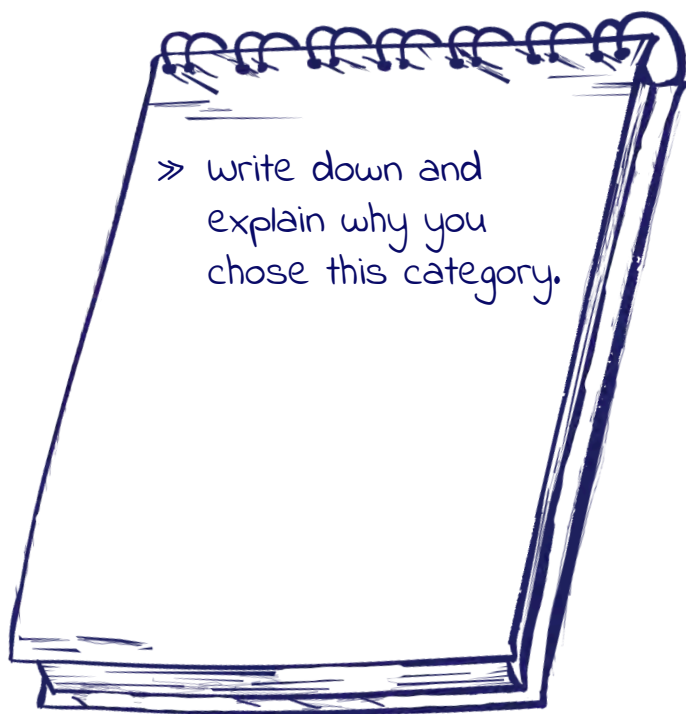


# Lesson 10:

## The Importance of Hair

Activity!

TBD...



Report your findings from each category and discuss them with others...

TBD

TBD

TBD

# Introspection!

what messages did you receive as a hair growing up?

---

---

---

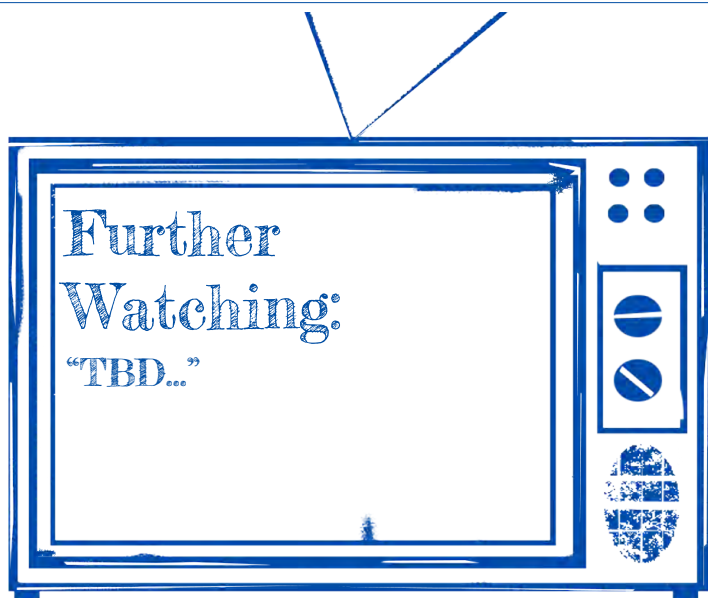
---

---

---

---

---



## Resources:

- » The Name Jar by Yangsook Choi
- » My Name is Yoon by Helen Recorvits, illustrated by Gabi Switakowska
- » Caughy, M. O. B., O'Campo, P. J., Randolph, S. M., & Nickerson, K. (2002). The influence of racial socialization practices on the cognitive and behavioral competence of African American preschoolers. *Child development*, 73(5), 1611-1625.
- » Clark, K.B. & Clark, M. P. (1947). Racial identification and racial preference in Negro children. In T. M. Newcomb and E. L. Hartley (Eds.), *Readings in social psychology*. New York: Holt, 169-178.
- » Minor, E. C. (2014). Racial differences in teacher perception of student ability. *Teachers College Record*, 116(10).
- » Pahlke, E., Bigler, R. S., & Suizzo, M. A. (2012). Relations between colorblind socialization and children's racial bias: Evidence from European American mothers and their preschool children. *Child development*, 83(4), 1164-1179.
- » Quintana, S. M. (1998). Children's developmental understanding of ethnicity and race. *Applied and Preventive Psychology*, 7(1), 27-45.

For the next lesson...

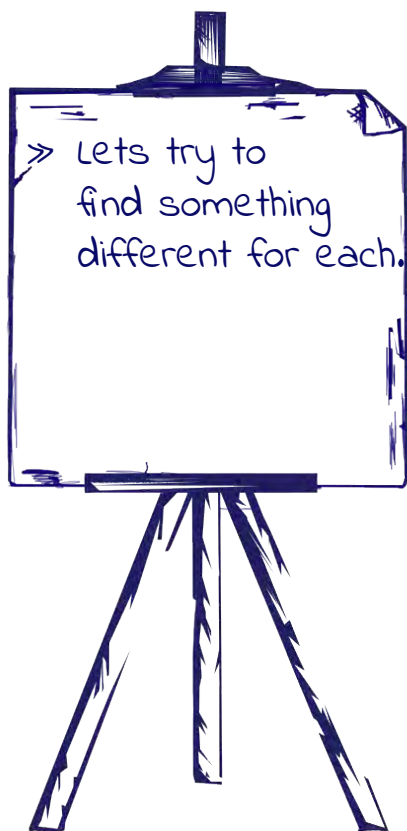
**Bring an example of race portrayed in books, TV, movies, etc.**

# Lesson 11:

## Race in the Media

### Activity!

Going around the room, find a form of media that fits each of the following nine criteria:



## Listed Nine Criteria



## Introspection!

How easy or difficult was it to find movies with positive racial representation?

---

---

---

---

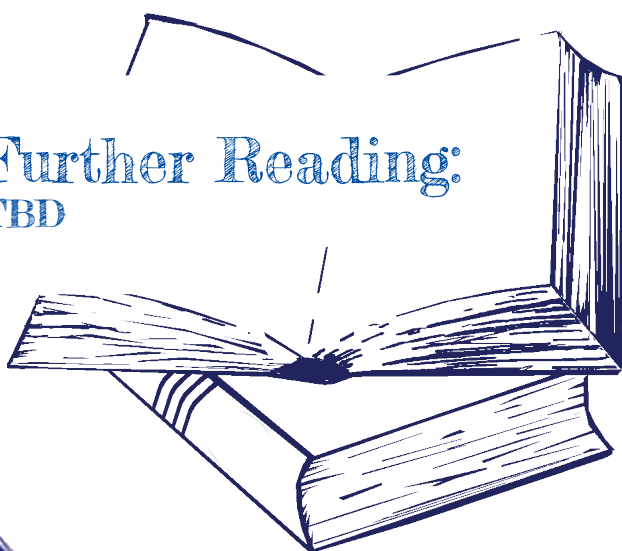
---

---

---

---

**Further Reading:**  
TBD



# Resources:

- » The Name Jar by Yangsook Choi
- » My Name is Yoon by Helen Recorvits, illustrated by Gabi Switakowska
- » Han, H. S., West-Olatunji, C., & Thomas, M. S. (2011). Use of Racial Identity Development Theory to Explore Cultural Competence among Early Childhood Educators. *SRATE Journal*, 20 (1), 1-11.
- » Hanley, M. S., & Noblit, G. W. (2009). Cultural responsiveness, racial identity and academic success: A review of literature.
- » Hirschfeld, L. A. (2012). Seven myths of race and the young child. *Du Bois Review: Social Science Research on Race*, 9(1), 17-39.
- » Minor, E. C. (2014). Racial differences in teacher perception of student ability. *Teachers College Record*, 116(10).
- » Pahlke, E., Bigler, R. S., & Suizzo, M. A. (2012). Relations between colorblind socialization and children's racial bias: Evidence from European American mothers and their preschool children. *Child development*, 83(4), 1164-1179.

For the next lesson...

TBD...



# Lesson 12:

## Picture Books

Activity!

TBD...



Fun activity Here!

# Introspection!

How can children's books communicate effectively about race?

---

---

---

---

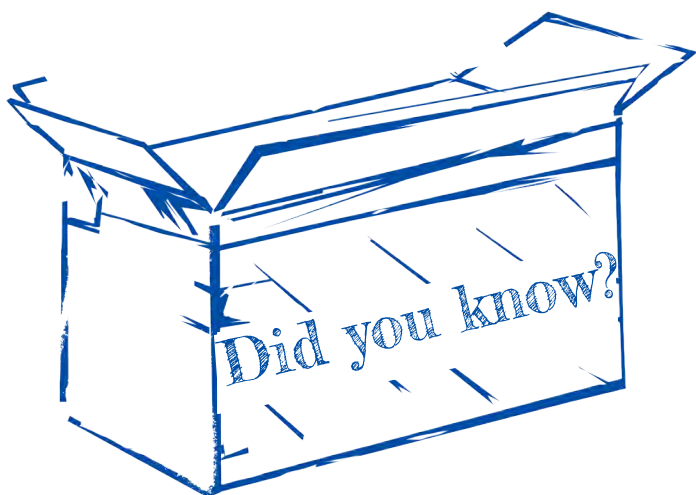
---

---

---

---

TBD...



# Resources:

- » The Name Jar by Yangsook Choi
- » My Name is Yoon by Helen Recorvits, illustrated by Gabi Switakowska
- » Han, H. S., West-Olatunji, C., & Thomas, M. S. (2011). Use of Racial Identity Development Theory to Explore Cultural Competence among Early Childhood Educators. *SRATE Journal*, 20 (1), 1-11.
- » Hanley, M. S., & Noblit, G. W. (2009). Cultural responsiveness, racial identity and academic success: A review of literature.
- » Hirschfeld, L. A. (2012). Seven myths of race and the young child. *Du Bois Review: Social Science Research on Race*, 9(1), 17-39.
- » Minor, E. C. (2014). Racial differences in teacher perception of student ability. *Teachers College Record*, 116(10).
- » Pahlke, E., Bigler, R. S., & Suizzo, M. A. (2012). Relations between colorblind socialization and children's racial bias: Evidence from European American mothers and their preschool children. *Child development*, 83(4), 1164-1179.

For the next lesson...

TBD...

# Lesson 13:

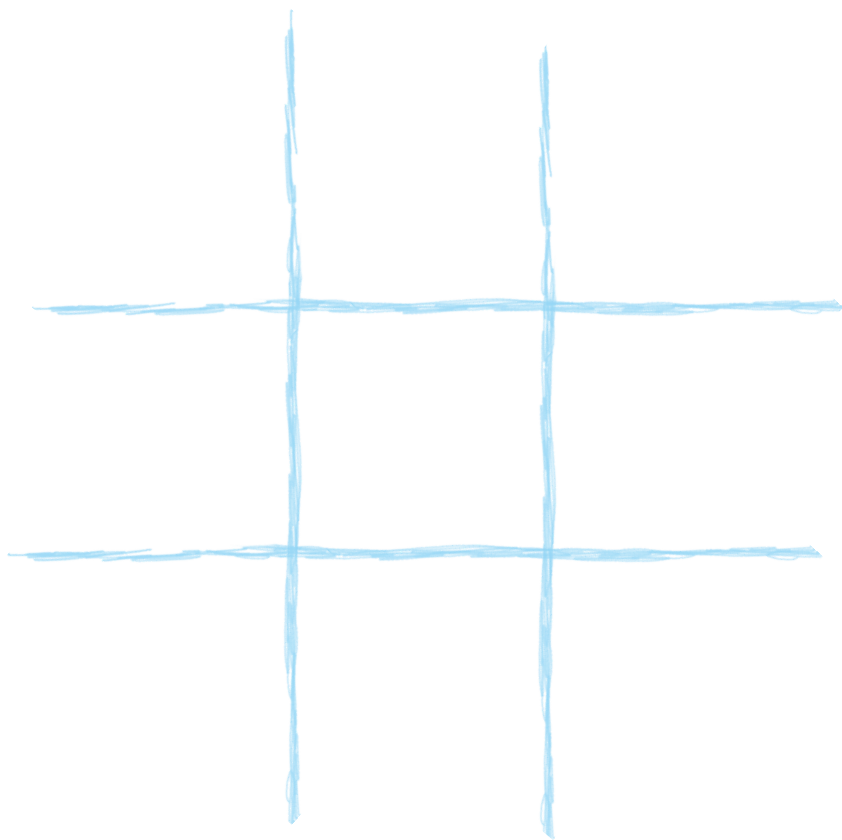
## Intersectionality

Activity!

TBD...



Fun activity here!



# Introspection!

How have you been impacted by racism?

How have you benefited from racism?

---

---

---

---

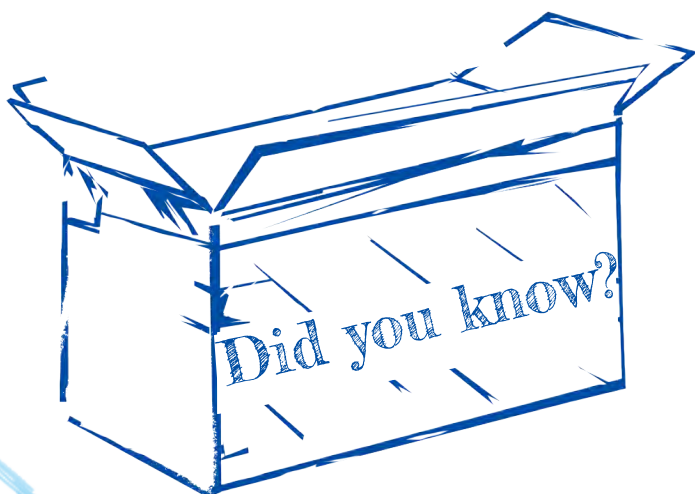
---

---

---

---

TBD...



# Resources:

- » The Name Jar by Yangsook Choi
- » My Name is Yoon by Helen Recorvits, illustrated by Gabi Switakowska
- » Han, H. S., West-Olatunji, C., & Thomas, M. S. (2011). Use of Racial Identity Development Theory to Explore Cultural Competence among Early Childhood Educators. *SRATE Journal*, 20 (1), 1-11.
- » Hanley, M. S., & Noblit, G. W. (2009). Cultural responsiveness, racial identity and academic success: A review of literature.
- » Hirschfeld, L. A. (2012). Seven myths of race and the young child. *Du Bois Review: Social Science Research on Race*, 9(1), 17-39.
- » Minor, E. C. (2014). Racial differences in teacher perception of student ability. *Teachers College Record*, 116(10).
- » Pahlke, E., Bigler, R. S., & Suizzo, M. A. (2012). Relations between colorblind socialization and children's racial bias: Evidence from European American mothers and their preschool children. *Child development*, 83(4), 1164-1179.

For the next lesson...

TBD...

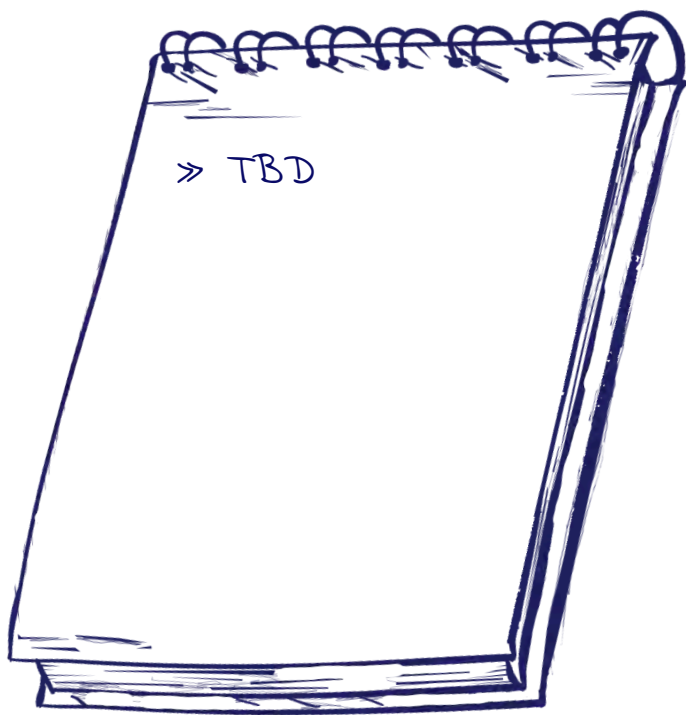


# Lesson 14:

## Race in Your Field

Activity!

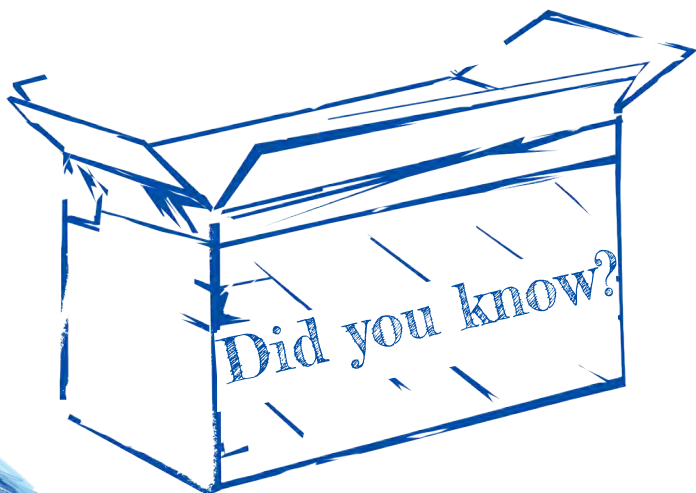
TBD...



Fun activity Here!

Introspection!  
TBD...

TBD...



# Resources:

- » The Name Jar by Yangsook Choi
- » My Name is Yoon by Helen Recorvits, illustrated by Gabi Switakowska
- » Han, H. S., West-Olatunji, C., & Thomas, M. S. (2011). Use of Racial Identity Development Theory to Explore Cultural Competence among Early Childhood Educators. *SRATE Journal*, 20 (1), 1-11.
- » Hanley, M. S., & Noblit, G. W. (2009). Cultural responsiveness, racial identity and academic success: A review of literature.
- » Hirschfeld, L. A. (2012). Seven myths of race and the young child. *Du Bois Review: Social Science Research on Race*, 9(1), 17-39.
- » Minor, E. C. (2014). Racial differences in teacher perception of student ability. *Teachers College Record*, 116(10).
- » Pahlke, E., Bigler, R. S., & Suizzo, M. A. (2012). Relations between colorblind socialization and children's racial bias: Evidence from European American mothers and their preschool children. *Child development*, 83(4), 1164-1179.

For the next lesson...

TBD...



University of Pittsburgh